## Post Adoption Resources

Region 5	Region 6	Surrounding Counties
Click on your County	Click on your County	Click on your County
Barry (pg. 1)	Genesee (pg. 55)	Allegan (pg. 74)
Berrien (pg. 3)	<u>Huron</u> (pg. 59)	Bay (pg. 76)
Branch (pg. 6)	Lapeer (pg. 61)	<u>Clinton</u> (pg. 80)
Calhoun (pg. 8)	Macomb (pg. 64)	<u>Ionia</u> (pg. 84)
<u>Cass</u> (pg. 11)	Sanilac (pg. 68)	<u>Kent</u> (pg. 86)
<u>Eaton</u> (pg. 13)	St. Clair (pg. 69)	Oakland (pg. 89)
Hillsdale (pg. 20)	Tuscola (pg. 71)	Saginaw (pg. 94)
<u>Ingham</u> (pg. 22)		Shiawassee (pg. 96)
Jackson (pg. 27)		<u>Wayne</u> (pg. 99)
Kalamazoo (pg. 27)		
Lenawee (pg. 32)		
<u>Livingston</u> (pg. 34)		
<u>Monroe</u> (pg. 38)		
St. Joseph (pg. 41)		
Van Buren (pg. 44)		
Washtenaw (pg. 51)		

Summer Camps, Statewide Resources, Nationwide Resources, Books, and Online

To "jump" to a section, hold the "CTRL" button while clicking on the selected county.

### **Barry County**

#### **Child Care**

Wrap Around.....(269) 945-1386

- Services provided through the court
- Contact person: Sheryl Overmire

#### **Community Resources**

- Information and Referral. Able to provide families information on where to seek services. Able to assist with applying for medical subsidies.
- Barry Eaton County DHS is able to be a resource to children and families who were not placed through their program.

- Contact person: Katie S. Mika (Mikak@Michigan.gov)
- Location: 430 Barfield Drive, Hastings, MI 49058

#### Counseling

•	3 3 42-13 4-1-1-8	
Family and Children Services	(269) 948-4096	
<ul> <li>Hastings</li> </ul>		
Pine Rest	(800)678-5500	
Food Resource		
Love Inc.	(269) 948-9555	

• Connections and knowledge regarding food banks and other food related information that will benefit the client.

### **Support Groups**

Kinship Care Group.....(269) 948-4096

- Meeting led by Therese Maupin-Moore
- Meetings held at the Commission of Aging office in Hastings

### **Berrien County**

### **Children with Special Needs**

- 769 PipestoneP.O. Box 706Benton Harbor, MI 49023
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Disability Network of Southwest Michigan......(269) 985-0111

- 517 E. Crosstown Parkway Kalamazoo, MI 49001
- http://www.dnswm.org/home
- We provide services to people living in Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph & Van Buren Counties who have a variety of disabilities, including physical, neurological, psychiatric, learning, cognitive, and sensory disabilities. Whether you were born with a disability or acquired a disability later in life through accident, illness or through the aging process, you are welcome here. We are a resource for friends and family members of people with disabilities as well as community professionals and other human service providers.
- What is unique about us is that we, too, are people with disabilities! At least 51% of our Board of Directors and staff members identify as having some kind of disability. Our philosophy has always been that people who live the disability experience are experts on disability issues, and that services we

<sup>\*</sup> These resources are adoption sensitive

provide should be created with the direct input of those they will impact. That makes us different from the traditional social services model.

### Counseling

Anne Carpenter, PhD......(269) 795-6778

- Works with families, couples, and individuals
- Specializes in depression, relationship issues, and eating disorders.
- No sliding scale but BlueCross/BlueShield is accepted
- 3408 Niles Rd Saint Joseph, Michigan 49085

- Works with couples, families, and individuals
- Specializes in ADD/ADHD, child/adolescent depression, loss, trauma and PTSD, and relationship issues
- A sliding scale is available for payment and a wide range of insurance is accepted
- 9067 US Highway 31
   Suite 203
   Berrien Springs, Michigan 49103

\*Lutheran Social Services of Michigan....(855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills.
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
- Accepts Medicaid and bills them directly
- Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy,
- 1803 Whites Road, Suite 5 Kalamazoo, MI 49008 Email: CFtherapy@lssm.org

- Works with couples, families, and individuals.
- Specializes in adoption and family conflict.
- Uses a sliding scale for payment and insurance is accepted.
- 2117 Grange Road Buchanan, Michigan 49107
- - Works with families, couples, and individuals,

<sup>\*</sup> These resources are adoption sensitive

- Specializes in adoption, mood disorders, anxiety, and self-esteem.
- Offers a sliding scale for payment and accepts a wide range of insurance.
- 1804 Colfax Avenue St. Joseph Charter Township Benton Harbor, Michigan 49022

\*Kristine Proctor, LMSW.....(269) 205-6386

- Works with families and individuals.
- Specializes in adoption, child/adolescent developmental disorders, and ADD/ADHD
- Average cost per session is \$110, no sliding scale is offered, and BlueCross/BlueShield is accepted.
- NatureWorks, LLC 3408 Niles Road Saint Joseph, Michigan 49085

\*Kurt Michael Hanus....(312) 409-4819

- Works with couples and individuals
- Specializes in adoption, anxiety, depression, and relationship issues.
- A sliding scale is available and insurance is accepted.
- 1030 Miners Road Saint Joseph, Michigan 49085

- Works with adolescents/teens and adults.
- Specializes in loss or grief, anger management, depression, domestic abuse, and relationship issues.
- Average cost per session is \$50-\$100. A sliding scale is available and several insurances are accepted.
- Shoreline Consultation Services 1435 Peck Street Muskegon, Michigan 49441

Riverwood Center of Berrien Mental Health Authority/ Community Mental Health......(269) 925-0585 or (800)336-0341

- www.riverwoodcenter.org
- Offers psychiatry, psychiatric nursing, psychology, social work, counseling, education, rehabilitation, speech therapy, occupational therapy, and physical therapy.
- Services include assessment, crisis intervention, individual, family, marital, and group counseling, psychiatric services, information/referral and self-help, vocational services, respite care, home-based services, and referral for hospitalization
- 1485 M-139 Benton Harbor, MI 49022
- - Works with families, couples, and individuals

<sup>\*</sup> These resources are adoption sensitive

- Specializes in adoption, depression, relationship issues, and personality disorders.
- Average cost per session is \$130-\$170, but a sliding scale is available. BlueCross/BlueShield is accepted.
- Psychiatric Specialties
   1030 Miners Road
   Saint Joseph, Michigan 49085

Family Therapy and Development Center.....(269) 982-3832

- http://www.familytherapydevelopmentcenters.com/contact.html
- 2460 Lakeshore Drive. St. Joseph, MI 49085 Or 4384 Laurel Drive St. Joseph, MI 49085
- Provides short-term treatment with long-term results for children, couples, families and adults utilizing a multimodal, holistic treatment approach tailored to the individual's needs.

#### **Crisis Prevention**

- Youth crisis center.
- 2480 M139 Benton Harbor

#### **Nutrition**

## **Psychiatrists**

• 2002 Sunset Dr Saint Joseph, MI 49085

• 211 Hilltop Rd Ste H Saint Joseph, MI 49085

John Joseph Taglia.....(269) 925-0585

• 1485 M 139 Benton Harbor, MI 49022

• Accepts Blue Cross/ Blue Shield insurance.

• 8800 Blackhawk Dr Lakeside, MI 49116

Matthew L Davis.....(269) 982-7844

• 2500 Niles Rd Ste 7

Saint Joseph, MI 49085

<sup>\*</sup> These resources are adoption sensitive

 Accepts Humana, Wellcare, Blue Cross/Blue Sheild, and United Healthcare insurance.

• 1485 M 139

Benton Harbor, MI 49022

Accepts Blue Cross/Blue Shield, Humana, and Medicaid insurance

Raghu Ram Veeramasuneni.....(269) 408-1688

- 1030 Miners Rd Saint Joseph, MI 49085
- Accepts Blue Cross/Blue Shield and Humana insurance

Sita Rama Prasad Sajja......(269) 556-2288

- 3906 Stonegate Park Saint Joseph, MI 49085
- Accepts Blue Cross/ Blue Shield, Humana, and Medicaid insurance

### Respite

- Services available for individuals with developmental disabilities or emotional impairments.
- Covered by Medicaid.
- To receive respite service, an individual and their caregiver must first complete an intake and talk with a therapist at the Riverwood Center to construct a treatment plan. The therapist will then assign a given number of hours per week that the individual is eligible for respite. The hours given can be used whenever or saved up to use for an extended period of time.
- The Riverwood Center has one respite provider agency, but families are welcome to hire their own caregiver and work with the Riverwood Center to arrange payment.
- 1485 M-139 Benton Harbor, MI 49022

## **Support Groups**

- A support groups for women with developmental disabilities.
- Meets every 2<sup>nd</sup> Friday of every month from 11:00-1:30.
- Facilitated by Disability Network Southwest Michigan.
- Contact Cindy Gray at the phone number listed above for more information.
- Meetings held at Riverview Park Christian Church

2929 Niles Road St. Joseph, MI 49085

## **Branch County**

### **Children with Special Needs**

• 570 N. Marshall Rd. Coldwater, MI 49036

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

## **Counseling Services**

Community Mental Health Center of Branch (517)279-5347

- www.chcbc.com
- Offers a variety of outpatient counseling services.
- Call for insurance and payment information
- 274 E. Chicago St. Coldwater, MI 49036

Pines Behavioral Health (517) 279-8404

- Individual and family therapy.
- Accepts children and adult clients
- Sliding scale based on insurance and income.
- 200 Orleans Blvd.
   Coldwater, MI 49036

<sup>\*</sup> These resources are adoption sensitive

<b>Nutrition</b> Branch-Hillsdale-St. Joseph District Health Department (517) 279-9561
Psychiatrists  Fernando Castro-urrutia
James Hudson Briggs
<ul> <li>Lugo &amp; Castro MDs 259 E Chicago St Coldwater, MI 49036</li> <li>Accepts Guardian, Blue Cross/Blue Shield, Wellpoint, Aetna, and Medicaid insurance.</li> </ul>
Respite  Michigan Department of Human Services, Branch County
Support Groups  Branch County Commission on Aging
Pines Behavioral Health

- Anger management and parenting groups.
- 200 Orleans Blvd. Coldwater, MI 49036

## **Calhoun County**

#### **Child Care**

Family Enrichment Center (269)660-0448

- www.fecfamily.com
- Drop-in childcare at Take-A-Break Childcare Center (no monthly or weekly commitment of hours for preschool and school age care, availbility of childcare on short notice, etc.)
- Preschool program through Take-A-Break Childcare Center each weekday from 9am to 3pm
- Free or discounted respite care for families in crisis
- Childcare for children suspended from school
- Childcare for children with special needs whether they be physical, behavioral or emotional
- Childcare for newly placed foster children who are transitioning from their biological family and home into a foster family

### **Children with Special Needs**

Children's Special Health Care Services.....(269) 969-6390

- 190 East Michigan Ave. Battle Creek, MI 49014
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences
- Coordinated services to pull together the services of many different providers who work within different agencies.

## **Mental Health Counseling/Treatment**

Battle Creek Mission (The Haven).....(269) 965-1148

• 11 Green St Battle Creek, MI

\*Foster Adoptive Family Resource and Support Center.....(269)660-0448 Starr Commonwealth......(269) 832-6011

<sup>\*</sup> These resources are adoption sensitive

#### **Mental Health Resources**

Behavioral Mental Health Resources. (269)979-8333
<a href="https://www.bcbhr.org/">www.bcbhr.org/</a>
Summit Pointe Community Mental Health. (800)632-5449
<a href="https://www.summitpointe.org/">www.summitpointe.org/</a>

#### Nutrition

Calhoun County Health Department......(269)966-1230

### **Parent and Family Support Services**

Family Enrichment Center.....(269) 660-0448

- www.fecfamily.com
- Family advocacy for families in crisis including families in the midst of special inquiries regarding abuse and neglect
- One-on-one parent support for struggling and stressed out parents
- Support groups for foster parents, kinship care providers, caregivers for children with Reactive Attachment Disorder
- Parent training addressing a range of subjects such as child-rearing, bullying, finding educational services for special needs children, relationships between foster and birth families, suicide prevention and healthy family meals.

### **Psychiatrists**

Bangalore Krishna Ramesh....(269) 657-5574

Van Buren Community Mental Health Authority
 801 Hazen St
 Ste C

Paw Paw, MI 49079

• Accepts Guardian, Wellcarem Blue Cross/Blue Shield, and United Healthcare insurance

James W Gandy.....(269) 979-8333

 Behavioral Health Resources 3630 Capital Ave Suite 1

Battle Creek, MI 49015

Joseph Matthew Gluski......(269) 781-4271

 Oaklawn Hospital 200 N Madison St Marshall, MI 49068

Marjaneh Rouhani.....(269) 969-6108

Behavioral Health Care Pc 363 Fremont St Ste 300

<sup>\*</sup> These resources are adoption sensitive

Battle Creek, MI 49017 Accepts Blue Cross/ Blue Shield insurance Michael Cupp.....(269) 979-8333 Behavioral Health Resources 3630 Capital Ave Suite 1 Battle Creek, MI 49015 Ravinder K Sharma......(269) 964-1300 • 601 S Shore Dr **Unit 330** Battle Creek, MI 49014 Sidney Heisler....(269) 781-9119 Oaklawn Psychological Services 15209 W Michigan Ave Marshall, MI 49068 • Accepts Blue Cross/ Blue Shield Insurance Respite Provides respite services to Kinship Care, Adoptive and Foster Care families as well as children with special needs. • Part of Family Enrichment Center 415 South 28<sup>th</sup> Street Battle Creek, MI 49015 **Summer Camps** Family Enrichment Center. (269)660-0448 Specialized summer camps designed for teens and children, including selfesteem building programs and job skills training for teens **Support Groups** Family and Children Services, Inc.-Battle Creek (269) 965-0202 Family Enrichment Center. (269) 660-0448 www.fecfamily.com Parent and Professionally run parent, special needs, Kinship support groups, FAK adoption/Kinship Informational support groups (1<sup>st</sup> Tuesday of each month, 12:30-2:00pm), Monthly 3 hr. trainings also available Free North American Council on Adoptable Children.....(616) 660-0448 WillowsEdge, LLC: Counseling and Art Center.................. (248) 707-1894 Social skills group. 6 week series of peer group programs, for early childhood through adolescent aged children, who demonstrate difficulties with social skill awareness, social

interactions and social behaviors

<sup>\*</sup> These resources are adoption sensitive

Youth Guidance Foster Care & Adoption Center.....(269)788-3067 **Cass County Children with Special Needs** Children's Special Health Care Services.....(269) 445-5280 201 M-62 North Cassopolis, MI 49031 • Coverage and referral for specialty services based on the person's health problems. • Family centered services to support you in your role as primary caretaker of your child. • Community based services to help you care for your child at home and maintain normal routines. Culturally competent services which demonstrate awareness of cultural differences. • Coordinated services to pull together the services of many different providers who work within different agencies. Counseling • Insurance accepted • Average cost per session: \$80-90 • Location: 11017 Herring Street Marcellus, Michigan 49067 • Couple, family, and individual therapy available. Cass County Community Mental Health Authority.....(269)445-2451 www.woodlandsbhn.org/ **Crisis Intervention** 24 Hour Hotline....(800) 310-5454 Youth crisis center. 2480 M139 Benton Harbor Or.....(800)323-0355 • 960 M-60 East PO Box 97

### **Psychiatrists**

Dr. Mehta.....(269) 445-2451

Cassopolis

<sup>\*</sup> These resources are adoption sensitive

- Client must first go through the intake process with Cass County Community Mental Health.
- Psychiatric service must be paired with other services.
- Sees children with severe emotional disturbances.
- 960 M-60 East Cassopolis, MI 49031

### **Respite**

Michigan Department of Human Services......(269) 445-0200

• 325 M-62

Cassopolis, MI 49031

Woodlands Behavioral Health Network.....(269) 445-2451

 Authorize respite on a case by case basis for children who qualify with developmental disabilities and refer to a contract provider who provides the respite in the family's home.

### **Support Groups**

Adoptive Families of Southwestern Michigan. (616) 424-3531 Domestic and Sexual Abuse Services. (269) 273-6154

- Support Groups: Groups meet weekly for survivors or family members to help with the healing process and receive support from DASAS staff and other survivors—childcare is available.
- 125 W. Main Street P.O. Box 189 Centreville, MI 49032

## **Eaton County**

#### Child Care Financial Assistance & Resources

### **Children with Special Needs**

Center for Educational Networking.....(517)541-1318

• Offers products and services that respond to the information needs of families, educators, community services providers of individuals with disabilities.

- 330 W. Woodlawn Hastings, MI 49058
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.

<sup>\*</sup> These resources are adoption sensitive

- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Counseling**

Community Mental Health.....(517) 543-5100

- Early intervention for at-risk children
- Individual, group, and family therapy
- Crisis intervention
- Inpatient treatment
- 551 Courthouse Dr. Charlotte, MI 48813

Delta Waverly Psychology and Counseling Associates........... (517) 323-4099

- Most insurances accepted
- Couple, family, and individual therapy available.
- \*Elizabeth Sawyer Danowski.....(517) 618-9187
  - Adoption sensitive
  - Play. Build. Grow
     913 West Holmes Road
     Suite 179
     Lansing, MI 48910
- \* Nurtured Heart Path.....(517) 719-1523
  - Annie Lange provides counseling, consultation, parent coaching and training
    to individuals, families, agencies and school systems throughout Michigan.
    She specializes in working with both adults and children, many of whom are
    challenged with ADD, ADHD, ODD, substance abuse, depression, anxiety,
    relationship and adoption issues
  - Call for upcoming classes and workshops
  - 2487 S. Michigan Road Eaton Rapids, MI 48827
  - annie@nurturedheartpath.com
- \*Ruth E Charles Edwards.....(517) 292-4133
  - Adoption sensitive
  - 2535 E Mount Hope Ave Lansing, MI 48910
- \*Shana Bombrys.....(517) 618-0579
  - Extensive training surrounding childhood trauma
  - 913 W. Holmes Rd. Suite 179 Lansing, MI 48910

#### **Food and Nutrition**

<sup>\*</sup> These resources are adoption sensitive

Barry-Eaton District Health Department	(517)541-2630
Or	(517) 485-7110
WIC Program	(517) 541-2630

• The special supplemental nutrition program for Women, Infants, and Children (WIC) is a federally funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age 5.

#### **General Health Services**

### **Multi-Service Agencies**

### **Parenting Resources**

Building Strong Families.....(517) 543-2310

### **Psychiatrists**

David Samuel Sprague.....(517) 628-2737

- 5305 Ferris Rd Eaton Rapids, MI 48827
- Accepts Blue Cross/Blue Shield and Medicaid.

### **Runaway and Homeless Youth Services**

Gateway Community Services.....(517) 351-4000

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.gatewayservices.org
- 2875 Northwind Dr, Ste 105 E Lansing, MI 48823

### Respite

LAP Respite Center.....(517) 372-6671

- <u>In-Home Program</u>: Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the families wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- Respite House Program: Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP

<sup>\*</sup> These resources are adoption sensitive

- provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- After School Program: Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student to care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.
- 840 E Mt. Hope, Suite 101, Lansing, MI 48910

#### **Service Information and Assistance**

- Information and Referral. Able to provide families information on where to seek services. Able to assist with applying for medical subsidies.
- Barry Eaton County DHS is able to be a resource to children and families who were not placed through their program.
- Contact person: Katie S. Mika (<u>Mikak@Michigan.gov</u>)
- Location: 430 Barfield Drive, Hastings, MI 49058

#### **Support Groups**

Child and Family Charities	(517) 882-4000
Children's Charter of the Courts of Michigan	.(517) 482-7533
St. Vincent Catholic Charities	(517) 323-4734

### **Transportation**

EATRAN (Charlotte)......(517) 543-4087

## **Hillsdale County**

#### Children with Special Needs

- 570 N. Marshall Rd Coldwater, MI 49036
- Coverage and referral for specialty services based on the person's health problems.

