# Post Adoption Resources

Region 5	Region 6	Surrounding Counties
Click on your County	Click on your County	Click on your County
Barry (pg. 1)	Genesee (pg. 55)	Allegan (pg. 74)
Berrien (pg. 3)	<u>Huron</u> (pg. 59)	Bay (pg. 76)
Branch (pg. 6)	<u>Lapeer</u> (pg. 61)	<u>Clinton</u> (pg. 80)
Calhoun (pg. 8)	Macomb (pg. 64)	<u>Ionia</u> (pg. 84)
<u>Cass</u> (pg. 11)	Sanilac (pg. 68)	<u>Kent</u> (pg. 86)
<u>Eaton</u> (pg. 13)	St. Clair (pg. 69)	Oakland (pg. 89)
Hillsdale (pg. 20)	Tuscola (pg. 71)	Saginaw (pg. 94)
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<u>Summer Camps, Statewide Resources, Nationwide Resources, Books, and Online Resources,</u>

To "jump" to a section, hold the "CTRL" button while clicking on the selected county.

# **Barry County**

### **Child Care**

Wrap Around.....(269) 945-1386

- Services provided through the court
- 206 West Court Street

Suite 302

Hastings, MI 49058

• Contact person: Sheryl Overmire

### **Community Resources**

Barry Eaton County DHS. (269) 948-3242

- Information and Referral. Able to provide families information on where to seek services. Able to assist with applying for medical subsidies.
- Barry Eaton County DHS is able to be a resource to children and families who were not placed through their program.
- Contact person: Katie S. Mika (Mikak@Michigan.gov)
- Location: 430 Barfield Drive, Hastings, MI 49058

### **Counseling**

Family and Children Services.	(269) 948-4096
Pine Rest.	(800)678-5500

 450 Meadow Run Suite 300 Hastings, MI 49058

# **Summer Camps**

### Gull Lake Ministries. (800) 350-2442

- Christian Camp including 7 day family camps
- Pricing includes camp, activities, and meals
- Extra staff or counselor may be available for special needs children
- 1800 Burlington Drive Hickory Corners, MI 49060 http://www.gulllake.org/family-camp/what-is-family-camp

### **Support Groups**

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- Meeting led by Therese Maupin-Moore
- Meetings held at the Commission of Aging office in Hastings
- 320 W. Woodlawn Avenue Hastings, MI 49058

#### 

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 51693
   Kalamazoo, MI, 49005-1693
- http://www.namikalamazoo.org/

# **Berrien County**

# **Children with Special Needs**

- 769 Pipestone P.O. Box 706 Benton Harbor, MI 49023
- Coverage and referral for specialty services based on the person's health problems.

<sup>\*</sup> These resources are adoption sensitive

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Disability Network of Southwest Michigan.....(269) 985-0111

- 517 E. Crosstown Parkway Kalamazoo, MI 49001
- <a href="http://www.dnswm.org/home">http://www.dnswm.org/home</a>
- We provide services to people living in Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph & Van Buren Counties who have a variety of disabilities, including physical, neurological, psychiatric, learning, cognitive, and sensory disabilities. Whether you were born with a disability or acquired a disability later in life through accident, illness or through the aging process, you are welcome here. We are a resource for friends and family members of people with disabilities as well as community professionals and other human service providers.
- What is unique about us is that we, too, are people with disabilities! At least 51% of our Board of Directors and staff members identify as having some kind of disability. Our philosophy has always been that people who live the disability experience are experts on disability issues, and that services we provide should be created with the direct input of those they will impact. That makes us different from the traditional social services model.

# Counseling

Anne Carpenter, PhD. (269) 795-6778

- Works with families, couples, and individuals
- Specializes in depression, relationship issues, and eating disorders.
- No sliding scale but BlueCross/BlueShield is accepted
- 3408 Niles Rd Saint Joseph, Michigan 49085

\*Harold Smith......(269) 409-1914

- Works with couples, families, and individuals
- Specializes in ADD/ADHD, child/adolescent depression, loss, trauma and PTSD, and relationship issues
- A sliding scale is available for payment and a wide range of insurance is accepted
- 9067 US Highway 31
   Suite 203
   Berrien Springs, Michigan 49103

\*Lutheran Social Services of Michigan....(855) 444-3911

<sup>\*</sup> These resources are adoption sensitive

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills.
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
- Accepts Medicaid and bills them directly
- Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy,
- 1803 Whites Road, Suite 5 Kalamazoo, MI 49008 Email: CFtherapy@lssm.org

\*John Berecz...(269) 795-6310

- Works with couples, families, and individuals.
- Specializes in adoption and family conflict.
- Uses a sliding scale for payment and insurance is accepted.
- 2117 Grange Road Buchanan, Michigan 49107

\*Kandyce K. Brink....(269) 205-6650

- Works with families, couples, and individuals,
- Specializes in adoption, mood disorders, anxiety, and self-esteem.
- Offers a sliding scale for payment and accepts a wide range of insurance.
- 1804 Colfax Avenue St. Joseph Charter Township Benton Harbor, Michigan 49022
- \*Kristine Proctor, LMSW.....(269) 205-6386
  - Works with families and individuals.
  - Specializes in adoption, child/adolescent developmental disorders, and ADD/ADHD
  - Average cost per session is \$110, no sliding scale is offered, and BlueCross/BlueShield is accepted.
  - NatureWorks, LLC 3408 Niles Road Saint Joseph, Michigan 49085

\*Kurt Michael Hanus....(312) 409-4819

- Works with couples and individuals
- Specializes in adoption, anxiety, depression, and relationship issues.
- A sliding scale is available and insurance is accepted.
- 1030 Miners Road Saint Joseph, Michigan 49085

<sup>\*</sup> These resources are adoption sensitive

- Works with adolescents/teens and adults.
- Specializes in loss or grief, anger management, depression, domestic abuse, and relationship issues.
- Average cost per session is \$50-\$100. A sliding scale is available and several insurances are accepted.
- Shoreline Consultation Services 1435 Peck Street Muskegon, Michigan 49441

Riverwood Center of Berrien Mental Health Authority/ Community Mental Health......(269) 925-0585 or (800)336-0341

- www.riverwoodcenter.org
- Offers psychiatry, psychiatric nursing, psychology, social work, counseling, education, rehabilitation, speech therapy, occupational therapy, and physical therapy.
- Services include assessment, crisis intervention, individual, family, marital, and group counseling, psychiatric services, information/referral and self-help, vocational services, respite care, home-based services, and referral for hospitalization.
- Accepts Medicaid, Medicare and some other insurance. They also treat people who don't have insurance. Payment for services is based on your ability to pay, which is determined during your visit.
- If you have private insurance you may need to use one of your insurer's providers before receiving services from the Riverwood Center. Please check with your insurance to see what behavioral or mental health services are covered and what copays or fees you may have. Depending on your insurance plan, there may be no cost.
- 1485 M-139 Benton Harbor, MI 49022
- \* Yojana Veeramasuneni.....(269)408-1688
  - Works with families, couples, and individuals
  - Specializes in adoption, depression, relationship issues, and personality disorders.
  - Average cost per session is \$130-\$170, but a sliding scale is available. BlueCross/BlueShield is accepted.
  - Psychiatric Specialties
     1030 Miners Road
     Saint Joseph, Michigan 49085

Family Therapy and Development Center.....(269) 982-3832

- http://www.familytherapydevelopmentcenters.com/contact.html
- 2460 Lakeshore Drive. St. Joseph, MI 49085 Or 4384 Laurel Drive St. Joseph, MI 49085
- Provides short-term treatment with long-term results for children, couples, families and adults utilizing a multimodal, holistic treatment approach tailored

<sup>\*</sup> These resources are adoption sensitive

to the individual's needs. Has staff that works with adoption and foster care adjustment issues.

#### **Crisis Prevention**

- Youth crisis center.
- 2480 M139 Benton Harbor

#### Nutrition

- Accepts most kinds of insurance, including Medicaid and Medicare. They will bill your insurance as a service to you, but you must have correct and current insurance information with you when you check in at the front desk. Without this, they may not be able to bill your insurance company, and you could be billed for the visit or be asked to reschedule your appointment.
- Also has a sliding fee program. Eligibility for the program is based on family size and income.
- 800 M-139

Benton Harbor, MI 49022

• 6270 W. Main Street Eau Claire, MI 49111

## **Psychiatrists**

- 211 Hilltop Rd Ste H Saint Joseph, MI 49085
- Accepts many different kinds of insurance including Medicare.

John Joseph Taglia.....(269) 925-0585

• 1485 M 139

Benton Harbor, MI 49022

• Accepts Blue Cross/ Blue Shield insurance.

- 8800 Blackhawk Dr Lakeside, MI 49116
- Accepts Medicare
- Specializes in neuropsychiatry

- Riverwood Treatment Center
- 1485 M-139

Benton Harbor, MI 49022

Accepts Blue Cross/Blue Shield, Humana, and Medicaid, Medicare insurance

<sup>\*</sup> These resources are adoption sensitive

Matthew L Davis. (269) 982-7844

• 2500 Niles Rd

Ste 7

Saint Joseph, MI 49085

 Accepts Medicare, Medicaid, CIGNA, Aetna, Health Alliance, Humana, Wellcare, Blue Cross/Blue Sheild, and United Healthcare insurance.

• 1485 M 139

Benton Harbor, MI 49022

- 1030 Miners Rd Saint Joseph, MI 49085
- Specializes in child and adolescent psychiatry.
- Accepts Blue Cross/Blue Shield, Aetna, Health Alliance, and Humana insurance

- 3906 Stonegate Park Saint Joseph, MI 49085
- Specializes in pediatrics.
- Accepts Blue Cross/ Blue Shield, Humana, and Medicaid insurance

# **Respite**

- Services available for individuals with developmental disabilities or emotional impairments.
- Covered by Medicaid.
- To receive respite service, an individual and their caregiver must first complete an intake and talk with a therapist at the Riverwood Center to construct a treatment plan. The therapist will then assign a given number of hours per week that the individual is eligible for respite. The hours given can be used whenever or saved up to use for an extended period of time.
- The Riverwood Center has one respite provider agency, but families are welcome to hire their own caregiver and work with the Riverwood Center to arrange payment.
- 1485 M-139 Benton Harbor, MI 49022

# **Support Groups**

Divine Divas......(269) 985-0111

- A support groups for women with developmental disabilities.
- Meets every 2<sup>nd</sup> Friday of every month from 11:00-1:30.
- Facilitated by Disability Network Southwest Michigan.
- Contact Cindy Gray at the phone number listed above for more information.