<sup>\*</sup> These resources are adoption sensitive

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

## **Counseling**

Counseling	
* Barbara Corbett(:	517)437-5538
• 55 Barry St	
Hillsdale, MI 49242	
<ul> <li>Able to work on adoption issues</li> </ul>	
<ul> <li>Sliding Scale</li> </ul>	
<ul> <li>AETNA Health, Alliance Network, CIGNA HealthCare, He</li> </ul>	ealth Plan, and
Medicare insurance are accepted	Januar I Talli, alla
Family Counseling Center(8	805) 495-4226
• 11 E Carleton Rd,	
Hillsdale, MI 49242	
* Integro(1	517) 439-2609
• Several adoption sensitive therapists on staff.	317) 137 2007
<ul> <li>Accept a wide variety of insurance.</li> </ul>	
Lifeways Community Mental Health	(517) 420 2641
	(317) 439-2041
<ul> <li>Hours: M-F 8am-6pm</li> <li>25 Care Drive</li> </ul>	
Hillsdale, MI 49242	17) 420 4506
* Hillsdale Psychological Institute	17) 439-4390
• Dr. Marianne Osentoski, PhD.	
<ul> <li>Accepts Blue Cross/Blue Shield.</li> </ul>	
Adoption sensitive	,
Richard Ennis, PhD. (5	17) 439-5537
Nutrition	
Branch-Hillsdale-St. Joseph District Health Department	17) 437-7395
<u> </u>	888)544-7395
· ·	,
Psychiatrists	
Anjali J. Mehta(5	517) 796-4540
Lifeways Community Mental Health	11,170 7370
25 Care Dr	
Hillsdale, MI 49242	
<ul> <li>Accepts Aetna insurance</li> </ul>	
• Accepts Aetha insurance	

<sup>\*</sup> These resources are adoption sensitive

Satish K. Cham...(517) 796-4540 Lifeways Community Mental Health 25 Care Dr Hillsdale, MI 49242 Accepts most insurances Respite Joyce Ann Pastiva.....(517) 437-0327 1481 SOUTH DR HILLSDALE, MI 49242-9409 Respite care for children with mental retardation or developmental disabilities Accepts Medicaid. **Support Groups** Healthy Beginnings......(517) 437-7395 Programs offered include: Parents as Teachers, Love and Logic, Parent Groups, STEP For information on parenting schedules, please contact Andrea Bricker, Coordinator (517-437-7395, ext. 116.) Community Health Agency 20 Care Dr. Hillsdale, MI 49242 A support group for parents of children who have Down Syndrome Meet on a monthly or bi-monthly basis. Family events throughout the year in order to get to know each other and celebrate special events For more information, contact Paula Hayne (phayne@hillsdale-isd.org). **Ingham County** Child Care Financial Assistance & Resources DHS (FIA) Child Day Care Services......(517) 887-9400 Children with Special Needs Association for Children's Mental Health......(517) 381-5125 5303 S. Cedar P.O. Box 30161 Lansing, MI 48909

Coverage and referral for specialty services based on the person's health

problems.

<sup>\*</sup> These resources are adoption sensitive

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Ingham Intermediate S.D. (Project Find) Early On......(517) 244-4514

### **Community Education Programs & Community Centers**

• School of Social Work at MSU supports Michigan kinship families by utilizing research to provide education and outreach for communities, agencies, and individuals involved in supporting kinship families.

### **Counseling**

*Amy M	Miller	(517) 325-9932
•	Trauma informed therapist	

780 W Lake Lansing Rd Suite 700

East Lansing, MI 48823

- Individual therapy, Family therapy, Children, teens, adults, trauma, Play therapy, anxiety, EMDR, depression, behavior issues
- Insurance (PHP, Aetna, McLaren, Magellan, EAP) and Medicaid accepted.
   Medical Subsidy accepted and willing to bill directly

 CMH Community Support Services- Adults
 (517) 346-8300

 CMH Ingham Counseling Center
 (517) 346-8000

 \*Lois Dean
 (517)833-4413

- Trauma informed therapist
- 2198 Commons Parkway Okemos, MI 48864

- 3960 Patient Care Drive Suite 104 Lansing, MI 48911
- Provides a variety of psychological and rehabilitation services for the purpose of accurate diagnosis and successful treatment. These services are offered to

<sup>\*</sup> These resources are adoption sensitive

individuals with medical, neurologic, and psychological conditions including traumatic brain injuries, cerebrovascular accidents, learning disabilities, attention deficit disorders, psychological adjustment disorders, dementia, industrial injuries, and automobile injuries.

• PAR Rehab Services offers a Substance Abuse Disorder Program for adults and adolescents. This new program includes substance abuse assessment, diagnosis, and outpatient treatment services in individual and group modalities

\*Dr. Sara E Timmons....(219)230-3516

- Adoption sensitive
- Psychological Services of East Lansing 1650 Kendale Blvd Suite 95 East Lansing, MI 48823

Shana Bombrys.....(517) 882-6159

- Individual therapy, Family therapy, Substance abuse
- Accepts private insurance, Medicare, Medicaid, and accepts and willing to bill medical subsidy
- Contact: Shana Bombrys, LMSW, CADC, ADS (shanabombrys@gmail.com)

\*Dr. Shannon Lowder, PsyD, LLP.....(517) 750- 3869/ 517-481-3313

- Performs assessments for psychological evaluations for parents
- Accepts Aetna and Confinity insurance
- Adoption and Foster care sensitive
- 6692 Spring Arbor Rd, Jackson, MI 49201

### **Emergency Shelters**

#### **Faith Based Resources**

Trinity Church/Open Arms.....(517) 969-3292

- Offers support groups and other resources for adoptive families.
- Contact Carrie Feitl: openarms@trinitywired.com
- 3355 Dunckel Rd. Lansing, MI 48911

#### **General Health Services**

### **Living Support**

<sup>\*</sup> These resources are adoption sensitive

- Living support/respite care services with a target population being adoptive care (Medicaid approved provider).
- Employment opportunities for persons with disabilities
- Long term residential care for the neurologically impaired.
- Family shared information and blog.
- www.givingtreeservices.org

### **Mentoring**

Big Brothers/ Big Sisters of Greater Lansing......(517) 372-0160

#### **Parent Resources**

Michael R. Whitehead......(517) 325-3638

- Parenting skills classes, Couple communication classes, Therapeutic assessments
- Insurance not accepted
- **Contact:** Michael Whitehead, MS in MFT, LMFT (onefamlytherapist@gmail.com)

 Building Strong Families
 (517) 887-4590

 Jump Start
 (517) 887-4322

### **Preschool Related Professional Organizations**

Office for Young Children (Regional 4C)......(517) 887-4319

### **Psychiatrist**

Zulfiqar Ahmed.....(517) 618-0934

- Healthy Minds
   240 S Bridge St
   Suite 220
   Dewitt, Michigan 48820
- Accepts several types of insurance

#### Respite

- Living support/respite care services with a target population being adoptive care (Medicaid approved provider).
- Employment opportunities for persons with disabilities
- Long term residential care for the neurologically impaired.
- Family shared information and blog.
- www.givingtreeservices.org

<sup>\*</sup> These resources are adoption sensitive

- <u>In-Home Program</u>: Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the families wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- Respite House Program: Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- After School Program: Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student to care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.
- 840 E Mt. Hope, Suite 101, Lansing, MI 48910

## **Support Groups**

Adoption Associates, Inc.....(517) 327-1388

- Offers support groups for parents, children, and children with special needs. Also offers parenting skills classes.
- Visit their website at www.adoptionassociates.net.
- Location: 800 Thomas L. Parkway, Suite 1 Lansing, MI 48917

Dr. Larisa K. Hutchins. (517) 628-6573

• Parenting from a Life Coaching Perspective: An alternative to traditional parenting classes where the presenter is the "expert" this group views the parents as the experts and the coach as a guide to help achieve the goals desired. Covers ages from infancy through adolescence. Breakout groups for various ages are available.

- Contact person: Korey Wheeler
- Free childcare provided for those who register in advance
- Meets every 4<sup>th</sup> Monday of the month
- 6:30-8:30 pm

<sup>\*</sup> These resources are adoption sensitive

Child and Family Services
 4287 Five Oaks Dr.
 Lansing, MI 48911
 (Corner of Jolly & Dunckel)

#### Youth and Teen

Christian Services.	(517) 394-5411
Pregnancy Services	
www.pregnancylansing.com	, ,
Shared Pregnancy Women's Center	(517) 484-1882
<ul> <li>http://www.sharedpregnancy.org/</li> </ul>	, ,

### **Jackson County**

### **Children with Special Needs**

Children's Special Health Care Services.....(517) 788-4422

- 1715 Lansing Ave Suite 221 Jackson, MI 49202
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

## Counseling

Allegiance Health.....(517) 782-4001

- <u>Substance Abuse Services</u> offers a variety of counseling, education and support services for individuals and their families who have a chemical or alcohol addiction.
- Using a combination of individual and group treatment approaches, the
   <u>Addiction Recovery Center</u> offers residential, intensive day and evening
   programs for adults who are still struggling to abstain from alcohol and drugs
   during treatment
- 2424 W Washington Ave Jackson, MI 49203

Highfields....(517)783-4250

<sup>\*</sup> These resources are adoption sensitive

- Mental Health Counseling is available to consumers who have the following insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service.
   Counseling services are office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- 1206 Clinton Rd Jackson MI 49202

Integro, LLC.....(517) 789-1234

- Out Patient counseling and case management services for both adults and children including: Individual, family and play therapy, integrated treatment for adults with co-occurring mental health and substance use issues.
- Home-based services including: Multisystemic Therapy, 0 to 3 infant mental health and Trauma Focused Cognitive Behavioral Therapy.
- Most private insurances are accepted as well as Medicaid.
- 1200 N West Ave Suite 300 Jackson, MI 49202-2174

Jackson County Department on Aging......(517) 788-4364

- Individual therapy for caregivers age 55 years of age and older, Kinship support group for Kinship Caregivers age 55 years of age and older
- Professionally run parent support groups
- No charge for services

Larry Zolman....(517) 936-7580

- Individual and family therapy
- Specializes in behavioral therapy for children and adolescents.
- Provides applied behavior analysis for children on the autism spectrum or who are lower functioning.

LifeWays Community Mental Health.....(517)780-3332

- LifeWays contracts with a wide variety of behavioral health providers throughout Hillsdale and Jackson Counties to deliver services and supports to those with developmental disabilities, serious mental illness, serious emotional disturbance, and substance use disorders.
- 1200 N. West Avenue Jackson MI 49202

\*Lutheran Social Services of Michigan.....(855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills.
- Gain Understanding of Life Experiences within the Child Welfare System

<sup>\*</sup> These resources are adoption sensitive

- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect
- Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post
- Adoption or Guardianship
- Accepts Medicaid and bills them directly
- Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy,
- 1803 Whites Road, Suite 5 Kalamazoo, MI 49008 Email: CFtherapy@lssm.org

#### Nutrition

### **Psychiatrists**

Aleksandra Wilanowski ...... (517) 879-1952

- 3333 Spring Arbor Rd Suite 300 Jackson, MI 49203
- Accepts Aetna, Blue Cross/Blue Shield, and CIGNA insurance

Christina I. Zachar.....(517) 782-7133

- 2301 E Michigan Ave Suite 100 Jackson, MI 49202
- Accepts most insurances

John S. Mogerman......(517) 788-4730

- Allegiance Outpatient Bhvr Health 205 N East Ave Jackson, MI 49201
- Accepts most insurances.

#### **Runaway and Homeless Youth Services**

DO'CHAS II.....(517)788-4605

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- 304 Alpine Lane Jackson, MI 49203

### Respite

Respite Care-Jackson County.....(517) 782-3878

 407 S Mechanic Street Jackson, MI 49201-2331

### **Support Groups**

<sup>\*</sup> These resources are adoption sensitive

• Kinship support group

• Time: 12 - 1:30 PM

• Contact: Jennifer Guthrie

### **Kalamazoo County**

### **Children with Special Needs**

• 3299 Gull Rd.

P.O. Box 42

Nazareth, MI 49074-0042

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Kristin Totten. (269) 270-1278

- www.kristintotten.com
- Education attorney that works with children with special needs

- Contact: Linda Casper (<u>lscasper@ameritech.net</u>)
- Provides Special Education Advocacy, Consultant and Tutorial Services for Southwestern Michigan.
- 4341 S. Westnedge Ave Suite 2101 Kalamazoo, MI 49008

### **Clothing and Other Basic Needs**

American Red Cross. (269) 353-6180

• 5640 Venture Ct Kalamazoo, MI

Deacons Conference. (269) 344-7333

• 1010 North Westnedge

<sup>\*</sup> These resources are adoption sensitive

V.1 MI		
Kalamazoo, MI	(260) 222 1042	
Portage Community Outreach Center	(209) 323-1942	
• 325 East Center		
Portage, MI	(2(0) 244 (110	
Salvation Army	(269) 344-6119	
• 1700 South Burdick		
Kalamazoo, MI	(2(0) 200 4544	
St. Vincent De Pauls.	(209) 388-4544	
• 513 Eleanor St		
Kalamazoo, MI		
County Reso	MIPCOS	
Kalamazoo Resource Search Engine		
	······································	
Crisis Interv	ention	
Mobile Crisis Responseht	tp://mobilecrisisresponse.com/index.htm	
• Crisis service for families at no cost.		
• Available 24/7		
Housing Res	ources	
Alpha and Omega		
Housing services for men.	(====) = ==============================	
• 829 Rose Ct.		
Kalamazoo, MI		
ARK	(269) 343-8765	
• Serves youth ages 12-17	(20%) 2 12 07 02	
• 990 West Kilgore		
Kalamazoo, MI		
Bethany House	(269) 366-4468	
Department of Human Services		
322 East Stockbridge	(203) 557 1300	
Kalamazoo, MI		
Emergency Overnight Shelter	(269) 532-1210	
• 440 ½ North Church	(======================================	
Kalamazoo, MI		
Food and Nutrition		
Department of Human Services		
322 East Stockbridge	(=0)/ 00/ 1900	
Kalamazoo, MI		
Family Health Center	(269) 349-2647	
• 117 West Paterson St.	(202) 2 12 20 17	
Kalamazoo, MI 49007		
Goodwill	(269) 382-0490	
• 420 Alcot	( )	
Kalamazoo, MI		
,		

<sup>\*</sup> These resources are adoption sensitive

Gospel Mission...(269) 345-2974 • Breakfast served at 7am • Dinner served at 7pm • 420 Alcot Kalamazoo MI WIC.....(269) 373-5002 **Mental Health Counseling/Treatment** Individual therapy, Kalamazoo Adoption Support group, ADOPTS support group. Insurance not accepted. Medical subsidy accepted and can be billed directly Contact person: Karen Benzema, LMSW Visit their website at www.bethany.org Location: 6687 Seeco Drive Kalamazoo, MI 49009 Bill LaValley.....(269) 744-5293 • Works well with teenage boys • 1606 S Burdick Kalamazoo, MI Catholic Family Services......(269) 381-9800 • Sliding scale offered 1819 Gull Rd Kalamazoo, MI \* Children's Trauma Assessment Center.....(269)387-7073 **Unified Clinics** Western Michigan University 1000 Oakland Drive Kalamazoo, MI 49008 Email: chhs-ctac@wmich.edu The goal of the Center is to assess the impact to children following exposure to traumatic events and/or suspected fetal alcohol exposure. The target population is children, ages three months to 17 years, entering foster care due to experiences of child abuse and/or neglect. Children with other traumatic experiences are also considered for assessment \* Family Attachment Center and Therapeutic Respite (FACTR).....(269)343-0646 • Geared specifically towards adoptive families myfactr@gmail.com 605 Howard St. Kalamazoo, MI 49008 \*Interpretive Arts Counseling, LLC (Schau House).....(269) 382-5343 Parenting skills classes, individual therapy, family therapy, art and sand tray therapy

\* These resources are adoption sensitive

<ul> <li>Professional-led attachment focused support groups</li> </ul>
• Private insurance, adoption subsidy and medical subsidy accepted.
Jennifer Lennen
Parenting skills classes, Individual therapy, Family therapy
• <b>Support Groups:</b> Professionally run parent, children, teen, ADD, Autism groups
Insurance, Medicaid and Medical Subsidy accepted
Jomie George(269) 343-3511
<ul> <li>Works with children and adolescents using primarily play therapy.</li> </ul>
<ul> <li>Has experience evaluating and treating children with autism spectrum disorders.</li> </ul>
• In network with Blue Cross Blue Shield, Meridian Health Plan, Magellan,
Priority Health, and Humana
• 605 Howard St.
Kalamazoo, MI 49008
Kalamazoo Community Mental Health(269) 373-6000
Walk in hours Monday-Friday from 8:00am-5:00pm
• 418 W. Kalamazoo Ave
Kalamazoo, MI 49007
KCMHSAS Youth and Family Services. (269) 553-8110
• 432 W Crosstown Pky
Kalamazoo, MI *Kristen M. Kimm
* # 11 1 1 1 1
<ul> <li>Individual therapy, and Family therapy</li> <li>Private Insurance, Medical, Medical Subsidy and self-pay scale</li> </ul>
*Lutheran Social Services of Michigan(855) 444-3911
Outpatient or Outreach counseling services in an individual, family or group
capacity
<ul> <li>Therapeutic Parent Coaching to enhance parenting skills</li> </ul>
<ul> <li>Gain Understanding of Life Experiences within the Child Welfare System</li> </ul>
Assist with Emotion Regulation
<ul> <li>Decrease Negative Behaviors</li> </ul>
<ul> <li>Meet Mental Health Needs of Children and Adults involved with CPS, Protect Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post</li> </ul>
Adoption or Guardianship
Accepts Medicaid and Medical Subsidy
<ul> <li>Behavioral Health services are offered through the LSSM office in Benton</li> </ul>
Harbor, Kalamazoo, Jackson, Ann Arbor, Troy
• 1803 Whites Road, Suite 5
Kalamazoo, MI 49008
• Email: CFtherapy@lssm.org
* Mark Scheffers

- Specializes in children/teens and their families who have experienced relational trauma, adoption, and/or multiple placements.
- Addresses traumatic stress in children that may cause aggression/violence, defiance, stealing, lying, running away, etc.
- Enhances parent responsiveness to children in distress
- Skilled in several intervention techniques.
- Offers individual, parent-child, couple, and group therapy in addition to parent coaching and assessment.
- markscheffers1@gmail.com
- 605 Howard St.

Kalamazoo, MI 49008

Neuropsychology Associates.....(269) 375-2222

• 4328 West Michigan Kalamazoo, MI

\* Pediatric Counseling Center, LLC.......(269) 372-6500

- Shelly Woertink is a certified loss and trauma specialist.
- Specializes in services to children 2-17
- 950 N. 10<sup>th</sup> St Suite 200

Kalamazoo, MI 49009

\*Renee Sanderson....(269) 377-1045

• Trauma informed therapist

\*Trauma Recovery Associates.....(269) 381-0769

• Trauma Recovery Associates (TRA) is comprised of mental health professionals with experience in treating adult survivors of childhood abuse and neglect.

#### **Parent Resources**

### **Psychiatrists**

 Neuropsychology Associates 4328 W Michigan Ave Kalamazoo, MI 49006

Accepts Medicaid

Marilyn Mittenthal.....(269) 544-1590

- Pediatric and adolescent psychiatrist
- 5380 Holiday Ter Kalamazoo, MI 49009
- Accepts CIGNA, Medicaid, and United Health Care insurance

Mark A. Sloane....