<sup>\*</sup> These resources are adoption sensitive

 Meetings held at Riverview Park Christian Church 2929 Niles Road St. Joseph, MI 49085

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Berrien, Cass, and Van Buren
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 23 Sodus, MI, 49126
- http://www.namiswmi.org/

# **Branch County**

# **Children with Special Needs**

Children's Special Health Care Services......(800) 482-9561 Or..... (517) 279-9561

- 570 N. Marshall Rd. Coldwater, MI 49036
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.

<sup>\*</sup> These resources are adoption sensitive

- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

# **Counseling Services**

Community Mental Health Center of Branch.....(517)279-5347

- www.chcbc.com
- Offers a variety of outpatient counseling services.
- Call for insurance and payment information
- 274 E. Chicago St. Coldwater, MI 49036

- Individual and family therapy.
- Accepts children and adult clients
- Sliding scale based on insurance and income.
- 200 Orleans Blvd. Coldwater, MI 49036

# **Psychiatrists**

Fernando Castro-urrutia.....(517) 279-0248

- Lugo & Castro MDs 259 E Chicago St. Coldwater, MI 49036
- Accepts Guardian and Medicaid insurance
- Specializes psychiatry

James Hudson Briggs.....(517) 278-6942

 Lake Land Correctional Facility 141 1<sup>st</sup> St.
 Coldwater, MI 49036

Suzette Lugo-medina......(517) 279-0248

- Lugo & Castro MDs 259 E Chicago St Coldwater, MI 49036
- Accepts Guardian, Blue Cross/Blue Shield, Wellpoint, Aetna, and Medicaid insurance.
- Specializes in psychiatry

#### Respite

Michigan Department of Human Services, Branch County...... (517) 279-4200

<sup>\*</sup> These resources are adoption sensitive

 388 Keith Wilhelm Dr Coldwater, MI 49036

### **Support Groups**

Branch County Commission on Aging.....(517) 279-6565

- Kinship support group
- Meeting Location: Burnside Senior Center, 65 Grahl Dr. Coldwater, MI 49036
- Time: 2nd Tuesday of each month from 5:30-7:00 p.m (RSVP Required)
- Contact: Amy Duff 517-279-6565 or dircoa@cbpu.com

Community Health Center of Branch County...... (517) 279-5420

- Passages Grief Support Group
- Meets every other Monday from 10:00am- 11:30am
- Free and open to the public
- Contact Karen or Barbara
- 274 E. Chicago St. Coldwater, MI 49036

Pines Behavioral Health......(517) 279-8404

- Support groups for active clients only.
- Anger management and parenting groups.
- 200 Orleans Blvd. Coldwater, MI 49036

# **Calhoun County**

#### **Child Care**

- www.fecfamily.com
- Drop-in childcare at Take-A-Break Childcare Center (no monthly or weekly commitment of hours for preschool and school age care, availbility of childcare on short notice, etc.)
- Preschool program through Take-A-Break Childcare Center each weekday from 9am to 3pm
- Free or discounted respite care for families in crisis
- Childcare for children suspended from school
- Childcare for children with special needs whether they be physical, behavioral or emotional
- Childcare for newly placed foster children who are transitioning from their biological family and home into a foster family

# **Children with Special Needs**

Children's Special Health Care Services.....(269) 969-6390

<sup>\*</sup> These resources are adoption sensitive

- 190 East Michigan Ave. Battle Creek, MI 49014
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Mental Health Counseling/Treatment**

Battle Creek Mission (The Haven).....(269) 965-1148

• 11 Green St

Battle Creek, MI

\*Foster Adoptive Family Resource and Support Center......(269)660-0448 Starr Commonwealth.......................(269) 832-6011

#### **Mental Health Resources**

Behavioral Mental Health Resources. (269)979-8333 www.bcbhr.org/

- Provides services for children, adolescents, young adults and adults.
- Offers a variety of treatments for the diagnosis of ADD, ADHD,
   ODD, bipolar disorder, depression and post-traumatic stress disorder. In the treatment of mood and anxiety disorders they offer individual and group therapy options.

#### Nutrition

Calhoun County Health Department......(269)966-1230

### **Parent and Family Support Services**

Family Enrichment Center.....(269) 660-0448

- www.fecfamily.com
- Family advocacy for families in crisis including families in the midst of special inquiries regarding abuse and neglect
- One-on-one parent support for struggling and stressed out parents
- Support groups for foster parents, kinship care providers, caregivers for children with Reactive Attachment Disorder

<sup>\*</sup> These resources are adoption sensitive

 Parent training addressing a range of subjects such as child-rearing, bullying, finding educational services for special needs children, relationships between foster and birth families, suicide prevention and healthy family meals.

### **Psychiatrists**

Bangalore Krishna Ramesh....(269) 657-5574

• Van Buren Community Mental Health Authority

801 Hazen St

Ste C

Paw Paw, MI 49079

 Accepts Guardian, Wellcarem Blue Cross/Blue Shield, and United Healthcare insurance

James W Gandy. (269) 979-8333

Behavioral Health Resources

3630 Capital Ave

Suite 1

Battle Creek, MI 49015

- Accepts Aetna, Blue Cross Blue Shield, Cigna, Humana and United Healthcare.
- Specializes in psychiatry and geriatric psychiatry

Oaklawn Hospital

200 N Madison St

Marshall, MI 49068

- Specializes in neuropsychiatry
- Accepts Aetna, Blue Cross Blue Shield, Confinity, Medicare and United Healthcare.