- Specialized training in adolescent behavioral medicine.
- \* These resources are adoption sensitive

- Expert in diagnosis and treatment of learning, attention, and behavioral disorders in children and adolescents.
- Has tremendous experience working with traumatized, drug and alcohol-exposed children and adolescents
- Center for Behavioral Pediatrics 700 Mall Dr Portage, MI 49024
- Accepts Humana insurance

Recommended for psychological testing

Velre L. Bell.....(269) 343-6700

• Pine Rest Christian Mental Health

1530 Nichols Rd

Kalamazoo, MI 49006

• Accepts Aetna, Blue Cross/Blue Shield, and MultiPlan insurance

#### Respite

Alliance for Community Support.......aheldart@resopp.org

• 1100 S. Rose Kalamazoo, MI

ARC.....(269)342-9801

- Respite for individuals with intellectual or developmental disabilities
- 814 S Westnedge Ave Kalamazoo, MI 49008

Ark.....(800) 873-8336

• 990 W Kilgore Rd Kalamazoo, MI 49008

Family & Children Services. (269) 344-0202

- Day and overnight respite care
- 1608 Lake Street Kalamazoo, MI 49001

Family Attachment Center and Therapeutic Respite (FACTR)......(269)343-0646

- Geared specifically towards adoptive families
- myfactr@gmail.com
- 605 Howard St., Kalamazoo, MI 49008

#### **Runaway and Homeless Youth Services**

Catholic Family Services.....(800) 873-TEEN

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.catholicfamilyservices.org
- 990 West Kilgore Rd Kalamazoo, MI 49008

<sup>\*</sup> These resources are adoption sensitive

• Coverage Area: Allegan, Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, and Van Buren

### **Support Groups**

Bethany Christian Services.....(269) 372-8800

- Kalamazoo Adoption Support group, ADOPTS support group.
- Insurance not accepted. Medical subsidy accepted and can be billed directly
- Visit their website at www.bethany.org
- Location: 6687 Seeco Drive Kalamazoo, MI 49009

CHADD. (269)626-5651

- Presentations and support group meetings for both Parents/Caregivers of Children with ADHD and Adults with ADHD living in the Washtenaw County area
- **Date:** 2nd Tuesday of every month

**Time:** 7:00 pm - 8:30 pm

Location: Kalamazoo Regional Educational Service Agency (KRESA)

Address: 1819 E. Milham Ave., Portage, MI 49002

Meetings are FREE

Child & Family Psychological Services. (269) 372-4140

- Professionally led group for adults with anxiety and/or depression. Meets Mondays from 6-7:30pm.
- Professionally led trauma recovery group for adults. Meets Wednesdays 1:15-3:30pm.
- Professionally led group for middle school aged boys and girls with social anxiety. Meets Wednesday evenings.
- Professionally led self-esteem building group for girls ages 8-12. Meets Thursdays at 4pm.
- Groups are \$65 per session, billed to insurance.
- Accept a wide variety of insurance types and a sliding scale may be used depending on the family's income.

Family Attachment Center and Therapeutic Respite (FACTR)......(269)343-0646

- Geared specifically towards adoptive families
- Support groups, mentoring, and networking
- myfactr@gmail.com
- 605 Howard St.

Kalamazoo, MI 49008

- Professional-led attachment focused support groups
- Private insurance, adoption subsidy and medical subsidy accepted.

<sup>\*</sup> These resources are adoption sensitive

- **Support Groups:** Professionally run parent, children, teen, ADD, Autism groups
- Insurance, Medicaid and Medical Subsidy accepted

Kristen M. Kimm. (269) 343-0646

• Monthly support groups for adoptive families struggling with attachment related concerns.

## **Lenawee County**

### **Children with Special Needs**

Children's Special Health Care Services.....(517) 264-5228

 1040 S. Winter St. Suite 2328 Adrian, MI 49221

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### Counseling

Catholic Charities of Jackson, Lenawee, Hillsdale.....(517) 263-2191

- Individual therapy and family therapy
- Insurance accepted. Sliding scale
- Location: 199 N. Broad St. Adrian, MI 49221
- \* Cheryl Foster.......(734)276-7906
  - Cheryl and many therapists on her staff have experience working in foster care and adoption.
  - Adoption sensitive therapy
  - Accept Blue Cross/Blue Shield and Magellan insurance
  - Medical subsidy is the preferred method of payment

- Individual and family therapy, parenting skills classes
- Professional-run support group focused on women and trauma

<sup>\*</sup> These resources are adoption sensitive

Accept private insurance, Medicaid and medical subsidy. Payment	can also be
billed directly to subsidy. A sliding based fee is offered.	
*Julie A Artinian(517) 442	2-2777
<ul> <li>Trauma informed therapist</li> </ul>	
• 123 E Maumee St	
Adrian, MI 49221	
Lenawee Community Mental Health(517) 263-	-8905
• 1040 S. Winter St.	0,00
Suite 1022	
Adrian, MI 49221	0.700
* Still Waters Counseling. (517)266-	
<ul> <li>Several therapists who are comfortable working with adoptive fam</li> </ul>	ilies. To
look at staff profiles, visit <u>www.still-waters-counseling.com</u>	
<ul> <li>Accept medical subsidy, but if there is other insurance then that wi</li> </ul>	ll be billed
first.	
<ul> <li>Accept most insurance. Check with office manager when scheduli</li> </ul>	inα
·	.ng
appointment.	
• 403 N. Broad Street	
Adrian, MI, 49221	
Nutrition	
Community Action Agency(800) 433	8-1845
Or(517) 20	
OI(017) <b>2</b>	35 7001
Psychiatrists	
Adrian Counseling & Psychiatric Clinic	3-5810
• 142 E. Maumee St	
Suite 3	
Adrian, MI 49221	
	122 2007
Bixby Medical Center	123-3001
• 415 E Killbuck St	
Tecumseh, MI 49286	
Ittiara T L MD(517)	263-5810
• 142 E Maumee St	
Adrian, MI 49221	
Dognito	
Respite	064 6000
Michigan Department of Human Services, Lenawee County(517)	264-6300
• 1040 S Winter St	
Suite 3013	
Adrian, MI 49221	
Support Groups	
Autism Support Group	53-8905
Tudom Support Group	,5 0,05
* These resources are adoption sensitive	34

<sup>\*</sup> These resources are adoption sensitive

Grandparents Raising Grandchildren	(517) 264-5280
<ul> <li>Meeting Location: Piotter Center located at 327 Erie Street in</li> </ul>	n Adrian
• Time: Thursday 5:30pm- 8pm	
• Contact: (517) 264-5280, sguild@lenaweeseniors.org	
<ul> <li>Therapist present and meals provided</li> </ul>	
Families on the Move and North American Council on Adoptable Cl	nildren
	(810) 468-9827
Grief Recovery	. (517) 263-2323
Parents Support Group.	263-8905

## **Livingston County**

#### **Child Care**

### **Children with Special Needs**

Children's Special Health Care Services......(517) 546-9850

- 2300 E. Grand River Suite 102 Howell, MI 48843
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Clothing- Free or Minimally Priced**

Business Clothing (W	Vomen's Resource Center)	(810)227-9960
Church of Christ		
	Brighton	(810)229-7051
	Howell	(517)546-1931
Salvation Army		
	Brighton	(517)552-9278
	Fowlerville	(517)223-3636

<sup>\*</sup> These resources are adoption sensitive

# Counseling

Counseinig	
* Ann Arbor Consultation Services.	(734) 996-9111
• Three locations in Ann Arbor and one in Brighton.	
<ul> <li>Over 30 therapists and 4 psychiatrists, ranging in specific</li> </ul>	ecialties.
<ul> <li>Adoption sensitive therapists on staff.</li> </ul>	
• Insurance acceptance varies depending on therapist.	Ask when scheduling
appointment.	(010) 227 5650
Brighton Counseling.	
Center for Counseling Services.	
Child and Adolescent Services (CMH)	* *
Fieldstone Center- Mental Health and Addiction Treatment	
*Fran Peters	(517) 292-0950
<ul> <li>Adoption sensitive</li> </ul>	
<ul> <li>Advanced Behavioral Medicine</li> </ul>	
2901 E Grand River	
Howell, MI 48843	
Healthy Families Livingston.	
HELPline (Mental Health)	. ,
*Jewel McGowan	(517) 618-0933
<ul> <li>Adoption sensitive</li> </ul>	
<ul> <li>Advanced Behavioral Medicine</li> </ul>	
2901 E Grand River	
Howell, MI 48843	
LACASA/SARA	
Livingston County Catholic Social Services	
Livingston Community Mental Health	
Livingston Counseling & Assessment Services	(517) 546-7070
Livingston Family Center	, ,
Oakbrook Counseling Inc	(810) 227-0891
Planned Parenthood.	(800) 638-0540
Women's Resource Center	(810)-227-9960
<b>Employment Services</b>	
Livingston County Job Training Service	(517) 546-7450
Michigan Rehabilitation Services (MRS)	
Talent Bank.	
Unemployment Agency	
Job Services.	
Unemployment	
Work First	
Work Skills Corporation.	. ,
mork okino Corporation	(010)-221-4000
Food Assistance	
Commodity Distribution (OLHSA)	(517) 546-8500
* These resources are adoption sensitive	

Livingston County Department of Human Services	(517) 548-0200
Livingston County Personal and Preventative Health Services W	IC (Health
Department)	(517) 546-5459
Livingston Community Food Bank	(517) 548-3710
OLHSA Focus Hope/MIC	(517) 546-8500
Salvation Army	(517) 546-4750

# **Foster Care Resources**

Foster Care Navigator Program......1-855-MICHKIDS

- The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.
- www.fcnp.org
- 3840 Packard Rd. Suite 170 Ann Arbor, MI 48108

### **Health Needs**

American Red Cross	(517)546-0326
Ask A Nurse	(800) 231-2211
Family Home Care	
Healthy Families Livingston	(810) 227-9960
Livingston County Community Mental Health	(517) 546-4126
Livingston County Personal and Preventative Health Services (Health Services)	
Department)	(517) 546-9850
McPherson Home Care	
McPherson Hospital	
Mental Health Association of Michigan	
OLSHA-Healthy Start	(517) 546-8500
Trauma Burn Center- U of M	
Pregnancy HELPline	(810) 632-5656
U of M TeleCare	
United Health Organization	(248) 616-9105
Whitmore Lake Health Clinic	(734) 449-2033
Willowbrook Rehabilitation Services	(810) 227-0119
Housing Assistance	
Landlord/Tenant Resource Center	(517) 337-9795
Livingston County Department of Human Services	(517) 548-0200
Rural Development (formerly FHA)	(517) 548-1550
Michigan State Housing Development Authority (MSHDA)	. (517) 373-8370
Section 8 Housing Agent	
Howell	(517) 548-9611

# **Legal Services**

Lansing......(517) 373-9344

<sup>\*</sup> These resources are adoption sensitive

Legal Services of Southern Michigan(	800) 968-0044	
Physical and Mental Disabilities Service	C C	
ADA Information Hotline		
Association for Retarded Citizens(		
Michigan Rehabilitation Services (MRS).		
Michigan Relay Center (Replaces TDD)		
Michigan Special Olympics Area XXVII.		
St. George Special Ministries		
Therapeutic Recreation, Brighton Community Education		
United Way(8		
Work Skills Corporation.		
Work 5km3 Corporation	(010) 227 4000	
Psychiatrists		
Dwarakanath Rao	(734) 329-5251	
• 555 East William	(754) 527-5251	
Suite 24-1		
Ann Arbor, MI 48104		
<ul> <li>Accepts several types of insurance.</li> </ul>		
<ul> <li>Accepts several types of insurance.</li> <li>Specializes in relationship issues, self esteem, and depress</li> </ul>	ion	
Jean-Paul Pegeron		
• 1785 W. Stadium Blvd.	(134) 731-0231	
Suite 201-D		
Ann Arbor, Michigan 48103		
Accepts several types of insurance     Specializes in decreasing loss on grief, and relationship is		
<ul> <li>Specializes in depression, loss or grief, and relationship is:</li> </ul>	sues	
Viken Matossian.	(517) 759-1766	
Advanced Behavioral Medicine	(6-1) 105 -1100	
2901 E Grand River Ave		
Howell, Michigan 48843		
<ul> <li>Specializes in child or adolescent depression and ADD/AI</li> </ul>	OHD	
Accepts Aetna, Blue Cross/Blue Shield, Cofinity, and Med		
Treespis Trema, Blue Gross, Blue Smera, Commey, and Trees	arouro	
Runaway and Homeless Youth Services	<b>.</b>	
Livingston Family Services.		
Crisis based services available to youth between the ages of 12		
siblings and families	2 and 17, then	
www.livingstonfamilycenter.org		
• 4736 E. M-36		
Pinckney, MI 48169		
The Connection Youth Services of Livingston County866-440-7233(SAFE)		
• http://theconnectionyouthservices.org/		
• 616 W. GRAND RIVER, HOWELL, MI 48843		
• UIU W. UKAND KIVEK, HUWELL, WII 40043		

<sup>\*</sup> These resources are adoption sensitive

- 24 hour emergency assistance and referral service
- Safe housing for teens 12-17 years old needing shelter or a break from family problems
- Host home and apartment program for homeless young people 16-21 years old
- Help with education & employment
- Individual and family counseling
- Support groups for teens and parents

## Respite

Community Mental Health Services of Livingston County...... (517) 546-4126

• 2280 East Grand River Howell, MI 48843

## **Transportation**

Livingston County Essential Transportation (LETS)......(517) 546-6600

## **Monroe County**

## **Children with Special Needs**

- 2353 S. Custer Road Monroe, MI 48161
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Sensory Learning Program.....(419) 536-4680

- Geared towards individuals with learning issues related to visual processing problems.
- The Sensory Learning Program is a non-cognitive, non-invasive, foundational approach that uses light, sound and motion to stimulate the visual, auditory and vestibular systems simultaneously in order to improve sensory function
- Happy to schedule a free consultation and experiential session to answer your questions

### Counseling

- \* Cheryl Foster......(734)276-7906
  - Cheryl and many therapists on her staff have experience working in foster care and adoption.

<sup>\*</sup> These resources are adoption sensitive

<ul> <li>Adoption sensitive therapy</li> </ul>
<ul> <li>Accept Blue Cross/Blue Shield and Magellan insurance</li> </ul>
<ul> <li>Medical subsidy is the preferred method of payment</li> </ul>
* Paul Amadi
<ul> <li>Neighborhood Counseling Servs Corp</li> </ul>
1112 E. East Sixth Street
Monroe, Michigan 48161
Accepts most insurance
• Specializes in anger management, anxiety, ADD/ADHD, depression,
parenting, and trauma/PTSD.
Michael Boudrie
CoVentures     Covenant Pd
986 S. Telegraph Rd Monroe, Michigan 48161
Accepts a wide range of insurances
<ul> <li>Accepts a wide range of insurances</li> <li>Specializes in addiction, relationship issues, and depression.</li> </ul>
Specializes in addiction, relationship issues, and depression.
Monroe Community Mental Health
1001 South Raisinville Rd
Monroe Charter Township, MI 48161
Randy H Grodi
• 22 West Second Street
Monroe, Michigan 48161
Accepts insurance
<ul> <li>Specializes in personal growth and human potential, life coaching, and depression.</li> </ul>
Nutrition
Monroe County Health Department(734) 240-7905
Or(888)354-5500
Psychiatrists
John J. Ghesquiere
• 740 N Macomb St
Monroe, MI 48162
Accepts Aetna insurance
Respite
HOME, Inc(734) 242-2177
• Contact: Richard Sager ( <u>richardsager@global.net</u> )
• Website: <u>www.elmhouse.info</u>
Description: The services offered by HOME, Inc. include community
supported living arrangements, a drop-in center for adults with developmental
disabilities, and respite care for children and adults
852 West Elm Ave     Manrae, MI 48162
Monroe, MI 48162 Hope Network West Michigan, Monroe Program
Trope reciwork west michigan, monitor rogram(734) 243-0039

<sup>\*</sup> These resources are adoption sensitive

- Website: www.hopenetwork.org
- Offers children's respite services
- 123 W. First St. Monroe, MI 48161

- Contact: Kim Emery (<u>Kemery481@aol.com</u>)
- Mastrofrancesco is a non-profit organization specializing in residential respite care and community living support for individuals with mental impairments and/or developmental disabilities. The organization offers services in the consumer's home or in group home settings in contract with the Monroe Community Mental Health Authority.
- 13795 Alton Road Monroe, MI 48161

## **Support Groups**

- For family members, friends, teachers and caregivers of autistic children
- When: 7-9 p.m. the first Wednesday of each month
- Where: Bedford Branch Library, 8575 Jackman Rd., Temperance

## St. Joseph County

## **Children with Special Needs**

- 1110 Hill Street Three Rivers, MI 49093
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

# Counseling

- 3408 Niles Rd Saint Joseph, Michigan 49085
- Accepts Blue Cross/ Blue Shield
- Specializes in depression, relationship issues, and eating disorders

<sup>\*</sup> These resources are adoption sensitive

(260) 467 1000
Community Mental Health(269) 467-1000
• 677 E. Main Suite A
Centreville, MI 49032
Kristine Proctor
NatureWorks, LLC
3408 Niles Road
Saint Joseph, Michigan 49085
<ul> <li>Accepts Blue Cross/ Blue Shield</li> </ul>
<ul> <li>Specializes in child or adolescent developmental disorders and ADD/ADHD</li> </ul>
Margo Runkle
<ul> <li>Peace of Mind Counseling Center</li> </ul>
Saint Joseph, Michigan 49085
<ul> <li>Accepts a wide variety of insurances.</li> </ul>
<ul> <li>Specializes in anger management, anxiety, and depression.</li> </ul>
<b>N</b> T444
Nutrition  Provide Hilledgie St. Learnin District Health Department (517) 270 05(1)
Branch-Hillsdale-St. Joseph District Health Department
Or(800)258-1095
Psychiatrists (600)250 1072
James Wiaduck
• 700 Washington Ave
Grand Haven, MI 49417-1499
Jeanne M Holup
• Specializes in depression, anxiety, mood disorders, and stress management
• Christian counseling
• 6530 Secor Rd
Lambertville, MI 48144
• Email: <a href="mailto:christiancare@frontier.com">christiancare@frontier.com</a>
Katherine Jawor
• 1700 Clinton St
Muskegon, MI 49442-5502
Respite
Michigan Department of Human Services(269) 467-1200
• 692 E Main St
Centreville, MI 49032
Parents Again(269) 506-8195
A resource for grandparents raising grandchildren and other kinship care
providers
• email: parentsagain@hotmail.com
web site: www.parentsagain.org
• mailing address: PO Box 116 - Centreville, MI 49032

<sup>\*</sup> These resources are adoption sensitive

• By attending the monthly support meeting (third Thursday of each month), each grandparent raising grandchildren and other respite care givers will be entitled to free respite time. Contact organization for details

## **Support Groups**

- Support Groups: Groups meet weekly for survivors or family members to help with the healing process and receive support from DASAS staff and other survivors—childcare is available.
- 125 W. Main Street P.O. Box 189 Centreville, MI 49032

## **Van Buren County**

### **Children with Special Needs**

Children's Special Health Care Services.....(269) 621-3143

- 57418 County Rd 681, Suite A Hartford, MI 49057
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### **Counselors**

Community Mental Health Paw Paw Family Resource Center...... (269) 657-5574

801 Hazen Street, Suite C
 P.O. Box 249
 Paw Paw, MI 49079-0249

- Peace of Mind Counseling Center Saint Joseph, Michigan 49085
- Accepts a wide variety of insurances.
- Specializes in anger management, anxiety, and depression.