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Behavioral Health Care Pc

363 Fremont St

Ste 300

Battle Creek, MI 49017

- Accepts Blue Cross/ Blue Shield insurance, Humana, Medicare, Aetna and United Healthcare.
- Specializes in geriatric psychiatry and psychosomatic medicine.

Michael Cupp.....(269) 979-8333

Behavioral Health Resources

3630 Capital Ave

Suite 1

Battle Creek, MI 49015

• Specializes in psychology.

• 601 S Shore Dr Unit 330

<sup>\*</sup> These resources are adoption sensitive

Battle Creek, MI 49014

- Specializes in psychiatry
- Accepts Blue Cross/Blue Shield, Medicare, Humana, Cigna, United Healthcare and Aetna.

Sidney Heisler.....(269) 781-9119

- Oaklawn Psychological Services 15209 W Michigan Ave Marshall, MI 49068
- Accepts Blue Cross/ Blue Shield Insurance
- Specializes in forensic psychiatry, psychosomatic medicine, geriatrics and addictions.

## Respite

- Provides respite services to Kinship Care, Adoptive and Foster Care families as well as children with special needs.
- Part of Family Enrichment Center
- 415 South 28<sup>th</sup> Street Battle Creek, MI 49015

# **Summer Camps**

• Specialized summer camps designed for teens and children, including selfesteem building programs and job skills training for teens

# **Support Groups**

Family and Children Services, Inc.-Battle Creek.....(269) 965-3247

- 778 W. Columbia
- Battle Creek, MI 49015

- www.fecfamily.com
- Parent and Professionally run parent, special needs, Kinship support groups, FAK adoption/Kinship Informational support groups (1<sup>st</sup> Tuesday of each month, 12:30-2:00pm), Monthly 3 hr. trainings also available
- Free

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.

<sup>\*</sup> These resources are adoption sensitive

• P.O. Box 51693 Kalamazoo, MI, 49005-1693

http://www.namikalamazoo.org/

North American Council on Adoptable Children.....(616) 660-0448

- 23891 Bedford Rd.
- Battle Creek, MI 49017

WillowsEdge, LLC: Counseling and Art Center.................. (248) 707-1894

- Social skills group.
- 6 week series of peer group programs, for early childhood through adolescent aged children, who demonstrate difficulties with social skill awareness, social interactions and social behaviors

Youth Guidance Foster Care & Adoption Center.....(269)969-9438

- 70 Calhoun St.
- Battle Creek, MI 49017

http://www.citylinc.org/foster\_care.html

### **Cass County**

# **Children with Special Needs**

Children's Special Health Care Services.....(269) 445-5280

- 201 M-62 North Cassopolis, MI 49031
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Counseling**

- Insurance accepted
- Average cost per session: \$80-90
- Location: 11017 Herring Street Marcellus, Michigan 49067
- Couple, family, and individual therapy available.

Cass County Community Mental Health Authority.....(269)445-2451 <a href="https://www.woodlandsbhn.org/">www.woodlandsbhn.org/</a>

#### **Crisis Intervention**

<sup>\*</sup> These resources are adoption sensitive

24 Hour Hotline....(800) 310-5454

- Youth crisis center.
- 2480 M139

Benton Harbor

http://www.cfsswmi.org/our-programs/link-center.html

Woodland Behavioral Health Care Center.....(269) 455-2451

Or.....(800)323-0355

960 M-60 EastPO Box 97Cassopolis, MI 49031

### **Psychiatrists**

Dr. Mehta.....(269) 445-2451

- Client must first go through the intake process with Cass County Community Mental Health.
- Psychiatric service must be paired with other services.
- Sees children with severe emotional disturbances.
- 960 M-60 East Cassopolis, MI 49031

## Respite

Michigan Department of Human Services......(269) 445-0200

• 325 M-62

Cassopolis, MI 49031

Woodlands Behavioral Health Network.....(269) 445-2451

 Authorize respite on a case by case basis for children who qualify with developmental disabilities and refer to a contract provider who provides the respite in the family's home.

# **Support Groups**

Adoptive Families of Southwestern Michigan. (616) 424-3531 Domestic and Sexual Abuse Services. (269) 273-6154

- Support Groups: Groups meet weekly for survivors or family members to help with the healing process and receive support from DASAS staff and other survivors—childcare is available.
- 125 W. Main Street P.O. Box 189 Centreville, MI 49032

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren

<sup>\*</sup> These resources are adoption sensitive

- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 51693
   Kalamazoo, MI, 49005-1693
- http://www.namikalamazoo.org/

# **Eaton County**

#### Child Care Financial Assistance & Resources

# **Children with Special Needs**

Center for Educational Networking......(517)541-1318

- Offers products and services that respond to the information needs of families, educators, community services providers of individuals with disabilities.
- 224 S. Cochran Ave.
- Charlotte, MI 48813

- 330 W. Woodlawn Hastings, MI 49058
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

# Counseling

Community Mental Health.....(517) 543-5100

- Early intervention for at-risk children
- Individual, group, and family therapy
- Crisis intervention
- Inpatient treatment
- 551 Courthouse Dr.

<sup>\*</sup> These resources are adoption sensitive

Charlotte, MI 48813

Delta Waverly Psychology and Counseling Associates...... (517) 323-4099

- Most insurances accepted
- Couple, family, and individual therapy available.

\*Elizabeth Sawyer Danowski.....(517) 618-9187

- Adoption sensitive
- Play. Build. Grow
   913 West Holmes Road
   Suite 179
   Lansing, MI 48910
- Accepts Blue Care Network, Blue Cross/Blue Shield, Aetna, Alliance, and United.
- - Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
  - Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
  - Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
  - A traditional counseling approach is used in providing this service.
     Counseling services are home & office based and are available to individuals and families of all ages.
  - Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
  - http://highfields.org/
- \* Nurtured Heart Path....(517) 719-1523
  - Annie Lange provides counseling, consultation, parent coaching and training
    to individuals, families, agencies and school systems throughout Michigan.
    She specializes in working with both adults and children, many of whom are
    challenged with ADD, ADHD, ODD, substance abuse, depression, anxiety,
    relationship and adoption issues
  - Call for upcoming classes and workshops
  - 2487 S. Michigan Road Eaton Rapids, MI 48827
  - annie@nurturedheartpath.com

• Provides numerous prevention services such as: Marijuana & Alcohol Intervention Program, Domestic Abuse Intervention Program, Assaultive Behavior Change,

<sup>\*</sup> These resources are adoption sensitive

Alcohol Insight, Relapse Prevention, Outpatient Substance Abuse Treatment, Women's Specific Outpatient Treatment, Intensive Outpatient Treatment

- No insurance is accepted, clients must pay for services
- Serves clients in Eaton, Clinton, Shiawassee, and Ingham Counties
- 4601 W. Saginaw Hwy., Suite C Lansing, MI 48917
- <a href="http://www.patslansing.com/">http://www.patslansing.com/</a>

\*Ruth E Charles Edwards.....(517) 292-4133

- Adoption sensitive
- 2535 E Mount Hope Ave Lansing, MI 48910
- Accepts Blue Care Network, Blue Cross/Blue Shield, Aetna, Humana, McLaren, PHP Plus, Cofinity, Magellan Behavioral Health, Medicare and ValueOptions.
- \*Shana Bombrys.....(517) 618-0579
  - Extensive training surrounding childhood trauma
  - 913 W. Holmes Rd. Suite 179
    - Lansing, MI 48910
  - Aetna, BlueCross and/or BlueShield, Humana, Magellan Behavioral Health, Medicare, Michigan Health Plan, TRICARE, Behavioral Health Systems, Cofinity, MHN, McLaren, Meridian Health Plan, PHP

#### **Food and Nutrition**

 Barry-Eaton District Health Department.
 (517)541-2630

 Or.......(517) 485-7110
 (517) 541-2630

 WIC Program.
 (517) 541-2630

• The special supplemental nutrition program for Women, Infants, and Children (WIC) is a federally funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age 5.

#### **General Health Services**

Public Health Nursing.......(517) 541-2654

# **Multi-Service Agencies**

Capital Area Community Services......(517) 393-7077

- 1301 Rensen St.
- Lansing, MI 48910

- 4<sup>th</sup> Floor, City Hall
- 124 W. Michigan Ave.
- Lansing, MI 48933

<sup>\*</sup> These resources are adoption sensitive

### **Parenting Resources**

Building Strong Families.....(517) 543-2310

### **Psychiatrists**

David Samuel Sprague.....(517) 628-2737

- 5305 Ferris Rd Eaton Rapids, MI 48827
- Accepts Blue Cross/Blue Shield and Medicaid.

### **Runaway and Homeless Youth Services**

Gateway Community Services.....(517) 351-4000

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.gatewayservices.org
- 2875 Northwind Dr, Ste 105 E Lansing, MI 48823

### Respite

LAP Respite Center.....(517) 372-6671

- <u>In-Home Program</u>: Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the families wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- Respite House Program: Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- After School Program: Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student to care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.

<sup>\*</sup> These resources are adoption sensitive

• 840 E Mt. Hope, Suite 101, Lansing, MI 48910

#### **Service Information and Assistance**

- Information and Referral. Able to provide families information on where to seek services. Able to assist with applying for medical subsidies.
- Barry Eaton County DHS is able to be a resource to children and families who were not placed through their program.
- Contact person: Katie S. Mika (Mikak@Michigan.gov)
- Location: 430 Barfield Drive, Hastings, MI 49058

# **Support Groups**

Child and Family Charities.......(517) 882-4000

- 4287 Five Oaks Dr.
- Lansing, MI 48911

Children's Charter of the Courts of Michigan....(517) 482-7533

- 324 N. Pine St. #1
- Lansing, MI 48933

NAMI Lansing....(517) 484-3404

- NAMI Lansing offers: support groups, educational opportunities, and a healthy living program.
- NAMI provides these programs for the following counties: Clinton Eaton, Ingham, and Ionia.
- Family Support Group meets every Tuesday from 7 -8:30pm at Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing. Call for more information.
- Support Group for Spouses of Persons with Mental Illness meets the First
  Monday of the month from 7:00 to 8:30 p.m. at Sparrow Behavioral Health –
  First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw,
  Lansing. Go to Behavioral Health first floor, partial hospitalization room.
- P.O. Box 26101 Lansing, MI, 48909
- http://www.namilansing.org/

- 2800 W. Willow St.
- Lansing, MI 48917
- http://www.stvcc.org/STVCC/

#### **Transportation**

EATRAN (Charlotte).....(517) 543-4087

<sup>\*</sup> These resources are adoption sensitive

# **Hillsdale County**

### **Children with Special Needs**

- 570 N. Marshall Rd Coldwater, MI 49036
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

# **Counseling**

- \* Barbara Corbett......(517)437-5538
  - 55 Barry St Hillsdale, MI 49242
  - Able to work on adoption issues
  - Sliding Scale
  - AETNA Health, Alliance Network, CIGNA HealthCare, Health Plan, and Medicare insurance are accepted

Family Counseling Center (805) 495-4226

• 11 E Carleton Rd, Hillsdale, MI 49242

Highfields....(517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service. Counseling services are office & home based and are available to individuals and families of all ages.