<sup>\*</sup> These resources are adoption sensitive

* Sue Muinch	
Kalamazoo Psychology, LLC	
122 W. South Street	
Kalamazoo, Michigan 49007	
<ul> <li>Specializes in child and adolescent trauma/PTSD</li> </ul>	
<ul> <li>Accepts Aetna, Blue Cross/Blue Shield. Cofinity, Medicaid, and TRICARE</li> </ul>	3
insurance Susan M Cortor (260) 705-682	5
Susan M Carter (269) 795-682.  • Center for Change & Growth PLC	)
816 E Michigan Ave Ste 101	
Paw Paw, Michigan 49079	
<ul> <li>Specializes in child or adolescent behavioral issues and parenting.</li> </ul>	
Accepts a wide range of insurance	
Crisis Intervention	
The Link	22
24 Hour Hotline(800) 310-545	54
Youth crisis center.	
• 2480 M139	
Benton Harbor	
<b>N</b> T / */*	
Nutrition  InterCore Community Health Network  (260) 427-7014	
InterCare Community Health Network	
Psychiatrists	
Nadeem M Mirza(269) 657-1595	
Bronson Lakeview Hospital	
404 Hazen St	
Paw Paw, MI 49079	
<ul> <li>Accepts Blue Cross/Blue Shield, Aetna, and Medicaid insurance.</li> </ul>	
Rachel Ellen Kaufman	
Van Buren Community Mental Health Authority	
801 Hazen St Ste C	
Paw Paw, MI 49079 Verle L Bell(269) 343-6700	
<ul> <li>Pine Rest Christian Mental Health Services</li> <li>1530 Nichols Rd</li> </ul>	
Kalamazoo, MI 49006	
Accepts Blue Cross/Blue Shield, Aetna, and Humana insurance	
recepts Dide Cross, Dide Sincia, redia, and Iraniana insurance	
Respite	
County-Wide Respite	2
(205) 1.6 022	-

<sup>\*</sup> These resources are adoption sensitive

When funds are not available from other service providers, this Lewis Cass
ISD program offers respite services to overburdened families. As a "payer of
last resort," it reduces stress on caregivers in order to prevent child abuse and
neglect.

### **Support Groups**

- 814 South Westnedge Ave Suite 1 Kalamazoo MI 49008
- Website: http://www.asa-kal.org
- Support meetings for parents

CHADD.....(269) 626-5651

- Support groups for parents of children with ADD/ADHD
- Meetings are held the 2<sup>nd</sup> Tuesday of every month from 7-8:30 pm and are free
- Kalamazoo Regional Educational Service Agency 1819 E. Milham Ave Portage, MI 49002

# **Washtenaw County**

#### **Child Care**

Ann Arbor YMCA Child Care.....(734) 663-0536

- www.annarborymca.org
- A safe environment for all children to learn and grow.

Child Care Network/Washtenaw Regional 4C.....(734) 975-1840

- www.childcarenetwork.org
- Referrals to all licensed child care settings and preschools serving children with and without special needs; training for child care providers; limited number of scholarships available.

# **Children with Special Needs**

- Family support subsidy
- State of Michigan financial assistance for families with low income and child disability

- 555 Towner
  - P.O. Box 915

Ypsilanti, MI 48197-0915

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.

<sup>\*</sup> These resources are adoption sensitive

- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### **Counselors**

ACCESS.....(734)544-3050

- www.ewashtenaw.org
- Health Services Access is the central entry point for all Medicaid eligible and indigent (uninsured) adults and children requesting Mental Health, Public Health and or Substance Abuse information and services in Washtenaw County.

Ann Arbor Center for Developmental and Behavioral Pediatrics.....(734) 997-9088

- 1601 Briarwood Circle, Suite 500 Ann Arbor, MI 48108
- Specialize in diagnosing and treating behavioral and developmental concerns, including autism, ADHD, aggressive behavior, sleep disorders, and developmental delays.
- Do not bill insurance companies. Families receive coded receipts to submit for reimbursement
- Licensed child psychiatrist on staff

Ann Arbor Center for the Family......(734) 995 5181

- Psychological Testing, Individual therapy, Family therapy, Support groups for ADD
- Accepts private insurance, Medicare, and Medical Subsidy
- Contact Person: Douglas Ersor, Ph.D
- Visit their website at www.annarborcenter.com
- Location: 2395 Oak Valley Drive Ann Arbor, MI 48103
- - Three locations in Ann Arbor and one in Brighton.
  - Over 30 therapists and 4 psychiatrists, ranging in specialties.
  - Adoption sensitive therapists on staff.
  - Insurance acceptance varies depending on therapist. Ask when scheduling appointment.
- \*Anne Solomon.....(734) 629-4234
  - Adoption sensitive
  - 1785 West Stadium Suite 203

Ann Arbor, MI 48103

- \*Dr. Barbara J. LaHood.....(734) 506-6704
  - Adoption sensitive
  - 400 Maynard St. Suite 806
  - \* These resources are adoption sensitive

Ann Arbor, MI 48104	
*Catholic Social Services	
• www.csswashtenaw.org	
* Carla Hines, Inc(734) 788-0344	
<ul> <li>Parenting skills classes, Individual therapy, Family therapy, and Home-based services</li> </ul>	
<ul> <li>Insurance not accepted. Medical subsidy accepted. Reduced Fee based on financial aid</li> </ul>	
<ul> <li>Location: 2048 Washtenaw Upper Level</li> <li>Ypsilanti, MI 48197</li> </ul>	
* Cheryl Foster	
<ul> <li>Cheryl and many therapists on her staff have experience working in foster care and adoption.</li> <li>Adoption sensitive therapy</li> <li>Accept Blue Cross/Blue Shield and Magellan insurance</li> </ul>	
<ul> <li>Medical subsidy is the preferred method of payment</li> </ul>	
*Coryanna Ku, LPC(734)-984-3518	2
• Coryanna offers "In the Field" counseling. / Saline	,
• offer sliding scale fees	
Community Mental Health	
*Dr. Deborah Kraus	
Trauma informed therapist	
• 333 Maynard	
Suite 402	
Ann Arbor, MI 48104	
*Emily Jornburg	
• 2300 Washington Ave, Suite 203	
Ann Arbor, MI 48104	
Fostering Futures	
<ul> <li>Specific individual and family therapy</li> </ul>	
<ul> <li>Professionally run parent, attachment focused, and jewelry making, self-esteem enhancing group for girls ages 8-18 on weekends.</li> </ul>	1-
No charge for services	
*Glen Kagan(734)494-2655	
Adoption sensitive	
• 117 N 1 <sup>st</sup> St	
Suite 106	
Ann Arbor, Michigan 48104 * Howard Lerner	
<ul> <li>Trauma informed therapist.</li> <li>555 E William St.</li> <li>Suite 20L</li> </ul>	
Ann Arbor, MI 48104  * Janet Okagbue-Reaves	
• Trauma informed therapist	
•	47
* These resources are adoption sensitive	4/

 Ypsilanti Center for the Family 32 N. Washington Suite #2 Ypsilanti, Michigan 48197

\* Jane York Bornstein.....(734)799-0452

- Specializes in adoption related adjustment issues including transracial families.
- 360 Consultations 101 West Liberty St. Suite 360 Ann Arbor, MI 48104

\* Jennifer DeVivo......(734) 417-4287

- Individual therapy, Family therapy. Specializes in trauma recovery for children, teens, and adults and children adopted through foster care and internationally
- Private Insurance and medical subsidy accepted

\*Julie Frick....(734)273-9366

- Trauma informed therapist
- Office located in Ann Arbor
- \*Kimberly McCrea....(734)681-3374 x80
  - Adoption sensitive
  - Heron Ridge Associates 1785 West Stadium Blvd. Suite 203 Ann Arbor, MI 48103

\*Kristine Freeark .......kfreeark@umich.edu

- Kristine Freeark is a clinical psychologist with both intervention and research interests in adoptive family relationships and their impact on children's well-being
- Dr. Freeark developed the Inquisitive Minds Workshop for adoptive parents of young children to translate developmental knowledge and an understanding of normative adoptive family dynamics into information and activities for parents. The workshop prepares parents to assist their children in communicating constructively about adoption to enhance family belonging and a positive adoptive identity. The workshop is offered in both 8 week and intensive weekend formats
- 1029 NW Ann Arbor, MI 48109

- lisa@attachmentcoalition.org
- Specializes in treating adults and children with trauma and attachment disorders. She utilizes a variety of approaches including *Dyadic Developmental Psychotherapy*, *EMDR* and *Mindfulness*. Lisa also trains parents in *Mindful Parenting* (<a href="www.a2mindfulparenting.com">www.a2mindfulparenting.com</a>). Works in Ann Arbor.

<sup>\*</sup> These resources are adoption sensitive

*Lutheran Social Services of Michigan(855) 444-3911
Outpatient or Outreach counseling services in an individual, family or group capacity
<ul> <li>Therapeutic Parent Coaching to enhance parenting skills</li> <li>Gain Understanding of Life Experiences within the Child Welfare System</li> <li>Assist with Emotion Regulation</li> <li>Decrease Negative Behaviors</li> </ul>
<ul> <li>Meet Mental Health Needs of Children and Adults involved with CPS, Protect</li> <li>Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship</li> </ul>
<ul> <li>Accepts Medicaid and Medical Subsidy</li> <li>Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy</li> <li>1803 Whites Road, Suite 5</li> </ul>
<ul><li>Kalamazoo, MI 49008</li><li>Email: CFtherapy@lssm.org</li></ul>
*Matruka Sherman
• 2345 S. Huron Pkwy Suite 2
Ann Arbor, MI 48104 * Paula Meyer(734) 769-7299
*Patricia Fero
Offer sliding scale fees * Still Waters Counseling
<ul> <li>Several therapists who are comfortable working with adoptive families. To look at staff profiles, visit <a href="www.still-waters-counseling.com">www.still-waters-counseling.com</a></li> </ul>
<ul> <li>Accept medical subsidy, but if there is other insurance then that will be billed first.</li> </ul>
<ul> <li>Accept most insurance. Check with office manager when scheduling appointment.</li> </ul>
• 2376 Wildwood Trail
Saline, MI 48176 The Corner Health Center
<ul> <li>Counseling services geared towards adolescents and young adults ages 12-21</li> <li>Services are free</li> </ul>
• 47 N. Huron Street Ypsilanti, MI 48197
Educational Services
Washtenaw Area Council for Children (734) 434-4215
<ul> <li>Promoting child safety and well being and to prevent child maltreatment, abuse and neglect through educational services and programs to children,</li> <li>* These resources are adoption sensitive</li> </ul>
These resources are adoption sensitive 4.

parents, community members and youth-serving professionals throughout Washtenaw County.

## **Family Services**

- Washtenaw County Sheriff's Office 2201 Hogback Rd Ann Arbor, MI 48105
- Help mediate familial conflict in a safe space.
- Service price is negotiable.

#### **FASD Resources**

Fetal Alcohol Spectrum Disorders Clinic.....(734)232-1530

- Accepts most insurances
- Each appointment includes a review of the child's history and a physical exam with an emphasis on the phenotypic characteristics that can result from prenatal alcohol exposure. In addition, children will receive a neuropsychological evaluation to evaluate the neurocognitive and behavioral profile of children with suspected FASD. Patients will also have a coordinated assessment with Pediatric Genetics on the same day to evaluate potential genetic factors that may contribute to the child's developmental and behavioral presentation. The appointment will take approximately five hours total with a break in between the different parts. Based on the FASD, neuropsychological and genetics evaluations diagnostic impressions will be provided at the appointment; however, diagnosis, referrals and recommendations for continued care will be provided during a feedback visit. This will allow for the doctor to review results from the neuropsychological evaluation.
- Best way to communicate is via email: fas-clinic@med.umich.edu
- University of Michigan Hospitals
   1500 E Medical Center Dr.
   1924 Taubman Center SPC 5318
   Ann Arbor, MI 48109

#### **Foster Care Resources**

Foster Care Navigator Program. 1-855-MICHKIDS

- The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.
- http://www.fcnp.org/
- 3840 Packard Rd. Suite 170 Ann Arbor, MI 48108

<sup>\*</sup> These resources are adoption sensitive

Health Care Services
Corner Health Center
<ul> <li>Geared towards adolescents and young adults ages 12-21</li> </ul>
<ul> <li>Offers a full range of medical services.</li> </ul>
• 47 N. Huron St
Ypsilanti, MI 48197
Hope Medical Clinic
<ul> <li>Primary care for patients without insurance or the ability to pay for health care.</li> </ul>
<ul> <li>For children and adults.</li> </ul>
• \$5 donation for services requested but not required.  Packard Health(734)971-1073
<ul> <li>Primary medical care for adults and children.</li> </ul>
<ul> <li>Nutritional counseling.</li> </ul>
<ul> <li>Diabetes education.</li> </ul>
<ul> <li>Assistance applying for health coverage for the uninsured</li> </ul>
Regional Alliance for Healthy Schools
Willow Run Schools(734)961-6265
Scarlett Middle Schools(734)677-2708
Ypsilanti Middle School (734)714-1318 Ann Arbor Tech(734) 973-9167
Lincoln High School(734) 713-9107
Ypsilanti High School (734) 714-3007
Services include treatment of childhood illness and physical
exams/immunizations.
<ul> <li>For school age children and their siblings.</li> </ul>
<ul> <li>Most insurance is accepted. Will also see the uninsured.</li> </ul>
Nutrition
The Corner Health Center
Washtenaw County Health Department(734)544-6800
Psychiatrists
Dwarakanath Rao
• 555 East William
Suite 24-1
Ann Arbor, MI 48104
Accepts several types of insurance.
<ul> <li>Specializes in relationship issues, self esteem, and depression</li> </ul>
Jean-Paul Pegeron

1785 W. Stadium Blvd.
 Suite 201-D
 Ann Arbor, Michigan 48103

- Accepts several types of insurance
- Specializes in depression, loss or grief, and relationship issues

Michigan Integrative Psychiatry, PC
 107 Aprill Drive
 Suite 4
 Ann Arbor, Michigan 48103

- Specializes in depression, anxiety, and trauma/PTSD
- Accepts Aetna, Blue Cross/Blue shield, and Cigna insurance

\*Pamela V. Sohoni.....(734)677-5900

- 2020 Hogback Rd Suite 19 Ann Arbor, MI 48105
- Accepts Aetna and Principal Financial insurance
- Adoption sensitive

### **Runaway and Homeless Youth Services**

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- www.ozonehouse.org
- 1705 Washtenaw Ann Arbor, MI 48104

## Respite

CSTS......(734)973-4887

 Provides support to families with emotionally disturbed children and adolescents and serves families where a parent has a mental illness. Program works to match families with trained respite providers or may use family friends to assist. Vouchers for community activities are also sometimes available

# **School Help**

The Dispute Resolution Center......(734) 794-2125

- Helps to resolve conflicts in schools when a student has harmed another student or staff member.
- Assists parents in working with the schools to resolve conflicts surrounding IEPs, special education, school attendance, and other issues the family may be encountering.

# **Support Groups**

<sup>\*</sup> These resources are adoption sensitive

Catholic Social Services of Washtenaw County.....(734) 971-9781

- Professionally run groups for birth parents, adult adoptees, and adoptive parents.
- Free of charge
- Contact people: Elly Falit, MSW, LMSW, ACSW; Julie Payne, MSW,LMSW; Holly Nicewander, MSW, LLMSW
- Visit their website at www.csswashtenaw.org
- Location: 4925 Packard, Ann Arbor, MI, 48108

### CHADD......washtenaw-county@chadd.net

- Presentations and support group meetings for both Parents/Caregivers of Children with ADHD and Adults with ADHD living in the Washtenaw County area
- Location: WISD Building (Washtenaw Intermediate School District)
   Address: 1819 S. Wagner Rd., Ann Arbor, MI 48106
   Dates: 4th Tuesday of each month (beginning September 2012)
   Time: 7:00 pm 9:00 pm

- Professionally and parent run parent, children, LGBTQ support groups.
- No private insurance or medical subsidy accepted
- Contact: Kathi Nelson, LMSW (Hatw.nelson@att.net)

Fabulous Foster & Adoptive Parent Support Group.....(734) 644-1530

- Contact person: Christine Moellering
- Open to all foster and adoptive parents living in or working with an agency in Washtenaw County
- First Monday of the month
- 6:00-8:00pm
- Summers Knoll School 2203 Platt Road Ann Arbor, MI 48104

- Mindful Parenting groups are held on Saturdays from 1:00-2:30 pm throughout the year at Ann Arbor Consultation Services (www.a2consultation.com). Groups are six weeks in length and take place at our office at 3055 Plymouth Rd. in the basement conference room.
- http://a2mindfulparenting.com/

#### **Teen Resources**

- Ozone House is a community-based non-profit agency that helps young people lead safe, healthy and productive lives through intensive prevention and intervention services.
- Services offered include: 24-Hour crisis hotline (662-2222), individual and family therapy, case management, LGBTQ youth support, community education and outreach, drop-in center, street outreach, project SpeakOUT,

<sup>\*</sup> These resources are adoption sensitive

QueerZone, nightly hot meals and activities, and various emergency housing options.