<sup>\*</sup> These resources are adoption sensitive

<ul> <li>Services consist of an assessment completed during the first appointm diagnosis and ongoing counseling sessions developed to address the re- for referral.</li> </ul>	
• <u>http://highfields.org/</u>	
* Integro(517) 439-20	609
Several adoption sensitive therapists on staff.	00)
Accept a wide variety of insurance.	
Lifeways Community Mental Health(517) 439-2	2641
• Hours: M-F 8am-6pm	
25 Care Drive	
Hillsdale, MI 49242	
* Hillsdale Psychological Institute(517) 439-45	96
Dr. Marianne Osentoski, PhD.	
Accepts Blue Cross/Blue Shield.	
Adoption sensitive  Pichard Ennis, PhD  (517) 420-55	27
Richard Ennis, PhD	31
• Hillsdale, MI 49242	
Accepts Aetna, BCBS Illinois, Blue Cross/Blue Shield, CIC	ZNΔ
Confinity, Coventry Health Care and MultiPlan.	J1 <b>1/1</b> ,
Specializes in Clinical Psychology.	
Branch-Hillsdale-St. Joseph District Health Department	395
Psychiatrists	
Anjali J. Mehta(517) 796-45	540
Lifeways Community Mental Health  25 Corp. Dr.	
25 Care Dr Hillsdale, MI 49242	
Accepts Aetna insurance	
7 Accepts Actua insurance	
Satish K. Cham(517) 796-45	40
Lifeways Community Mental Health	
25 Care Dr	
Hillsdale, MI 49242	
<ul> <li>Accepts most insurances</li> </ul>	
Respite	
Support Groups	
Healthy Beginnings(517) 437-7	7395
	7395 2

- Programs offered include: Parents as Teachers, Love and Logic, Parent Groups, STEP
- For information on parenting schedules, please contact Andrea Bricker, Coordinator (517-437-7395, ext. 116.)
- Community Health Agency 20 Care Dr. Hillsdale, MI 49242

- A support group for parents of children who have Down Syndrome
- Meet on a monthly or bi-monthly basis.
- Family events throughout the year in order to get to know each other and celebrate special events
- For more information, contact Paula Hayne (<a href="mailto:phayne@hillsdale-isd.org">phayne@hillsdale-isd.org</a>).

NAMI of Jackson & Hillsdale, MI. (517) 782-1164

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Hillsdale & Jackson
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 5032 Harriett Dr Jackson, MI, 49203-5241
- http://namimi.org/nami-jackson-hillsdale

# **Ingham County**

#### Child Care Financial Assistance & Resources

• www.michigan.gov/michildcare

# **Children with Special Needs**

Association for Children's Mental Health.....(517) 381-5125

- www.acmh-mi.org
- 6017 W. St. Joseph Hwy. Suite 200
- Lansing, MI 48917

Children's Special Health Care Services......(517) 887-4309

- www.michigan.gov/chscs
- 5303 S. Cedar
   P.O. Box 30161
   Lansing, MI 48909

<sup>\*</sup> These resources are adoption sensitive

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Ingham Intermediate S.D. (Project Find) Early On......(517) 244-4514

• www.inghamisd.org/academic\_services/earlychildhoodeducation/earlyon

### **Community Education Programs & Community Centers**

Foster Community Center......(517) 483-4233

- www.lansingmi.gov/foster\_community\_center
- 200 N. Foster
- Lansing, MI 48912

- School of Social Work at MSU supports Michigan kinship families by utilizing research to provide education and outreach for communities, agencies, and individuals involved in supporting kinship families.
- www.kinship.msu.edu

# Counseling

\*Amy M Miller....(517) 325-9932

- Trauma informed therapist
- 780 W Lake Lansing Rd Suite 700 East Lansing, MI 48823
- Accepts Aetna, Magellan Behavioral Health, Medicare, United, Blue Cross/Blue Shield, McLaren, and Tricare.

Behavioral Health Services (Sparrow-St. Lawrence)......(517) 364-7650

- www.sparrow.org/behavioralhealth
- Outpatient clinic (517) 364-7700

Christina Johnson......(517) 882-6159

- Individual therapy, Family therapy, Children, teens, adults, trauma, Play therapy, anxiety, EMDR, depression, behavior issues
- Insurance (PHP, Aetna, McLaren, Magellan, EAP) and Medicaid accepted. Medical Subsidy accepted and willing to bill directly

<sup>\*</sup> These resources are adoption sensitive

- www.ceicmh.org
- Children's Services direct line: (517) 346-8000

Highfields.....(517) 887-2762

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service.
   Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- http://highfields.org/

\*Lois Dean....(517) 349-4360

- Trauma informed therapist
- 2198 Commons Parkway Okemos, MI 48864

MSU Psychological Clinic (517) 355-9564

• Psychology.msu.edu/clinic

PAR Rehab Services 517-887-9801

- www.parrehab.org
- 3960 Patient Care Drive Suite 104 Lansing, MI 48911
- Provides a variety of psychological and rehabilitation services for the purpose of
  accurate diagnosis and successful treatment. These services are offered to
  individuals with medical, neurologic, and psychological conditions including
  traumatic brain injuries, cerebrovascular accidents, learning disabilities, attention
  deficit disorders, psychological adjustment disorders, dementia, industrial
  injuries, and automobile injuries.
- PAR Rehab Services offers a Substance Abuse Disorder Program for adults and adolescents. This new program includes substance abuse assessment, diagnosis, and outpatient treatment services in individual and group modalities