### **Region 6 Resources**

### **Genesee County**

Cathalia Chamitian

### **Children with Special Needs**

Children's Special Health Care Services.....(810) 257-3146

- 630 S. Saginaw St Ste. 4 Flint, MI 48502
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### Counseling

Catholic Charities	. (810)232-9950
Community Mental Health Crisis Line (24 hour line)	(810)254-3740
*Dr. Elizabeth Rose	(810) 355-4654
• 12765 S. Saginaw Street	
Suite #301	
Grand Blanc, Michigan 48439	
*Dr. Harold S. Sommerschield	.(810) 643-1995
• 12809 S. Saginaw St.	
Suite 208	
Grand Blanc, Michigan 48439	
Family Service Agency	(810)767-4014
*Lutheran Social Services of Michigan	
Editician Social Sci vices of Michigan	(000) नन-1-0011

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect

(910)222 0050

<sup>\*</sup> These resources are adoption sensitive

Mi Families, Foster Care, SIL, Voluntary Young Adult Fost Adoption or Guardianship  • Accepts Medicaid and Medical Subsidy  • Behavioral Health services are offered through the LSSM of Harbor, Kalamazoo, Jackson, Ann Arbor, Troy  • 1803 Whites Road, Suite 5 Kalamazoo, MI 49008  • Email: CFtherapy@lssm.org  Mott Children's Health Center  *Rachelle McGarry  • Hillside Behavioral Center 8435 Holly Road Grand Blanc, Michigan 48439	office in Benton (810)768-7561
Shannon Laskey	(248) 593-2158
<ul> <li>Individual therapy, Family Therapy, Home-based services</li> <li>Accepts medical subsidy and will bill directly. Insurance not</li> <li>Contact: Shannon Laskey, MSW, LMSW (slaskey@orchard*Sherry Daniels</li></ul>	accepted. s.org) (810) 207-1672
<b>Employment Services</b>	
Job Corps  Michigan Works, Career Alliance.  Financial Aid	• •
Department of Human Services	
125 E. Union Street	(810)760-7300 (810)787-7101 (810)234-4693 (810)768-4675
Food Assistance	
Bread of Life Bristol Road Church of Christ Carriage Town Ministries * These resources are adoption sensitive	(810)238-3627
These resources are adoption sensitive	33

Catholic Outreach Crossover Downtown East Side Mission First Presbyterian Church GCCARD (Neighborhood Services) Genesee County Health Department Greater Flint Outreach Center	(810)234-2479 (810)767-5312 (810)234-8673 (810)768-4675 (810)237-4537	
Holy Angels	` '	
Love, Inc.		
My Brother's Keeper		
North End Soup Kitchen		
Outreach East		
Salvation Army Beecher Corps Kids Café	(810)789-4003	
Health Needs		
American Red Cross.		
Flint V.A. Outpatient Clinic	, ,	
Genesee County Free Medical Clinic	(810)235-4211	
Genesee County Health Department	(010)742 2255	
Burton Health Center.	` '	
McCree Health Center		
Genesee County Health Plan		
Hamilton Health Network		
MI Child Health Insurance.	` /	
Mott Children's Health Center		
Beecher Teen Health Center		
Northwestern Wellness Center	(810)/60-30/6	
Housing Assistance	(010) 220, 2070	
Affordable Living Services		
Catholic Outreach.	` /	
Disability Network		
Flint Housing Commission		
GCCARD	` '	
GCCARD(Neighborhood Service)		
Homes for Hope		
Human Relations Commission.		
Metro Community Development		
Mission of Peace		
Outreach East.	` '	
Salvation Army	· · · · · · · · · · · · · · · · · · ·	
UAW Labor Rep. At United Way.	(810)/02-3831	
Legal Services		
Lawyer Referral Service.		
Legal Services of Eastern Michigan	(810)/62-3831	

<sup>\*</sup> These resources are adoption sensitive

Material Goods	
Bristol RD Church of Christ	
Carriage Town Ministries. (810)233-8787	
Eastside Mission. (810)767-5312	
Greater Flint Outreach Center. (810)767-4064	
Heartbeat. (810)232-3101	
Love, Inc	
St. Vincent DePaul	
Post Adoption Services Ennis Center for Children-Flint(810) 233-40	)31
Psychiatrists	
Ellen Johnson(810) 232-995	50
Catholic Charities	
901 Chippewa St Suite 1	
Flint, MI 48503	
Child and adolescent psychiatrist	
Accepts CIGNA insurance	
Janet G. Warner	62
Consumer Services Psychiatric Clinic	
4400 S Saginaw St Suite 1400	
Flint, MI 48507	
Child and adolescent psychiatrist	
<ul> <li>Accepts a wide variety of health insurance</li> </ul>	
Nikhil K. Vora	70
• 1125 S Linden Rd Suite 210	
Flint, MI 48532	
Child and adolescent psychiatrist	
<ul> <li>Accepts a wide variety of insurances.</li> </ul>	
1	
Runaway and Homeless Youth Services	
Genesee County Youth Corporation(810)233-87	'OO
• Crisis based services available to youth between the ages of 12 and 17, their	
siblings and families.	
• 914 Church St	
Flint, MI 48502	
Respite  Conseque Country CMII Child & Adalascent Services (810) 257.26	76
Genesee County CMH Child & Adolescent Services(810) 257-36	)/0
• 1102 Mackin Rd	
Flint, MI 48503	
Support Groups	
Catholic Charities(810) 232-9950 ext.	. 378
Kinship support group	
<ul> <li>Meeting Location: Bunche Elementary</li> </ul>	
1. Teeting Docution, Dunone Diementary	

\* These resources are adoption sensitive

- Time: 3rd Wednesday of each month
- Contact: Gregory Wilson

- Support groups for parents, children, and teens.
- Parenting skills classes and home-based services available.
- Free service
- Contact Person: Cindy Nelson-Pouget, LMSW

## **Huron County**

## **Children with Special Needs**

Children's Special Health Care Services......(989) 269-9721

- 1142 S. Van Dyke Bad Axe, MI 48413
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### Counselors

Huron County Community Mental Health Services.....(989) 269-8452

• 1108 S Van Dyke Rd Bad Axe, MI 48413

Linda Sarigiannis.....(989)856-7855

• 7041 Main St Caseville, Michigan 48725

<sup>\*</sup> These resources are adoption sensitive

Specializes in depression and family conflict
<ul> <li>Accepts a wide variety of insurances.</li> </ul>
*Tammy L. McPherson(989) 269-5180
• 117 S. Port Crescent
Bad Axe, MI 48413
*Trevor Grice(989) 975-0651
List Psychological Services
7484 West Michigan Avenue, Suite C
Pigeon, MI 48755
Psychiatrists
Barbara Mary Davenport(989) 269-9293
Huron Behavioral Health
1108 S Van Dyke Rd
Bad Axe, MI 48413
Javed Haque(989) 269-9293
Huron Behavioral Health
1108 S Van Dyke Rd
Bad Axe, MI 48413
Yolanda C Edler(989) 269-9293
<ul> <li>Huron Behavioral Health</li> </ul>
1108 S Van Dyke Rd
Bad Axe, MI 48413
<ul> <li>Accepts Aetna insurance</li> </ul>
Respite
Michigan Department of Human Services, Huron County (989) 269-9201
• 1911 Sand Beach Rd
Bad Axe, MI 48413
Support Groups
Adoption, Foster Care, and Kinship Support Group(989) 269-2369
<ul> <li>Meeting Location: China King (restaurant), in Bad Axe</li> </ul>
• Time: 2 Tuesday of the month, 12-2 or 3
Contact: Amy Van Tifflin
Caseville United Methodist Church
<ul> <li>Depression support group</li> </ul>
<ul> <li>First and third Tuesday of every month at 7pm</li> </ul>
• 6490 Main St.
Caseville, MI 48725

# **Lapeer County**

# **Children with Special Needs**

Association for Retarded Citizens (ARC) Downriver......(734) 283-0710

- Various social events including weekly game night, movie night, club night, and sporting events.
- Yearly membership fee of \$30. Small fees (less than \$5) for certain social events.
- Serves adolescents and teenagers.

- 1800 Imlay City Road Lapeer, MI 48446
- Coverage and referral for specialty services based on the person's health problems.

<sup>\*</sup> These resources are adoption sensitive

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Counseling 456 N. Main St. Lapeer, MI 48446 \*Amy Bolton.....(734)726-0406 • Adoption sensitive therapist • 2242a W. Jefferson Trenton, MI 48183 (Waterford).....(248) 666-8870 Licensed/certified therapists can treat conditions including, but not limited to, anxiety, stress, depression, eating disorders, child and teen behavior issues, marital and relationship issues, family conflict, post-trauma, anger management, grief & loss, and alcohol & drug addiction. \*Christine Fisk......(248) 561-7308 • cfisk@wideopenwest.com • 85 Crestfield Ave Troy, MI 48085 \*Clifford Stevens....(810) 844-1939 Personal Professional Counseling 325 N. Main St. Suite A Davison, Michigan 48423 Adoption sensitive • Betz King & Associates 26105 Orchard Lake Rd Suite 204 Farmington Hills, MI 48336 \*Kimberly Owen.....(810) 538-0229 Concepts in Counseling 608 Fox Street

Lapeer, MI 48446

\*KKT Counseling, LLC....(248) 563-7288

- karolteetor@gmail.com
- 3563 Summit Ridge Rochester Hills, MI 48306

<sup>\*</sup> These resources are adoption sensitive

Lapeer County Community Mental Health (810) 667-0500
• 1570 Suncrest Dr.
Lapeer, MI 48446
*Liz Grazioli Talbot(888)245-3115
Adoption sensitive
Kairos Counseling Center
71 N. Livernois Ave
Suite F
Rochester Hills, MI 48307
*Lynn Hartung(248) 681-0018
Adoption sensitive
Office located in Waterford
*Dr. Marshall Maldaver(248)567-2265
Adoption sensitive
<ul> <li>The Center for Psychological Services</li> </ul>
4950 Highland Rd
Waterford, MI 48328
* Nalo Therapy Center
Individual therapy, family therapy
Childhood Sexual Abuse support group
• Accept Medicaid and private insurance (Blue Cross Blue Shield, McLaren,
Blue Care Network, Aetna, Cofinity, and HAP) and will accept medical
1 1 1 1 111 4 1 11 11 4
subsidy and willing to bill subsidy directly.
*Dr. Natasha Kendal(248) 716-5392
*Dr. Natasha Kendal
*Dr. Natasha Kendal. (248) 716-5392  • Adoption sensitive • Office located in West Bloomfield  *Randall Cripe. (248)763-6490  • Trauma informed therapist • Clear Life Services
*Dr. Natasha Kendal. (248) 716-5392  • Adoption sensitive • Office located in West Bloomfield  *Randall Cripe. (248)763-6490  • Trauma informed therapist • Clear Life Services     33634 W 8 Mile Rd     Suite 31     Farmington Hills, MI 48335  *Tina Marie Balla-Cyman. (810) 545-8967 • Simon Says Services     4683 Water Street, Suite 1     P.O. Box 247     Columbiaville, Michigan 48421  *Dr. Wendy Essenburg. (248) 955-5909 • Adoption sensitive • Agape Family Counseling     1460 Walton Boulevard

<sup>\*</sup> These resources are adoption sensitive

Faith Based Resources Northridge
<ul> <li>Offers support groups and other resources for adoptive families</li> <li>49555 N.Territorial Rd Plymouth, MI 48170</li> </ul>
Post Adoption Services  LDS Family Services (248) 553-0902
Psychiatrists Dr. Allan Keith Thorburn(810) 667-0500
Lapeer County Community Mental Health Center     1570 Suncrest Dr     Lapeer, MI 48446
*Dr. Bruce L Roth
<ul> <li>Adoption sensitive</li> <li>Commerce Psychiatric Services</li> <li>55 N Pond Dr.</li> <li>Suite 6</li> <li>Walled Lake, MI 48390</li> </ul>
Dr. Gail E Stankee
<ul> <li>Robert Lawrence Lawton</li></ul>
Respite  Michigan Department of Human Services, Lapeer County
Support Groups  Adoptive, Foster, and Kinship Parent Support Group
* These resources are adoption consisting

	(Birmingham)(248) 542-2178
	Or (248) 225-7989
	Or (248) 763-3080
(Troy)	(248) 892-4132
Methodist Children's Home Society.	(313) 531-9900
Wolverine Human Services	(734) 284-9688

#### **Youth Resources**

 The Starfish Family Services Crisis Shelter (formerly known as Counterpoint) helps families work through sensitive problems in a safe environment while offering temporary shelter and other counseling services to teens to help resolve family issues.

The center offers:

- A shelter to provide youth with a safe place to stay for two weeks when they or their families experience crisis, abuse or homelessness
- Individual and group counseling to help youth understand and cope with their problems, and to find healthy ways to deal with issues
- Family involvement and counseling to help develop problem solving and coping skills to strengthen families
- Prevention education to help resolve issues before they become serious problems
- Weekly counseling for youth and families who still need help working through difficulties at home

# **Macomb County**

#### **Child Care Referral**

Great Start Connect	
Macomb Family YMCA	
Child Neglect and Abu	se
Care House.	(586)463-0123

<sup>\*</sup> These resources are adoption sensitive

- Care House offers services to help and support families dealing with the trauma of child abuse. If you are a parent or caregiver concerned about possible abuse to your child, Care House is available to assist your family in a variety of ways. We offer:
  - prompt, relevant responses to questions related to child abuse issues,
  - crisis and emotional support, and

connections to appropriate investigative agencies.

CPS(Reporting suspected abuse and neglect)................... (855)444-3911

## **Children with Special Needs**

ARC Services of Macomb, Inc......(586)469-1600 (Serving persons with developmental disabilities)

• Some of the services provided include:

Monthly Support Meetings

Informational / Educational Meetings

Private Movie Showings

**Holiday Parties** 

Annual Family Enrichment Camp Weekend

Picnics, walks/runs, walking in parades, etc.

- 25401 Harper Rd St. Clair Shores, MI 48081
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

- 5447 Woodward Detroit, MI 48202
- http://www.detroitchildren.org/
- To care for children with physical or developmental disabilities, neurological
  or behavioral special needs in a way that is positive, passionate, integrated and
  family-centered so that the children can maximize their potential within their
  families and the community.
- Rehabilitation Services physical therapy, occupational therapy, speech/language pathology,

<sup>\*</sup> These resources are adoption sensitive

- Assistive technology services Activities of Daily Living (ADL) Clinic, Seating and Mobility Clinics, and orthotics.
- School Services: Through our contracted services, we are able to provide direct treatment, consultation and evaluation, as well as staff/teacher inservices on-site to schools and agencies for children with special needs. Our staff serves children enrolled in all special education programs from Early Intervention to the high school level throughout Wayne, Oakland and Macomb counties.

# **Community Mental Health**

ACCESS Center.	(586)948-0222
Counseling Services	
BirthRight of Macomb County (crisis pregnancy assistance)	(586)254-5930
CARE, www.careofmacomb.com,	(586)541-0033
(teen counseling, parent/family education)	
Catholic Services of Macomb.	(586) 416-2300
Clinton Counseling Center	(586)468-2266
Down River Community Services	(810)794-4982
Harbor Oaks Pioneer Counseling Center:	
Clinton Township	(586)263-1234
Sterling Heights	(586)795-0569
*Dr. James F. Zender	(586) 804-5724
<ul> <li>Trauma informed therapist</li> </ul>	
• 117 Cass Avenue	
Suite 204	
Mount Clemens, MI 48043	
Judson Center	
*Lutheran Social Service	(248)423-2785
Macomb County Crisis Center (24 hour counseling)	. ,
*Maria Pappas	(586) 745-1749
<ul> <li>Adoption sensitive therapist for parents</li> </ul>	
<ul> <li>Metamorphosis Counseling</li> </ul>	
20816 Eleven Mile Road	
Suite 107	
Saint Clair Shores, MI 48081	
*Marla K Ruhana	(586) 799-2890
<ul> <li>Adoption sensitive</li> </ul>	
<ul> <li>25490 Little Mack</li> </ul>	
Saint Clair Shores, MI 48081	
New Haven Community Services.	
Parent Helpline (24 hour crisis line).	
Runaway (Runaway Squad, troubled children/teen issues)	
*Sherry L. Carson	(586) 330-9909

<sup>\*</sup> These resources are adoption sensitive

- Adoption sensitive
- Family & Personal Growth 37040 Garfield Rd T-5 Clinton Township, MI 48036

#### **Financial Assistance**

Michigan Department of Human services- Adoption Subsidy Program (517) 241-0455

## **Legal Services**

Legal Aid and Defender (LAD) ......(313)967-5555

- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
- 613 Abbott Street Detroit, MI 48226
- http://ladadetroit.org/

## **Psychiatrists**

Richard Ruzumna (248) 793-9128

- 29260 Franklin Road Suite 104 Southfield, Michigan 48034
- Able to work with adolescents and teenagers.

# Respite

Macomb Oakland Regional Center (MORC).....(586) 263-8909

• Children's Waiver Program: This is a federal entitlement program for children with developmental disabilities and complex medical and or behavioral needs. For eligible participants, services include family and staff training and specialty services that could include nursing, speech, recreational, and dietary. The program also helps with community living supports, transportation, respite care, durable medical equipment and accessibility adaptations. This program is not available to children with Medicaid or MIChild insurance.

# **Runaway and Homeless Youth Services**

Comprehensive Youth Services, Inc.- Family Youth Interventions......(586)465-1212

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.familyyouth.com
- 2 Crocker Blvd Suite 103

<sup>\*</sup> These resources are adoption sensitive

# Mount Clemens, MI 48043

Runaway Assistance Program	(800)292-4517
Support Groups	
Catholic Services.	(586) 416-2300
Family Adoption Consultants- Utica	(586) 726-2988
Michigan Association of Single Adoptive Parents	(586) 758-6909
• A support group for single adoptive parents and mee	t regularly for dinner.

- No charge for services
- Contact: Janet Way, President, Adoptive Parent
- Location: 7412 Coolidge Center Line, MI 48015

Michigan Association of Foster, Adoptive and Kinship Parents..... (269) 637-5093

- Retention and empowerment of families to successfully parent all children placed in their care by providing training, advocacy, legislation, and support groups.
- Visit their website at www.mafak.msu.edu

# **Sanilac County**

# **Counseling**

5 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
Colonial Woods Christian Counseling Center(810) 375-7471
<ul> <li>Most insurance accepted</li> </ul>
• 1101 Military Street
Port Huron, Michigan 48060
Jeff Thompson
<ul> <li>Accepts insurance</li> </ul>
<ul> <li>Specialize in children and anger management</li> </ul>
*Mary Lambe(810) 622-7805
<ul> <li>Specializes in family issues, emotional upsets, and ADD</li> </ul>
Sanilac County Community Mental Health (810) 648-0330
* These resources are adoption sensitive

\*Tammy L McPherson....(989) 269-5180

• 1240 W Sanilac Rd Sandusky, MI 48471

\*Thumb Area Counseling Center.....(810) 648-4303

• 119 E Sanilac Rd #3

Sandusky, MI 48471

### **Psychiatrists**

Sanilac County Community Mental Health......(810) 648-0330

### Respite

Michigan Department of Human Services, St Clair/Sanilac County...(810) 966-2000

• 220 Fort Street Port Huron, MI 48060

## **Support Groups**

Community Counseling and Mentoring Services.....(810) 648-9484

- 6 Lexington St Sandusky, MI 48471
- Parent Education Group: This 8-week course offers two-hours weekly of direct parenting education in a group setting. Referral to the group also includes an outreach worker who provides in-home instruction and follow-up to the concepts presented in class.

# St. Clair County

# **Children with Special Needs**

Children's Special Health Care Services......(810) 987-6102

- 3415 28<sup>th</sup> Street Port Huron, MI 48060
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Counseling**

Community Counseling and Mentoring Service.....(810) 987-2681

 Parenting skills classes, Individual therapy, Family therapy, Home-based services, Youth Mentor services, Child of Divorce group, Parenting Time assessment, Life skills program, Independent Living Skills, Anger Management Group and Supervised Visitation

<sup>\*</sup> These resources are adoption sensitive

<ul> <li>* NorServ Group, Ltd</li></ul>
Psychiatrists  Eastwood Clinics
Respite  St. Clair County Community Mental Health
Runaway and Homeless Youth Services  Comprehensive Youth Services, Inc. – The Harbor

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.familyyouth.com
- 2 Crocker Blvd Suite 103 Mount Clements, MI 48043

# **Support Groups**

Al-Anon....(989) 823-3243 Or (989)670-1605

<sup>\*</sup> These resources are adoption sensitive

Various locations and meetings throughout Port Huron are opened to those who know or think that their life is or may have been affected by someone else's excessive drinking Anger Management for Children (989) 635-7137 Autism Society of America......(810) 357-1679 Or (586) 447-8835 Autism Support......mamaonamissionforautism@yahoo.com Children's Domestic Violence Support Group.....(810) 985-4950 Domestic Violence Support Group.....(810) 667-4175 RAINN (National Sexual Assault Hotline).....(800) 656-HOPE • Sexual assault group for adolescents **Tuscola County Children with Special Needs** Children's Special Health Care Services.....(989) 673-8114 ext. 145 1309 Cleaver Caro, MI 48723 • Coverage and referral for specialty services based on the person's health problems. Family centered services to support you in your role as primary caretaker of your child. Community based services to help you care for your child at home and maintain normal routines. • Culturally competent services which demonstrate awareness of cultural differences. Coordinated services to pull together the services of many different providers who work within different agencies. Counseling New Light Child & Family Institute. (989) 871-6695 Family and individual counseling \*Rebecca Ducham....(989) 673-5700 • 467 N. State St Caro, Michigan 48723 \*Tammy Birkenmeier....(989) 871-6695 • 8361 Ellis Rd Millington, Michigan 48746 Tuscola Community Mental Health Authority.....(989) 673-6191 323 N State St Caro, MI 48723 **Psychiatrists** Laurence Tan Co.....(989) 673-3191

\* These resources are adoption sensitive

2000 Chambers Rd Caro, MI 48723 Norbert O Anderson....(989) 673-3191 • Caro Center 2000 Chambers Rd Caro, MI 48723 William Francis Clark.....(989) 673-3191 • Caro Center 2000 Chambers Rd Caro, MI 48723 **Respite** Michigan Department of Human Services, Tuscola County...... (989) 673-9100 1365 Cleaver Rd Caro, MI 48723 **Support Groups** 