• Provides numerous prevention services such as: Marijuana & Alcohol Intervention Program, Domestic Abuse Intervention Program, Assaultive Behavior Change,

<sup>\*</sup> These resources are adoption sensitive

Alcohol Insight, Relapse Prevention, Outpatient Substance Abuse Treatment, Women's Specific Outpatient Treatment, Intensive Outpatient Treatment • No insurance is accepted • Serves clients in Eaton, Clinton, Shiawassee, and Ingham Counties • 4601 W. Saginaw Hwy., Suite C Lansing, MI 48917 • http://www.patslansing.com/ Psychological Services of East Lansing. (517) 599-4934 • 1650 Kendale Blvd. Suite 95 East Lansing, MI 48823 • Individual therapy, Family therapy, Substance abuse Accepts private insurance, Medicare, Medicaid, and accepts and willing to bill medical subsidy • Contact: Shana Bombrys, LMSW, CADC, ADS (shanabombrys@gmail.com) Auburn Hills Psychological Services ......(517) 750- 3869 • Performs assessments for psychological evaluations for parents • Accepts Aetna and Cofinity insurance • Adoption and Foster care sensitive • 6692 Spring Arbor Rd, Jackson, MI 49201 **Emergency Shelters** • 2875 Northwind Drive, Suite 105 East Lansing, MI 48823 Emergency shelter, counseling and support services for runaway, homeless and at-risk youth. • www.eveinc.org • Emergency shelter and counseling services for survivors of domestic violence. **Faith Based Resources** Trinity Church/Open Arms.....(517) 969-3292 • Offers support groups and other resources for adoptive families. • Contact Carrie Feitl: openarms@trinitywired.com • 3355 Dunckel Rd.

#### **General Health Services**

Lansing, MI 48911

<sup>\*</sup> These resources are adoption sensitive

Public Health Nursing......(517) 887-4322 Or (989) 224-2195 **Living Support** givingtreeserv5644@att.net. • Living support/respite care services with a target population being adoptive care (Medicaid approved provider). • Employment opportunities for persons with disabilities • Long term residential care for the neurologically impaired. • Family shared information and blog. www.givingtreeservices.org Mentoring Big Brothers/ Big Sisters of Greater Lansing......(517) 372-0160 330 Marshall St., Suite 103 Lansing, MI 48912 **Parent Resources** • Parenting skills classes, couple communication classes, therapeutic assessments • Insurance not accepted • Contact: Michael Whitehead, MS in MFT, LMFT (ourfamilytherapist@gmail.com) **Preschool Related Professional Organizations** Office for Young Children (Regional 4C).....(517) 887-4319 **Psychiatrist** Zulfigar Ahmed....(517) 618-0934 Healthy Minds 240 S Bridge St Suite 220 Dewitt, Michigan 48820 Accepts several types of insurance Respite

**In-Home Program**: Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an

<sup>\*</sup> These resources are adoption sensitive

- activity. These hours are prescheduled to the family's wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- Respite House Program: Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- After School Program: Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student to care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.
- 201 Hillside Court East Lansing, MI 48823

# **Support Groups**

Adoption Associates, Inc.....(517) 327-1388

- Offers support groups for parents, children, and children with special needs. Also offers parenting skills classes.
- Visit their website at www.adoptionassociates.net.
- 800 Thomas L. Parkway, Suite 1 Lansing, MI 48917

# 

Parenting from a Life Coaching Perspective: An alternative to traditional
parenting classes where the presenter is the "expert" this group views the
parents as the experts and the coach as a guide to help achieve the goals
desired. Covers ages from infancy through adolescence. Breakout groups for
various ages are available.

- NAMI Lansing offers: support groups, educational opportunities, and a healthy living program.
- NAMI provides these programs for the following counties: Clinton Eaton, Ingham, and Ionia.

- Family Support Group meets every Tuesday from 7 -8:30pm at Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing. Call for more information.
- Support Group for Spouses of Persons with Mental Illness meets the First Monday of the month from 7:00 to 8:30 p.m. at Sparrow Behavioral Health – First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room.
- P.O. Box 26101 Lansing, MI, 48909
- http://www.nami-lansing.org/

- Contact person: Korey Wheeler
- Free childcare provided for those who register in advance
- Meets every 4<sup>th</sup> Monday of the month
- 6:30-8:30 pm
- Child and Family Services 4287 Five Oaks Dr. Lansing, MI 48911

Trinity Church – has an adoptive family group that meets once a month on a Sunday morning.

- 3355 Dunkel Road Lansing MI 48911
- clfeitl@hotmail.com
- 517-969-3292

DHS has a foster parent support group that is open to adoptive parents as well.

Contact: Christina Redmond, MS, LLMSW, Wk 517-775-269.