• 429 Montague Avenue Caro, MI 48723

Caro Center

• Abuse/violence related support groups

## **Surrounding Counties**

# **Allegan County**

### **Children with Special Needs**

Children's Special Health Care Services.....(269)673-4172

- 3255 122<sup>nd</sup> Ave Suite 200 Allegan, MI 49010
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### Counseling

Allegan County Community Mental Health(269) 673-6617
* Bethany Christian Services. (616) 396-0623
• Specialized trauma treatment for children 3-18 who have been adopted
Most insurance accepted
Ability to pay scale
*Bettye Jo Bell, LLP(616) 355-7720
• <u>bjbell@tds.net</u>
• 375 Fairbanks Suite 102
Holland, MI 49423
Catholic Charities of West Michigan(616) 796-9595
Catholic Family Services(269) 381-9800
Ottagan Addictions Recovery
Pathways of Michigan(616) 396-2301
Seeds of Grace
WMU Clinic for Counseling and Psychological Services
Psychiatrists
Allegan County Community Mental Health(269) 673-0202
• 3285 122nd Avenue
P.O. Drawer 130
Allegan, MI 49010
Respite
Allegan County Community Mental Health(269) 673-0202

<sup>\*</sup> These resources are adoption sensitive

3285 122nd Avenue
 P.O. Drawer 130
 Allegan, MI 49010

### **Support Groups**

- Sliding fee scale
- Most insurance accepted, but not Blue Cross/Blue Shield

### **Bay County**

### **Children with Special Needs**

- 1200 Washington Ave. Bay City, MI 48708
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### Counseling

Bay-Arenac Behavioral Health Authority (CMH).....(989) 895-2300 Bay City Counseling and Wellness Center....(989)372-0950

- 2010 15th Street Bay City, Michigan 48708
- Sliding scale
- Specializes in relationship issues

## **Parenting Classes**

- A 15-week parenting education series offered to parents who have young children age birth to three years.
- A trained parenting staff person from the MSU Extension visits families 1:1 in their home to discuss parenting, child development, child safety, nutrition, reading to your child, connecting with community resources, handling difficult behavior, etc.
- Contact Ann Arnold or Karen Gentle
- \* These resources are adoption sensitive

Family Enrichment Classes	
• Eight-week parenting series offered by the YWCA of Bay County throughou	t
the year.	
<ul> <li>Classes meet in the evening and include dinner.</li> </ul>	
<ul> <li>Assistance with childcare and transportation in provided</li> </ul>	
<ul> <li>No charge for the group</li> </ul>	
Parenting Angry and Defiant Kids	
<ul> <li>An eight week series for parents to learn how to cope with and effectively</li> </ul>	
parent angry and defiant kids	
<ul> <li>Contact Bay Arenac Behavioral Health</li> </ul>	
Parenting with Love and Logic	
• A 7 week parenting series offered by MPA Group Ltd. throughout the year.	
<ul> <li>Educational course that offers fun and easy to use parenting techniques to use</li> </ul>	•
with children of all ages.	
• Free for those with Medicaid.	
<ul> <li>Scholarships available.</li> </ul>	
Contact Michelle Richards	
Post Adoption Services	
Catholic Family Services of the Diocese of Saginaw(989) 892-1923	
Cutione I unity Services of the Diocese of Sugmaw(909) 072 1725	
Psychiatrists	
Chalichama Rao	
Saginaw Psychological Services	
1000 N Johnson St	
Bay City, MI 48708	
Accepts Aetna, CIGNA, Coventry Health Care, Medicare, MultiPlan,      Dringing Linear sigland United Health Care, incorporate	
Principal Financial, and United Health Care insurance Hema N. Talasila(989)799-5440	
• 200 S Wenona St Suite G29	
Bay City, MI 48706	
Accepts Aetna, AmeriGroup, Blue Cross/Blue Shield, CIGNA, Commercial	
Insurance Company, HealthNet, Medicare, MultiPlan, and Principal Financia	1
insurances.	•
Philip L. Creps	
List Psychological Services	
126 Washington Ave	
Bay City, MI 48708	
Specializes in pediatric and adolescent psychiatry  Sachin B. Nagarkar(989) 799-9230	
<ul> <li>Specializes in pediatric and adolescent psychiatry</li> </ul>	
• Specializes in pediatric and adolescent psychiatry Sachin B. Nagarkar(989) 799-9230	
<ul> <li>Specializes in pediatric and adolescent psychiatry</li> <li>Sachin B. Nagarkar</li></ul>	

<sup>\*</sup> These resources are adoption sensitive

Venkat Talasila....(989)667-9661 • MPA Group 1217 S Euclid Ave Bay City, MI 48706 • Specializes in pediatric and adolescent psychiatry • Accepts Aetna, Blue Cross and Blue Shield, CIGNA, and MultiPlan Respite Family Support.....(800)448-5498 Family Support provides case coordination, counseling and respite to children (and their families) who have a developmental disability such as Mental Retardation, Autism, Epilepsy or Cerebral Palsy). Services may be requested by calling http://www.babha.org **Runaway and Youth Services** Cory Place...(989)895-5566 • Crisis based services available to youth between the ages of 12 and 17, their siblings and families. • 581 N. Scheurmann Rd Bay City, MI 48708 Monthly support group for family, parents, friends, and advocates of the mentally disable at 7:00pm • ARC office 708 Columbus Ave **Bay City** Children and Adults with Attention Deficit Disorders (CHADD).....(989)737-0735 Monthly meetings held at the Grace A. Dow Library Lounge in Midland from 7-9pm. • This group is designed to provide education and support • Contact person is Sabrina Frawley Franklin Sollars and Associates.....(248) 841-8169 • Caregiver's Support Group: This group is ongoing, and is designed to provide support for caregivers of all kinds Insurances are accepted, and a sliding scale is available if needed for cash members. Kinship......(517) 894-1068 This group is a great way to meet others who are raising grandchildren, nieces, nephews, siblings, and other children of relatives.

<sup>\*</sup> These resources are adoption sensitive

- The group focuses on topics of interest to kinship care families including resource information, educational presentations, and connection to other families raising related children and socialization.
- The group meets every Wednesday from 9:30-11:00am at St. Bonifice Parish Center (corner of McKinley & Lincoln).
- No charge
- Contact Nancy

- Meets during the school year one evening per week at the Boys and Girls Club in Bay City.
- Groups include guest presenter, information on effective parenting strategies, problem solving, networking with other parents, and resource information.
- No charge to attend and no registration is required

### **Clinton County**

### **Child Abuse/Neglect and Prevention**

Clinton County Family Resource Center	(989) 224-1173
Clinton County Protective Services	(989) 224-5500
•	24 Hour Line(989) 224-7684

### **Children with Special Needs**

- 1307 E. Townsend Road St. Johns, MI 49738
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Project Find......(800) 252-0052

### Clothing, Furniture and/or Emergency Needs

St. Vincent DePaul (St. Johns)......(989) 224-8994

### **Counseling Services**

Clinton-Eaton-Ingham Community Mental Health.....(517) 346-8200

\* These resources are adoption sensitive

• 812 E. Jolly Rd	
Lansing	
* Elizabeth Waiess	
Executive Office Park and Conference Center	
4790 Northwind Drive	
Suite 210	
East Lansing, Michigan 48823	
Specializes in trauma/PTSD, school concerns, and anxiety  A property of the Content of the	
<ul> <li>Accepts Blue Cross/Blue Shield, Magellan Behavioral Health, McLaren, and Medicare insurance.</li> </ul>	L
* Jacqueline Himelright(517) 292-4530	
• 13980 Schavey Rd	
Dewitt, MI 48820	
<ul> <li>Specializes in relationship issues, parenting, and adoption</li> </ul>	
<ul> <li>Accepts insurance and uses a sliding scale.</li> </ul>	
* Jennifer K Ogle	
• 4123 Okemos Road	
Eastbrook Plaza	
Okemos, Michigan 48864	
• Accepts insurance	
<ul> <li>Specializes in child and adolescent behavioral issues and trauma/PTSD</li> </ul>	
Kay Janet Pratt(517) 376-4926	
• 3640 E Arbutus Drive	
Okemos, Michigan 48864	
<ul> <li>Specializes in depression, relationship issues, and anxiety</li> </ul>	
<ul> <li>Accepts many types of insurance and uses a sliding scale</li> </ul>	
*Ross Beckley(586) 291-9744	
• rabeckley@comcast.net	
• 43475 Dalcoma Drive, Suite 210	
Clinton Township, MI 48038	
Emergency Shelters	
RAVE (Relief After Violent Encounter)(989) 224-7283	
Mentoring	
Big Brothers/Big Sisters of St Johns	
Psychiatrists	
Zulfiqar Ahmed(517)618-0934	
Healthy Minds	
240 S Bridge St	
Suite 220	
Dewitt, Michigan 48820	
<ul> <li>Accepts several types of insurance</li> </ul>	
* These resources are adoption sensitive	78

### Respite

LAP Respite Center.....(517) 372-6671

- <u>In-Home Program</u>: Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the families wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- Respite House Program: Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- After School Program: Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student to care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.
- 840 E Mt. Hope Suite 101 Lansing, MI 48910

# **Support Groups**

Clinton County Foster/Adoptive Support Group.....(517) 668-0185

# **Ionia County**

# **Children with Special Needs**

- 175 E. Adams Ionia, MI 48846
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.

<sup>\*</sup> These resources are adoption sensitive

- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Counseling**

- \* Douglas W. Bentley.....(616) 777-7735
  - Inner Access Therapy Center, LLC 112 S Depot Ionia, Michigan 48846
  - Accepts a wide variety of insurance
  - Specializes in depression and trauma/PTSD

• 375 Apple Tree Dr. Ionia, MI 48846

Psychotherapy Services of Rockford, LLP......(616)439-0891

- 16 N Monroe Street Rockford, Michigan 49341
- Accepts a wide variety of insurance

### **Psychiatrists**

Inner Access Therapy Center.....(616) 527-2619

• 227 W Main St Ste 235 Ionia, MI 48846

# **Respite Services**

• 920 E Lincoln Ionia, MI 48846

# **Support Groups**

- Friendship Group: works with children on development of their friendship and social skills
- Cost: \$40-50
- Every other Saturday from 10am-11am
- Location: 29260 Franklin Road Suite 110
   Southfield, Michigan 48034

<sup>\*</sup> These resources are adoption sensitive

### **Kent County**

# **Children with Special Needs** • 700 Fuller Ave. NE Grand Rapids, MI 49503 • Coverage and referral for specialty services based on the person's health problems. • Family centered services to support you in your role as primary caretaker of your child. • Community based services to help you care for your child at home and maintain normal routines. Culturally competent services which demonstrate awareness of cultural differences. • Coordinated services to pull together the services of many different providers who work within different agencies. **Counseling** \*Barbara Clayton Price.....(616)920-0244 • Adoption sensitive **BD Price Professional Services** 1500 East Beltline Suite 105 Grand Rapids, MI 49506 \*Brandon Lyon.....(616) 920-0043 • Adoption sensitive therapist for adolescents and teenagers. • BRAINS, LLP 3351 Eagle Park Dr. NE Suite C Grand Rapids, MI 49525 Community Mental Health-Grand Rapids.....(616)336-3765 790 Fuller Avenue NE Grand Rapids, MI 49503 • Individual therapy, family therapy, and home-based services • Parent and professional run support groups, and special needs. • Insurance accepted. Does not accept medical subsidy Greater Hopes Family Services, Inc.....(616) 451-0245 • Family and individual counseling. • Parent Support Groups \* Joseph Kohley, MSW, ACSW, CACII.....(616) 261-0888 • 2976 Ivanrest Avenue, Suite 205

\*Dr. Katie Bozek.....(616)541-5812

Grandville, MI 49418

<sup>\*</sup> These resources are adoption sensitive

• 4403 Cascade Rd
Suite 6
Grand Rapids, MI 49546
• Specialties include adoption-related issues, couple concerns, parenting concerns,
and issues related to trauma.
*Laura Hockenberry
Specializes in PTSD, sexual abuse, and traumatic loss
983 Spaulding Ave SE  Ada MI 40201
Ada, MI 49301 *Leah Brouwers, MA
<ul> <li>thetherapyclinic@aol.com</li> <li>2882 Thornhills Ave</li> </ul>
• 2882 Thornhills Ave Grand Rapids, MI 49546
*Miriam Engler(616) 920-0891
• Specializes in adoption issues and Fetal Alcohol Spectrum Disorder issues in the
family system.
• 4519 Cascade SE
Grand Rapids, MI 49546
*Dr. Robert J. Baird
Offers counseling to victims of sexual abuse.
Human Resource Associates
161 Ottawa Avenue NW
Waters Building Suite 300C
Grand Rapids, MI 49503
*Ruth Kohley, MSW(616) 261-0888
• 2976 Ivanrest Avenue, Suite 205
Grandville, MI 49418
Wedgwood Christian Services
<ul> <li>Parenting skills classes, individual therapy, family therapy, home-based services,</li> </ul>
referral to mentors such as Big Brothers Big Sisters, and resource library.
• Professional-run support groups for parents, children and attachment needs on an
as-needed basis for enrollee's only
Post Adoption Services
Families Through Adoption, Inc
ADOPTS Program(248) 414-4080
Psychiatrists
Clinical Psychiatric Medical Practice(616) 457-1889
• 4565 Wilson Ave Sw Ste 4
Grandville, MI 49418
<ul> <li>Accepts Blue Cross/Blue Shield, Aetna, CIGNA, and Humana insurance.</li> </ul>
Pine Rest Christian Health(616) 455-5000
• 300 68th St Se
Grand Rapids, MI 49548
* These resources are adoption sensitive 82

• Accepts Wellpoint, Blue Cross/Blue Shield, Aetna, and Magellan insurance
Pine Rest Southwest Clinic
• 4211 Parkway Pl Sw Ste 100
Grandville, MI 49418
Psychiatric Associates
• 1403 60th St Se
Grand Rapids, MI 49508
<ul> <li>Accepts Blue Cross/ Blue Shield, Aetna, and Humana insurance</li> </ul>
Spectrum Community Services(616) 454-7077
• 3353 Lousma Dr Se
Grand Rapids, MI 49548
<ul> <li>Accepts Value Options insurance</li> </ul>
Respite
Smith Regional Respite
• 9656 68 <sup>th</sup> Ave
Allendale, MI
Generally receive most client referrals from Community Mental Health
(CMH) agencies and contract with them for direct payment. However, they
also accept private pay and have even set up payment contracts with
individual insurance companies in the past.
<ul> <li>Cost is set by the Medicaid screen at:</li> </ul>
10.68/hr. for 1:M care
14.24/hr. for 1:1 care
16.04/hr. for 1:M care Holiday
21.36/hr. for 1:1 care Holiday
Runaway and Homeless Youth Services
Arbor Circle: The Bridge(616) 451-3001
• Crisis based services available to youth between the ages of 12 and 17, their
siblings and families.
• www.arborcircle.org
• 1115 Ball Avenue NE
Grand Rapids, MI 49505
Coverage Area: Ottawa, Kent, Ionia, and Montcalm
Support Groups
Adoptive Family Support Network
Parenting skills classes, home-based services, parent-run support groups for
parents, special needs, transracial families. Attachment focused.

- No insurances accepted. Services are offered for free or a minimal fee for families.
- Visit their website at www.afsn.org
- Location: 233 Fulton St. East

<sup>\*</sup> These resources are adoption sensitive

Suite 124
Grand Rapids, MI 49503
ADOPTS Program(248) 414-4080
• Specialized therapy program for pre and post-adoptive children ages 8-17, that
have experienced some type of trauma in their lives.
Contact: Pamela O'Berry
Families for International Children (FFIC)
<ul> <li>Parent, Children, Transracial, Attachment focused, self help support group</li> </ul>
<ul> <li>No charge for services</li> </ul>
<ul> <li>Contact Person: Jessica Lyons, President (<u>pres@fficgr.org</u>)</li> </ul>
Grandparents Raising Grandchildren Educational Support Group(616) 234-3483
<ul> <li>Meeting Location: Wealthy (1154 Wealthy St. SE, Grand Rapids MI 49506</li> </ul>
• Time: the second Tuesday of each month from 9:00 to 11:00 AM
<ul> <li>Contact: Michael Faber 616-234-3483 or mfaber@grcc.edu</li> </ul>
Leonard Street Counseling(616) 464-2946 ext 194
Kinship support group
<ul> <li>Meeting Location: St. Andrews Episcopal 1025 Three Mile Rd. N.E. Grand</li> </ul>
Rapids, MI. 49505
• Time: 1st teen Monday (for example, if a there was a Monday Oct. 12 or Mon.
Oct.19, the meeting would be on the 19th. 12 is not a teen) of the month 6-8pm
• Contact: Sharon Briggs at 616-464-2946x194 sharonbriggs@cherryhealth.com
• Warm Line: Mandy McGregor 954-1991x203 mandym46@yahoo.com
Singles Adopting from Everywhere
The Clark Institute
Child and Adolescent Group  Grant #20 #40
• Cost: \$30-\$40
<ul> <li>Groups throughout the week at various times.</li> </ul>

# Oakland County

C-5

# **Children with Special Needs**

Abilities Center.....(248) 926-0909

• 2075 E. West Maple Road Suite B-204 Walled Lake, MI 48390

- Offers enrichment classes, specialty programs, summer support services, occupational therapy, physical therapy, speech language pathology, psychological services, nutritional therapy, and educational tutoring.
- www.abilitiescenter.com

Amazing Wings Therapeutic Riding Center.....(810) 636-5111

Location: 600 Broadway Ave NW

Grand Rapids, Michigan 49504

<sup>\*</sup> These resources are adoption sensitive

- 9500 S. State Road Goodrich, MI 48438
- Equine assisted activities and therapy programs for children with disabilities and special needs
- Occupational therapist on staff
- Year-round programs
- www.amazingwingsinc.com

### Autism ASK.....(248) 618-1275

• 4345 Meigs Avenue

Suite A

Waterford, MI 48329

- Serving the autism spectrum community through advocacy, support and knowledge
- Year-round services including individual counseling for parents, consultation for families and service providers, workshops, resource provision and community collaboration
- Transition Exploration program for high school students with
- Asperger's to experience their community and explore their future goals
- www.autism-ask.com

Banbury Cross Therapeutic Equestrian Center.....(248) 628-7433

- 1223 Brauer Road Oxford, MI 48371
- Therapeutic riding classes for children with both physical and mental disabilities
- Programs are offered year round
- Ages 4 and older

Beaumont Children's Hospital Center for Children's Rehabilitation.....

Royal Oak......(248) 655-5823 West Bloomfield.....(248) 855-4867

- Adaptive groups for children with special needs
- Groups facilitated by speech therapists, occupational therapists, physical therapists or social workers
- Multi-disciplinary groups
- Swim, dance, handwriting, social or speech groups
- Ages 3 to 11 years
- www.beaumonthospitals.com

Beaumont Children's Hospital Center for Human Development HOPE Center...... (248) 691-4774

 1695 W. 12 Mile Road Suite 120 Berkley, MI 48072

 Year-round Applied Behavior Analysis (ABA) services, intensive center-based behavioral preschool programs, behavioral consultation for concerns such as

<sup>\*</sup> These resources are adoption sensitive

toileting, feeding, sleeping, anxiety and behavior management, intensive toilet training

• www.beaumontchildrenshospital.com/hope

Beaumont Hospital Center for Childhood Speech and Language Disorders.....

.....(248) 551-2100

- 4949 Coolidge Highway Royal Oak, MI 48073
- Programs for children with speech and language difficulties
- Children must be screened call for an appointment
- Ages 3 to 14 years
- www.beaumonthospitals.com

Building Bridges Therapy Center.....(734)454-0866

• 9357 General Drive

Suite 101

Plymouth, MI 48170

- Speech and language therapy, occupational therapy, sensory integration, physical therapy, craniosacral therapy, music therapy, social emotional therapy and more
- Individual and group programs available
- Ages 3 and older
- www.bridgestherapy.com

- 1200 N. Telegraph Pontiac, MI 48341
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Detroit Institute for Children.....(313) 832-1100

- 5447 Woodward Avenue Detroit, MI 48202
- A comprehensive array of more than 25 services and programs provide a continuum of care for children and young adults with physical, neurological or developmental disabilities
- Providing occupational therapy, physical therapy, and speech and language therapy
- Pediatric Potentials campus
- For children birth to 18 years
- www.detroitchildren.org

OUCARES.....(248) 370-2424

\* These resources are adoption sensitive

•	Oakland University
	School of Education and Human Services
	2200 N. Squirrel Road
	420B Pawley Hall
	Rochester MI 48309

- Programs for children with an Autism Spectrum Disorder
- Programs for children age 2 years through adulthood
- Pee Wee Summer Day camp for ages 3 to 5 years
- Summer Day camps for ages 6 to 13 years
- Film camp for ages 10 to 20 years
- www.oakland.edu/oucares

Rexford Center for Therapeutic Riding.....(586) 727-6661

- 29434 32 Mile Road Lenox, MI 48050
- Provides therapeutic and recreational horseback riding therapy for the disabled, including both physically and mentally challenged individuals, ages 8 and older
- www.rexfordcenter.com

Speech and Language Pathologist.....(248) 851-6045

- 5551 Lakeview Drive Bloomfield Hills, MI 48302
- Speech and language evaluations
- Speech and language treatment sessions for all ages
- Specializes in pre-school age children
- Summer and year-round programs
- Facility and home visits available per request

### **Counseling Services**

- \* Adoption Options Worldwide Inc.....(248) 855-2813
  - Offers psychological testing, individual therapy, family therapy and professionally and parent run support groups.
  - Doesn't accept insurance. Free counseling (depends on the service) to birth parents. Free training to clients. Counseling services to clients are negotiable
  - Visit their website at www.adoptionoptionsworldwide.com
  - Contacts: Alyssa Bambard, LMSW; Anne Davis, LMSW; Stacia Miller, LMSW
  - Location: 5745 W. Maple Road, #214
     West Bloomfield, MI 48322

\*Barry Dauphin....(248) 686-0372

- Adoption sensitive
- 600 N. Old Woodward Suite 301 Birmingham, MI 48009

<sup>\*</sup> These resources are adoption sensitive

*Dr. Carter	er Schumacher(248	) 277-5695
•	Adoption sensitive	
•	237 N Old Woodward Ave	
	Birmingham, MI 48009	
* Catholic	Social Services (Royal Oak)(248 (Lake Orion)(248	
•	Licensed/certified therapists can treat conditions including, but anxiety, stress, depression, eating disorders, child and teen bel marital and relationship issues, family conflict, post-trauma, a management, grief & loss, and alcohol & drug addiction.	navior issues,
Childhelp.	(24	8) 353-0921
•	Parenting skills classes, Psychological testing, Individual therapy, professional and parent run support groups	apy, Family
•	Private insurance not accepted. Free for families who work with Contact person: Angela Barney, MA (aberney@childhelp.org)	
	Visit their website at <u>www.childhelp.org</u>	
•	Location: 30680 Montpelier	
	Suite 250 Medican Heights, ML 48071	
* Child &	Madison Heights, MI 48071 Parent Services(248	) 646-7790
	Individual therapy and Family therapy. Full service adoption	·
	Domestic Adoption Program. Homestudy completion for interinterstate adoptions.	
•	No insurance or medical subsidy accepted	
	Contacts: Cathy Eisenberg, BSW, Director; Peggy Pisone, BS Bortman, BSW	W; Nancy
•	Visit their website at www.childandparentservices.com	
•	Location: 30600 Telegraph Rd.	
	Suite 2215	
	Bingham Farms, MI 48025	
	Family Services	/
	Private insurance and medical subsidy are not accepted	apport groups
	Christian Family Services is able to be a resource to children a are not placed through their program.	and families who
	Contacts: Julie Grant, MA, LPC ( <u>Julie.grunt.cfs@live</u> .com); A LBSW ( <u>Audrey.brown@cfs</u> -michigan.org)	Audrey Brown,
	e Psychiatric Services, PLC(24)	8) 669-1900
	Psychological testing, Individual therapy, Family therapy	
	Accepts Private Insurance, and Medicare	
•	Contact: Dr. Bruce L. Roth, D.O., Psychiatrist (brucerothII@	sbcglobal.net)
*Elizabeth	n Herring(24	18) 236-1365
•	Specializes in working with survivors of childhood sexual abu	
* Thes	se resources are adoption sensitive	88
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415 0 771 . 0
• 415 S, West St. Suite 150
Royal Oak, MI 48067
*Elizabeth Shaw-Draves
Trauma informed therapist
• 725 South Adams Road
Suite L-125
Birmingham, MI 48009
*Heron Ridge Associates(248) 243-6646
Adoption sensitive therapists on staff
3694 Clarkston Road
Suite D
Clarkston, MI 48348
*Joyce Castro Pearlman(248)438-5221
Adoption sensitive
Office located in Huntington Woods
* Karol Teetor
<ul> <li>karol@attachmentcoalition.org</li> </ul>
<ul> <li>Provides family treatment for those experiencing problems related to</li> </ul>
adoption, trauma and/or loss. Karol's strength is in assisting parents in
building a strong, positive therapeutic team that will enable treatment to reach
within the home, a child's school and the family's community.
Works in Lake Orion
• Works in Lake Orion *Dr. Kimberly Waldron(248) 567-2818
*Dr. Kimberly Waldron(248) 567-2818
*Dr. Kimberly Waldron

• Adoption Sensitive

Stephanie Williams......(248) 504-4990

- Trauma informed therapist
- 23647 Woodward Ave.

Suite 2

Pleasant Ridge, MI 48069

### **Legal Services**

Legal Aid and Defender (LAD) ......(313)967-5555

- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
- 613 Abbott Street Detroit, MI 48226
- http://ladadetroit.org/

#### **Parent Resources**

Beaumont Parenting Program. Grosse Pointe.....(313) 473-1705 Royal Oak.....(248) 898-3230 Troy.....(248) 964-3995

- Provides information and emotional support to parents
- Provides parenting classes and support groups
- Postpartum adjustment support groups
- The Happiest Baby on the Block class
- Baby Sign Language class
- Discipline the Toddler Years class
- Financial planning for Your Child's Future class
- The Goodness of Homemade Baby Food class
- www.beaumontchildrenshospital.com/parenting-program

#### Bethany Christian Services (248) 414-4080

- Trauma Informed Parenting: a 6 week parent training course. Free. Open to all adoptive families, both domestic and international.
- Contacts: Pamela Oberry, LMSW; Kevin Arndt, MA, Older Child Adoption Supervisor
  - Visit their website at www.bethany.org/madisonheights

<sup>\*</sup> These resources are adoption sensitive

• Location: 30685 Barrington Ste.140
Madison Heights, MI 48071
Child Safe Michigan
• Provides foster care, adoption and mentoring services to abused, neglected and atrisk children.
• 30680 Montpelier Suite 250
Madison Heights, MI 48071
• http://childsafemichigan.org/
FAST (Families and Schools Together)
Parents as primary teachers of their children
Literacy as a critical element of success
<ul> <li>Understanding that behaviors are directly linked to how a person thinks and feels</li> </ul>
Linkages to community resources
MDNS – Oakland County DHS
<ul> <li>Information and referral, assistance to families seeking medical subsidy</li> </ul>
No charge for services  Out to William Property in the U. 240 075 5200
• Contact: Kim DuBiesz, direct phone line 248.975.5299 Oakland County Health Division
Parenting skills classes, home-based services, nurturing parenting program.
<ul> <li>No charge for services</li> </ul>
Contact: Andrea Agboka, RN MPH
Visit their website at oakgov.com/health
Orchards Children's Service
<ul> <li>Individual therapy, Family therapy, Home-based services.</li> </ul>
<ul> <li>Contact: Watisha Sims, MS, LLPC (<u>wsims@orchards.org</u>)</li> </ul>
• Location: 30215 Southfield Road,
Southfield, MI 48076
D 11.4.1.4
*Dr. Michael Colman
Has a great deal of experience working with adoption with both children and
adults
• 2725 Endsleigh Dr
Bloomfield Hills, MI 48301
Runaway and Homeless Youth Services
Common Ground

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.commongroundhelps.org
- 1410 South Telegraph Bloomfield Hills, MI 48302
- Coverage Area: Oakland County

### **Support Groups**

Adolescent Survivors of Childhood Sexual Abuse, Adult Sexual Assault & Adult Survivors of Childhood Sexual Assault Support Groups......(248) 334-1274 Adoption Identity Movement of Michigan, Inc...............(248) 548-6291

- Offers education on post adoption issues, peer support for adult adoptees, birth
  parents, adoptive parents, siblings, and extended family; search assistance; and
  advocacy
- Contact: Tina Caudill, Founder (caudt@wideopenwest.com)

Advanced Counseling Services......(734) 285-8282 ext. 2210

- Anger management group for adolescents (ages 14-19).
- Cost: \$40-60
- Contact: Sam Gross
- Location: 29201 Telegraph Rd.

Ste. 500

Southfield, MI 48034

Childhelp	(248) 323-0921
Christian Family Services	(248) 557-8390
Chosen Kingdom Builders	(248)894-1607
Michigan Association of Single Adoptive Parents, Huntington V	Voods
	(248)547-8893
National Alliance on Mental Illness (NAMI)	(810) 232-6498

- A six-week series specifically for parents and other caregivers of children and adolescents with mental illness.
- Meets at 2-4:30 p.m. on Sundays
- Location: St. Rita Catholic Church

302 E. Maple St.

Holly, MI

National Resource Center for Special Needs Adoption	(248)443-7080
Orchards Adoptive Parent Support Group	(248) 258-1278
Support for Parents and Older Adopted Kids	(248)649-3469
Spectrum Child & Family Services	(248) 552-8020

# **Saginaw County**

### **Children with Special Needs**

Children's Special Health Care Services......(989) 758-3845

<sup>\*</sup> These resources are adoption sensitive

- 1600 North Michigan Ave Saginaw, MI 48602
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Counseling**

- - 2806 Davenport Saginaw, MI 48602
  - Offers therapy on a broad range of issues.
  - Therapists who specialize in childhood trauma, abuse, and neglect, work with families, and are adoption sensitive.
  - Services are billable to most insurances
  - United Way of Saginaw subsidies are available to eligible customers.
- \* Hope Christian Counseling......(989) 399-9233
  - Psychological testing, Individual therapy, Family therapy, Trauma and Loss
  - Accepts Medicaid, Private Insurance, Medical Subsidy
  - Contact: Randall R. Mey, President, MPA, MSW, CAADC, LMFT, LMSW/BCD
- \*Dr. Lorraine LaFerriere....(989)642-0494
  - Specializes in family conflict
  - Jafferany Psychiatric Services 3085 Hallmark Ct Suite 1 Saginaw, MI 48603

### **Runaway and Homeless Youth Services**

Saginaw County Youth Protection Council.....(989)793-1995

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- www.scypc.org
- 1226 N Michigan Ave Saginaw, MI 48602

# **Support Groups**

A.D.O.P.T....(517) 781-2089

<sup>\*</sup> These resources are adoption sensitive

Birth Through 5	(989) 399-6850
Parent support groups	
<ul> <li>Hours: Monday- Friday, 8:00 AM- 4:30PM</li> </ul>	
<ul> <li>Location: 1903 N. Niagra</li> </ul>	
Saginaw, MI 48602	
Foundational Truth Family Services	(810)280-0952
<ul> <li>Sexual assault survivors support groups for children 6-1</li> </ul>	0 years old.
<ul> <li>Meets every Thursday from 6pm-7:30pm</li> </ul>	
• Cost: \$30	
<ul> <li>Location: 3144 Davenport Ave.</li> </ul>	
Saginaw, Michigan 48602	
Saginaw County Commission on Aging	797-7564
<ul> <li>Kinship support group</li> </ul>	
<ul> <li>Meeting Location: 2355 Schust Rd., Saginaw, MI 48603</li> </ul>	
• Time: 1st and 3rd Thursday of each month from 12:30p	m-2:00pm
Contact: Carolyn	
Shiawassee County	
Child Care Financial Assistance & Re	esources
DHS (FIA) Child Day Care Services	
Dis (1 iii) clina day care services	(505) 720 0200
Clinics/ Hospitals	
Child Health Clinic	(989) 743-2375
Community Education Programs & Comm	unity Centers
Corunna Community Education	
Laingsburg Community Education.	
	(۶
Counseling Services	
Catholic Charities.	(989) 723-8239
Colleen Jewell, MA, LLP	
Family Counseling Services/ Teen Ranch	
David Bird, MSW, ACSW	
Family Psychiatric Consultants	
Therapists: Michael Barnes, DO; James Bowen	
DO; Michael Vandewalle, DO	
Kathleen Koepele	(989)725-8581
Sharon Hobbs, PhD	517-351-4237
Shiawassee County Community Mental Health	(0.00)700 (701)
	. ,
	. ,
448-5498	Or 1-800
448-5498 Terrence Johnson, PhD, PC Trinity Counseling Services	Or 1-800 (989)723-1120

<sup>\*</sup> These resources are adoption sensitive

- Offers traditional or faith based therapy for children, adolescents, and families.
- Location: 123 S. Washington Owosso, MI 48867

### **Family Support**

<b>,</b> - 11			
Big Brothers/Big Sisters	(989)729-6655		
Capital Area Community Services, Inc. (CACS)	(989)723-3115		
Christ Episcopal Church Outreach Center	(989)723-2495		
Community Kitchen	(989)723-7485		
Cornerstone Church of God.	(989)723-7603		
Women, Infants and Children (WIC)	(989)743-2383		
Support Groups			
Adult and Child Bereavement Support Group	(989)725-6454		
	Ext. 1431/1723		
Caregiver Support Group	(989)725-1127		

### **Wayne County**

### **Children with Special Needs**

• Available to facilitate plans for people receiving services through the Detroit Wayne County Community Mental Health Agency.

Association for Retarded Citizens......(313)831-0202

- Social events for individuals of all ages with developmental disabilities.
- Donations are accepted for events.
- Location: 51 W Hancock Street Detroit, MI 48201-1303

- 33030 Van Born Rd Wayne, MI 48184
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Children's Special Health Care Services (Detroit)......(313)-876-0180

<sup>\*</sup> These resources are adoption sensitive

- 1151 Taylor Street Room 307 C Detroit, MI 48202
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Detroit Institute for Children 888-790-5437

- 5447 Woodward Detroit, MI 48202
- http://www.detroitchildren.org/
- To care for children with physical or developmental disabilities, neurological or behavioral special needs in a way that is positive, passionate, integrated and family-centered so that the children can maximize their potential within their families and the community.
- Rehabilitation Services physical therapy, occupational therapy, speech/language pathology,
- Assistive technology services Activities of Daily Living (ADL) Clinic, Seating and Mobility Clinics, and orthotics.
- School Services: Through our contracted services, we are able to provide direct treatment, consultation and evaluation, as well as staff/teacher inservices on-site to schools and agencies for children with special needs. Our staff serves children enrolled in all special education programs from Early Intervention to the high school level throughout Wayne, Oakland and Macomb counties.

### Counseling

- \*Branches Counseling......(734)799-5367
  - Adoption sensitive therapists on staff
  - 16801 Newburgh Road Suite 109 Livonia, MI 48154

\* Cheryl Foster.....(734)276-7906

- Cheryl and many therapists on her staff have experience working in foster care and adoption.
- Adoption sensitive therapy
- Accept Blue Cross/Blue Shield and Magellan insurance
- Medical subsidy is the preferred method of payment
- \*CSS of Wayne County- Detroit.....(313) 883-7681
  - Family Counseling
  - \* These resources are adoption sensitive

\*Dr. Elissa Fronczak.....(734) 237-6228

- Experience helping adolescents and teenagers recover from childhood trauma/abuse
- 550 Forest Avenue Suite 15-3 Plymouth, MI 48170

- David Connell, PhD
- Specializes in family and adolescent counseling.
- 224 South Main St. Northville, MI 48167
- \* Julie Kimball-Kubiak.....(248)345-2410
  - kjkubiak44@yahoo.com
  - Specializes in family therapy with a focus on trauma, attachment and adoption using *Dyadic Developmental Psychotherapy* (DDP) as her primary treatment approach & *Beyond Consequences* as her therapeutic parenting paradigm. Julie offers an adopted teen support group based on the seven core issues of adoption and leads an adoptive parent support group. She also provides clinical support to adult adoptees on their journey of healing. Julie's passion for her work comes from her own experience of being an adoptee.
  - Works in Livonia

- Parenting skills classes, Individual therapy, Family therapy
- Professionally run Parent, and Teen support groups
- Insurance accepted and MI adoption medical subsidy

\*Dr. Kim Logan-Nowlin....(313)486-4592

- 8313 Grand River Detroit, MI 48204
- Specialties include adoption, family conflict, and relationship issues
- Accepts a wide range of insurance and a sliding scale for payment is available \*Linda Lhost-Catal, PhD......(734) 646-6162
  - linda@attachmentcoalition.org
  - The *Coalition's* diagnostician and neurofeedback treatment specialist. She has been conducting assessments for over 30 years. Cognitive, academic and/or psycho-social evaluations include objective and projective testing and an attachment assessment, a specialty that is paramount when determining the overall functioning of an attachment challenged child. Linda also provides neurofeedback training sessions.
  - Works in Livonia
- \* Linda Jones......(734) 634-9363
  - jones@attachmentcoalition.org

<sup>\*</sup> These resources are adoption sensitive

- Specializes in the attachment of infants and children using *Dyadic Developmental Psychotherapy (DDP)* as her primary treatment approach. She has extensive experience working with trauma often using *EMDR* and/or *Mindfulness* as adjustive treatments to DDP. Linda offers therapy, parental support, consultation for IEP's (Individualized Educational Plan) and consultations for siblings & extended family members.
- Works in Livonia
- \* Lutheran Adoption Service......(248) 423-2770
  - Individual therapy, family therapy, home-based services
  - Medical subsidy or private pay
  - Contact person: Carol J. Schiller, LBSW, MA, LPC (<u>cschi@lssm.org</u>)
- - Parenting skills classes, Psychological testing, Individual therapy, Family therapy, Home-based services. Provide in-home services to families who adopted children out of the foster care system. Link families up with needed services in order to stabilize "crisis" situations.

Pam's Place Counseling Center (PPCC)......(313) 894-8088

- Parenting skills classes, Individual therapy, Family Therapy
- Parent run support groups
- Private Pay
- - Individual therapy, Family Therapy, Home-based services
  - Parent, Children, Teen support groups, professionally and parent run.
  - No charge for services
- - Adoption sensitive
  - Choices and Changes Counseling Services 5555 Conner Ave Suite 2079 Detroit, MI 48213

#### **Family Services**

- A child welfare, family preservation and mental health human services organization. Services include foster care, adoption, family preservation, mental health treatment services, substance abuse treatment, employment/career training, and programs for adjudicated youth, and group homes for developmentally disabled adults.
- 28303 Joy Road Westland, MI 48185
- http://www.spectrumhuman.org/SHS/Default.aspx

#### **Health Services**

Institute for Population Health (IPH)......(313)324-9482

\* These resources are adoption sensitive

- Offers various health services including WIC, dental, vision and hearing, immunizations, substance abuse services and family planning services.]'
- 1151 Taylor St. Detroit, MI 48202
- http://www.ipophealth.org/#

Coventry Cares of Michigan.....(313)465-1510 / 1-866-316-3784

- A Medicaid Health Plan, services include family planning, doctor visits, lab and xray, prescription coverage, dental and many other services.
- 1333 Gratiot Avenue, Suite 400 Detroit, MI 48207
- <a href="http://chcmedicaid-michigan.coventryhealthcare.com/">http://chcmedicaid-michigan.coventryhealthcare.com/</a>

- Family Center for CYSHCN Cadillac Place, Suite 3-350 Detroit, MI 48202
- Email: <u>CSHCSFC@michigan.gov</u> for additional information.

Wayne Children's Healthcare Access Program.....(313)863-CHAP (2427)

- A Medical Home implementation model, improving quality, access and child health outcomes. Services provided include care coordination, transportation, Medicaid outreach, community linkages, and behavioral health coordination.
- Westminster Church of Detroit 17567 hubbell Detroit, MI 48235
- http://wchap.org/

# **Legal Services**

Legal Aid and Defender (LAD) ......(313)967-5555

- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
- 613 Abbott Street Detroit, MI 48226
- http://ladadetroit.org/

### **Runaway and Homeless Youth Services**

Alternatives for Girls.....(313)361-4000

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.alternativesforgirls.org
- 903 W Grand Blvd Detroit, MI 48208-2365
- Covers Detroit, Highland Park, Hamtramck, and neighboring Wayne County communities

Matrix Human Services.....(313)831-1000

<sup>\*</sup> These resources are adoption sensitive

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- www.matrixhumanservices.org
- 120 Parsons St Detroit, MI 48202

Starfish Family Services.....(313)563-5005

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- www.sfish.org
- 30000 Hiveley Inkster, MI 48141

#### **Other State and National Resources**

### **Summer Camps**

Academy of the Sacred Heart.....(248) 646-8900

- 1250 Kensington Road Bloomfield Hills, MI 48304
- Offers day camps, extended care, and enrichment classes.
- A mom and tot program for ages 18 months to 2 ½ years
- Camps for children ages 2 ½ through 18 years
- www.ashmi.org

#### B.A.S.E. Camp. (231)832-7298

- Ages 10-13
- June 18-25 and June 28-July 5
- An 8-day camp experience for pre-teens for early intervention. This program is for youth beginning to have difficulty managing their anger and emotions, struggling to transition into a place of personal responsibility, and lacking respect for others.
- Able to bill/invoice adoption subsidy as long as parents are able to provide approval from the subsidy office
- Scholarship fund
- Camp site is at Eagle Village 4507 170th Avenue Hersey, MI.
- Click for flyer: <a href="http://www.eaglevillage.org/uploads\_eagle/files/Changing%20Lanes%20Base%2">http://www.eaglevillage.org/uploads\_eagle/files/Changing%20Lanes%20Base%2</a>
   <a href="http://www.eaglevillage.org/uploads\_eagle/files/Changing%20Lanes%20Base%2">0and%20Survive.pdf</a>

Birmingham Community House Program Department.....(248) 644-5832

- 380 S. Bates Street Birmingham, MI 48009
- \* These resources are adoption sensitive

- Provides a variety of enrichment camps, developmentally appropriate classes, and an Early Childhood Center emphasizing learning through play, discovery, creativity and exploration
- www.communityhouse.com

Echo Park Learning Center and Camp. (248) 851-1866

- 29230 W. 12 Mile Road Farmington Hills, MI 48334
- Summer programs for children pre-school age through kindergarten
- Programs are run in two, three and five half-day and full-day sessions

- 29350 Northwestern Highway Southfield, MI 48034
- Parent and tot camps, kids sports summer camps, extended care available, playgroups, ages 3 and up welcome
- www.franklinclub.com

Highfields......517-628-2287

• Highfields is a Michigan "adventure" camp for at-risk teen boys and their families. Founded in 1962, the camp stresses the importance of relationship building and behavior responsibility, offering various types of counseling. The summer camp is open to groups, but other Highfields services are open to individuals. As with the other options Highfield offers, eligibility for the main adventure camp extends to boys ages 12 to 17. (Other camps through Highfields Breakthrough program are open to boys 10 to 16.) Highfields takes a goal-oriented approach with its adventure campers. Those who visit the main Onondaga, Michigan campus explore activities such as archery, crafts and fishing. The adventure camp lasts between 3 to 5 days. Groups are charged a fee, which varies based on the size of the group.

Indian Trails Summer Camp. (616)- 677.5251

- O-1859 Lake Michigan Drive Grand Rapids, MI 49534
- Indian Trails is a remarkable facility that brings adaptive recreation to the lives of
  each camper. It is simple in theory, but daunting in task. Indian Trails offers a
  barrier-free camp setting in which those with disabilities can participate in all
  manner of activities the outside world is ill-equipped to provide. It is a place filled
  with fun, recreation, friendship and acceptance.
- http://indiantrailscamp.org/summer camps

Midcourse Direction 810-227-0243

• Midcourse Correction (Covenant Hills Camp) is a military-style boot camp located in Otisville, Michigan, just northeast of Flint. The program operates as an outdoor challenge camp and is designed to help what Midcourse Correction describes as "incorrigible" teens. All the activities at the camp are designed to give teens a "wake-up call" that their choices or lifestyles are harmful to themselves or others. Time at the camp, open to any youth ages 11 to 17 years or who is still in school, is very short (only 46 hours). Campers learn about the impact of jail, how choices influence life outcomes and what a teen's actions say

<sup>\*</sup> These resources are adoption sensitive

about them. The camp includes 2 hours of parenting seminars at no extra charge. Cost is approximately \$425 per camper per weekend, as of 2010.

The Farmington Hills Campus is a residential facility that provides a safe, therapeutic environment for adolescents ages 12 to 18, who are experiencing cognitive impairments and emotional disorders.

Oakland Livingston Human Service Agency....

Ferndale.....(248) 542-5860 Pontiac.....(248) 209-2600

- Camps and enrichment programs
- Elementary age children
- www.olhsa.org

Project Survive. (231)832-7298

- Ages 13-17
- July 9-20 and July 26-August 6
- A 12-day, intensive wilderness experience for adolescent youth. Teens who are first-time offenders, struggle behaviorally at school and in the community or who may be in need of additional support services would be ideal participants.
- Able to bill/invoice adoption subsidy as long as parents are able to provide approval from the subsidy office
- Scholarship fund
- Click for flyer:

http://www.eaglevillage.org/uploads eagle/files/Changing%20Lanes%20Base%2 0and%20Survive.pdf

- 4150 Middlebelt Road West Bloomfield, MI 48323
- Summer day camp is designed for children ages 3-13
- Cool Kids camp for ages 3 to 4 years
- Awesome Adventures camp for ages 5 to 6 years
- Energetic Explorers camp for ages 7 to 10 years
- Extended care available
- www.summerimpressions.com

- The Airborne Challenge is a rigorous 48 hour experience designed to draw a clear distinction between productive and non-productive thinking patterns, between effective and ineffective problem-solving strategies, between constructive and destructive attitudes, between relationships that enhance growth and relationships that impede growth, and between persevering effort and the "try once and quit" approach.
- For youth 11-18
- http://www.families-forward.net/Getting--Airborne-.html

Washtenaw Camp Placement Association......(734) 971-4537

• E-mail: CampPlacement@sbcglobal.net

<sup>\*</sup> These resources are adoption sensitive

- Awards scholarships for one or two weeks of expense-paid summer resident camp, plus supportive services. Services may include clothing and gear, medical examinations, an orientation session with representatives of participating camps, and transportation to and from camp. In addition, a Reunion Picnic is held each autumn for campers and their families
- - Youth Haven is a Christian-centered camp for any disadvantaged teen ages 7 to 13. Youth Haven defines "disadvantaged" as a teen having economic, family, social or emotional difficulties. This camp is a ranch-style camp on 390 acres in Rives Junction, Michigan. Youth Haven is not a correctional camp, but rather is preventative--its goals are to use Christian principles and activities to provide support and spiritual guidance to young people so that they make good choices. A typical day at the camp involves music, outdoor activities, exploring the oncampus petting farm and chapel. Campers have to be referred, but the camp is unique in that it is absolutely free to campers, as sponsors cover costs. The camp is NOT denominational.

### **Summer Camps for Children with Special Needs**

Camp Skyline.....(810)798-8240

- www.campskyline.org
- 5650 Sandhill Road Almont MI 48003
- Camp FAR Away (June 16-21): Camp FAR Away is a camping experience especially for youth, ages 13-19, with special needs, and is offered in partnership with the FAR Conservatory of Therapeutic and Performing Arts. Music, art, dance and recreational therapy as well as canoeing, fishing, hiking, exploring, drama, campfires, therapeutic horseback riding with LifeHorse, cooking, archery, swimming, water aerobics, yoga, talent shows, animal therapy and much more! Visits with our miniature goats are a highlight for many, but nothing tops the Thursday night Dance!
- Camp for Us (June 28-July 1): Camp for Us welcomes families who have children with special needs seeking a peaceful and supportive environment to relax and play together. Mornings we provide games, music & crafts for children ages 6-18, and optional free time for adults. Afternoon & evening family programs include swimming, canoeing, fishing, drumming, archery, farm visits, hiking, hayrides, campfires, crafts, and therapeutic horseback riding with LifeHorse. Don't miss our Family Dance with DJ Dazzle Do Time. Design your own program on the spot, it's all up to you. Lodging in Focus, cabins or tents Friday evening until Monday morning. Meals include Saturday breakfast through Monday breakfast & evening snacks

Step Up Camp (July 22-25): Step Up Camp is making its debut this year, in
partnership with the Down Syndrome Guild of Southeast Michigan: a three day
overnight camping experience for middle and high school adolescents with Down
Syndrome. Each camper will be paired with a peer for support and consistent
positive social interaction. Look forward to new friends, games, hayrides, swimming,
campfires, crafts, music, therapeutic horseback riding, canoeing, fishing, group
building on our low ropes challenge course, delicious camp food, community living
and much more! Lodging in Focus Hall.

Camp Casey......www.camp-casey.org

• 333 W. 7th Street

Suiet 230 Royal Oak, MI 48067

• Horseback riding program for children with cancer, cowboy camp outs, horsey house calls, outlaw outings

• www.camp-casey.org

Camp Michi-MAC.....(734) 259-8180

- 39694 Suzan Court Plymouth, MI 48170
- Summer camps and programs for children who have significant asthma and are taking medication daily
- For children who will be in grades 3 to 10
- http://www.campmichimac.org

Kids in Motion Pediatric Therapy Services.....(248) 684-9610

- 2636 S. Milford Road Highland, MI 48357
- Summer special needs day camp
- Physical, occupational, speech, sensory, aquatic, music, massage, craniosacral therapies and more
- Ages birth to 18 years
- www.kimpediatrics.com

SCAMP.....

Bloomfield Hills	(248) 433-0885
Clarkston	(248) 623-8089
Rochester	(248) 656-8308

- Summer camp programs for children and young adults with special needs
- Programs include games, music, art, motor skill activities, field trips and special on-site visits by groups for educational and entertainment purposes

<sup>\*</sup> These resources are adoption sensitive

#### Statewide search sites and resources

### **Adoption Subsidy Office**

### **Advocacy**

- <a href="http://www.mpas.org/WhoWeAre.asp?WhoWeAre.x=82&WhoWeAre.y=18">http://www.mpas.org/WhoWeAre.asp?WhoWeAre.x=82&WhoWeAre.y=18</a>
- People with disabilities have to deal with a wide variety of issues. We try to answer any questions you may have relating to disability. We have experience in the following areas: discrimination in education, employment, housing, and public places; abuse and neglect; Social Security benefits; Medicaid, Medicare and other insurance; housing; Vocational Rehabilitation; HIV/AIDS issues; and many other disability-related topics. If you need more information about what we do, or want to learn more about any of the topics referred to on this website

- http://www.easterseals.com/connect-locally/affiliate-locations/michigan.html
- Locations throughout Michigan include: Waterford, Auburn Hills, Flint, Grand Rapids, Southfield, Royal Oak and Center Line
- Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities. Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for nearly 90 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

### **Children with Special Needs**

Michigan Alliance.....(800) 552-4821

- Provides assistance to all families that have a child with any type of disability.
- The call will automatically be routed to the parent advocate in your area.

Disability Network of Southwest Michigan......(269) 985-0111

- 517 E. Crosstown Parkway Kalamazoo, MI 49001
- http://www.dnswm.org/home
- We provide services to people living in Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph & Van Buren Counties who have a variety of disabilities, including physical, neurological, psychiatric, learning, cognitive, and sensory disabilities. Whether you were born with a disability or acquired a disability later in life through accident, illness or through the aging process, you are welcome here. We are a resource for friends and family members of people

<sup>\*</sup> These resources are adoption sensitive

with disabilities as well as community professionals and other human service providers.

• What is unique about us is that we, too, are people with disabilities! At least 51% of our Board of Directors and staff members identify as having some kind of disability. Our philosophy has always been that people who live the disability experience are experts on disability issues, and that services we provide should be created with the direct input of those they will impact. That makes us different from the traditional social services model.

### **Counseling/ Mental Health**

#### **SED Waiver**

- The SEDW enables Medicaid to fund necessary home and community-based services for children with serious emotional disturbance who meet the criteria for admission to the state inpatient psychiatric hospital and are at risk of hospitalization without waiver services.
- <a href="http://www.michigan.gov/mdch/0,4612,7-132-2941\_4868\_7145-168285--">http://www.michigan.gov/mdch/0,4612,7-132-2941\_4868\_7145-168285--</a>, 00.html

### **Day Care Assistance**

Child Development and Care Application..... www.michigan.gov/childcare

- Eligible for services if you are a family with low income, a member of a DHS protective services case participating in a treatment plan, a FIP/EFIP of Supplemental Security Income (SSI) recipient, or a FIP applicant doing a required work participation program activity
- You must have a child care need because of work, high school completion classes, approved education or training, or approved treatment activities for a health or social condition.
- The child care must be provided in Michigan by a licensed child care center, licensed group child care home, registered family child care home, or DHS enrolled unlicensed child care provider who has completed the Great Start to Quality Orientation and provides child care in the child's home or provides care in his/her own home and is related by blood, marriage or adoption as a grandparent, great-grandparent, aunt/great-aunt, uncle/great-uncle, or sibling and must **not** live in the same home as the child.
- FIP/EFIP, SSI recipients, and children's protective services families are eligible without an income determination.
- DHS child care rates are based on the type of provider you chose, the child's age, and the provider's training if the provider is an unlicensed child care provider. If you are eligible because you are a low-income family, DHS pays 70-100% of child care costs. The percentage depends on your gross monthly income and eligibility. You are responsible for any child care costs not paid by DHS.

<sup>\*</sup> These resources are adoption sensitive

#### **Foster Care Resources**

Foster Care Navigator Program......1-855-MICHKIDS

- The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.
- <a href="http://www.fcnp.org/">http://www.fcnp.org/</a>
- 3840 Packard Rd. Suite 170 Ann Arbor, MI 48108

#### **Health Care**

MIChild.......1-800-432-4121 http://www.nwhealth.org/doiqualify.html

MIChild is health insurance coverage for uninsured children ages 0-19. Doctor visits, immunizations, prescriptions, dental, vision, and hospital care are all covered. The cost is \$10.00 per family per month. Yearly family income limits for eligibility are as follows:

- •\$22,980/year for 1 person
- •\$31,020/year for family of 2
- •\$39,060/year for family of 3
- •\$47,100/year for family of 4
- •Add \$8,040/year for each additional person

### **Mental Health and Counseling**

# Mentoring

- Contact Person: Sarah Shortt Williams
- Mentoring Program: The mentoring program is available to current or former foster care youth who have a desire to pursue post-secondary education at Michigan State University. The formal relationship between the mentor and mentee should last for no less than a year allowing time for an ongoing relationship to develop the mentee's personal and professional skills. Mentors and mentees form a relationship for a minimum of one year- averaging four hours of time commitment each month. The mentoring relationship consists of face-to-face meetings, in addition to telephone, e-mail, and other social media mediums.
- Other Information and Referral Services: http://www.finaid.msu.edu/fyas/AppMain.asp

<sup>\*</sup> These resources are adoption sensitive

 Supports more that 250 mentoring organizations that match caring adults with young people in need of role models

### **Military-Based Programs**

Michigan Youth Challenge Academy......1-800-372-0523

- A voluntary, no-cost, quasi-military 22-week residential program geared toward Michigan's at-risk youth, ages 16-18, who have dropped out of school or are at risk of dropping out. Provides purpose and direction for the future of Michigan's youth through education and structure.
- <a href="http://www.ngycp.org/site/state/mi/node/2262">http://www.ngycp.org/site/state/mi/node/2262</a>
- 5500 Armstrong Rd, Bldg 13 Battle Creek, MI 49037

#### School

Early On....(800) 327-5966

• A system of early intervention services for infants and toddlers, birth to three years of age, with developmental delays and/or disabilities and their families.

- A uniquely organized and comprehensive early childhood program. Provides a preschool experience to children, including children with special needs, to creatively challenge and develop their competency skills. Goal is to help children build self-confidence needed to become lifelong learners.
- Children must be 3 or 4 years of age on or before December 1<sup>st</sup> of the beginning of the program year

### **Support Groups**

Michigan Association for Foster, Adoptive, and Kinship Families (MAFAK) .......(269) 637-5093

- MAFAK is committed to the retention and empowerment of families across the state of Michigan to successfully parent all children placed in their care by providing training, advocacy, legislation, and support groups.
- Online support groups and resources available through: <a href="http://mafak.co/">http://mafak.co/</a>

#### **Books**

The Connected Child Karyn Purvis **Connection Parenting** Pam Leo Playful Parenting Lawrence J. Cohen \*Beyond Consequences, Logic, and Control (Vol. 1 and 2) H. Forbes, B. Post beyondconsequences.com \*Helping Children Cope With Separation and Loss Claudia Jewett Jarratt Adopting the Older Child Claudia L. Jewett The Boy Who Was Raised As A Dog (warning: pro evolution) **Bruce Perry** The Five Love Languages (children, teens) Gary Chapman The Explosive Child Ross W. Greene

<sup>\*</sup> These resources are adoption sensitive

Twenty Things Adopted Kids Wish Their Adoptive Parents Knew S. Eldridge Lifebooks: Creating a Treasure for the Adopted Child Beth O'Malley Telling the Truth to Your Adopted or Foster Child B. Keefer, J. Schooler

All About Adoption (children's book)

Bully Me?...NO MORE"

http://www.ucantbullyme.com/

### **General Online Resources for Parents**

Adoptive Families magazine adoptivefamily.com **Adoption Learning Partners** beyondconsequences.com Beyond Consequences Institute (Heather Forbes) Child Trauma Academy (Bruce Perry)

EMK Press, books and resources Grandparents Raising Grandchildren

**Great Start** Nutrition

Parent Trauma Resource Center Post Institute (Bryan Post) Tapestry book catalog

The Connected Child (Karyn Purvis)

adoptionlearningpartners.org childtrauma.org emkpress.com

Marc Nemiroff

Patricia Lee

raisingyourgrandchildren.com http://greatstartforkids.org/ adoptionnutrition.org

tlcinstitute.org/PTRCtrauma.html

postinstitute.com tapestrybooks.com

empoweredtoconnect.org

#### **Nationwide Organizations**

#### Attachment and Trauma Network,

Inc.....http://www.attachmenttraumanetwork.com/index.html Children and Adults with Attention Deficit/ Hyperactivity Disorder.....chadd.org National Foundation for Depressive Illness................... (800)248-4344 P.A.T.C.H.E.S.....http://www.patches-ff.org/#/connect-with-families/4572418588

• P.A.T.C.H.E.S Family Foundation holds a database of families and individuals in various locations internationally who have experience of Reactive Attachment Disorder.

Reactive Attachment Disorder, Oppositional-Defiant Disorder, Post-Traumatic Stress Disorder, Bi-Polar, Depression, Attention Deficit Hyperactivity Disorder are all behaviors that bring parents to The Post Institute. Both parents and professionals alike who are parenting and working with adopted as well as foster, and biological children come to the Post Institute seeking hope.