#### **Youth and Teen**

I but and I cen		
Christian Services.	(517) 394-5411	
Pregnancy Services.	(517) 580-8185	
• www.pregnancylansing.com		
Shared Pregnancy Women's Center	(517) 484-1882	
<ul> <li>http://www.sharedpregnancy.org/</li> </ul>		
Cristo Rey Community Center	(517) 372-4700	
<ul> <li>Variety of programs for the community and youth including an after-school drop</li> </ul>		

- off clinic, 4-6pm
- Counseling, substance abuse treatment, parenting classes, Women/Living Free, and domestic violence prevention/counseling.
- 1717 North High Street
- Lansing, MI 48906

# **Jackson County**

<sup>\*</sup> These resources are adoption sensitive

### **Children with Special Needs**

Children's Special Health Care Services.....(517) 788-4422

- 1715 Lansing Ave Suite 221 Jackson, MI 49202
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Counseling**

Allegiance Health.....(517) 782-4001

- <u>Substance Abuse Services</u> offers a variety of counseling, education and support services for individuals and their families who have a chemical or alcohol addiction.
- Using a combination of individual and group treatment approaches, the
   <u>Addiction Recovery Center</u> offers residential, intensive day and evening
   programs for adults who are still struggling to abstain from alcohol and drugs
   during treatment
- 2424 W Washington Ave Jackson, MI 49203

Highfields....(517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service.
   Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- http://highfields.org/
- 1206 Clinton Rd

<sup>\*</sup> These resources are adoption sensitive

#### Jackson MI 49202

# Integro, LLC.....(517) 789-1234

- Out Patient counseling and case management services for both adults and children including: Individual, family and play therapy, integrated treatment for adults with co-occurring mental health and substance use issues.
- Home-based services including: Multisystemic Therapy, 0 to 3 infant mental health and Trauma Focused Cognitive Behavioral Therapy.
- Most private insurances are accepted as well as Medicaid.
- 1200 N West Ave Suite 300 Jackson, MI 49202-2174

Jackson County Department on Aging.....(517) 788-4364

- Individual therapy for caregivers age 55 years of age and older, Kinship support group for Kinship Caregivers age 55 years of age and older
- Professionally run parent support groups
- No charge for services

Larry Zolman....(517) 936-7580

- Individual and family therapy
- Specializes in behavioral therapy for children and adolescents.
- Provides applied behavior analysis for children on the autism spectrum or who are lower functioning.
- 2301 E. Michigan Ave. #215c
- Jackson, MI 49202
- Accepts Confinity and Humana

# LifeWays Community Mental Health.....(517)780-3332

- LifeWays contracts with a wide variety of behavioral health providers throughout Hillsdale and Jackson Counties to deliver services and supports to those with developmental disabilities, serious mental illness, serious emotional disturbance, and substance use disorders.
- 1200 N. West Avenue Jackson MI 49202

\*Lutheran Social Services of Michigan....(855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills.
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect
- MI Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post
- Adoption or Guardianship
- Accepts Medicaid and bills them directly
- Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, and Troy

<sup>\*</sup> These resources are adoption sensitive

• 1803 Whites Road, Suite 5 Kalamazoo, MI 49008

Email: <u>CFtherapy@lssm.org</u>

### Solutions 2 Wellbeing

(517) 787-9474

- Offers a variety of services-individual counseling, family counseling, marriage counseling, parenting classes, and trainings
- Staff are trained in the Nurtured Heart Approach which is integrated into it services
- 200 N. West Ave., Suite 400, Jackson, MI 49202

#### Nutrition

#### **Parent Resources**

Solutions 2 Wellbeing

(517) 787-9474

- Offers a variety of services-individual counseling, family counseling, marriage counseling, parenting classes, and trainings
- Staff are trained in the Nurtured Heart Approach which is integrated into it services
- 200 N. West Ave., Suite 400, Jackson, MI 49202

# **Psychiatrists**

- 3333 Spring Arbor Rd Suite 300 Jackson, MI 49203
- Accepts Aetna, Blue Cross/Blue Shield, and CIGNA insurance

- 2301 E Michigan Ave Suite 100 Jackson, MI 49202
  - Accepts most insurances

John S. Mogerman......(517) 788-4730

Allegiance Outpatient Bhvr Health
 205 N East Ave
 Jackson, MI 49201

Accepts most insurances.

# **Runaway and Homeless Youth Services**

DO'CHAS II.....(517)788-4605

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- 304 Alpine Lane

<sup>\*</sup> These resources are adoption sensitive

#### Jackson, MI 49203

### **Respite**

# **Support Groups**

Family Service & Children's Aid	(517)	787-7920
Greater Jackson Families for Adoption	(517)	782-9023
Jackson County Department on Aging	(517)	768-8652

- Kinship support group
- Time: 12 1:30 PM
- Contact: Jennifer Guthrie

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Hillsdale & Jackson
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 5032 Harriett Dr Jackson, MI, 49203-5241
- http://namimi.org/nami-jackson-hillsdale

# **Kalamazoo County**

### **Children with Special Needs**

• 3299 Gull Rd.

P.O. Box 42

Nazareth, MI 49074-0042

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Kristin Totten.....(269) 270-1278

- www.kristintotten.com
- \* These resources are adoption sensitive

• Education attorney that works with children with special needs Or (269) 207-2527 • Contact: Linda Casper (lscasper@ameritech.net) • Provides Special Education Advocacy, Consultant and Tutorial Services for Southwestern Michigan. • 4341 S. Westnedge Ave **Suite 2101** Kalamazoo, MI 49008 **Clothing and Other Basic Needs** • 5640 Venture Ct Kalamazoo, MI • 1010 North Westnedge Kalamazoo, MI Portage Community Outreach Center.....(269) 323-1942 • 325 East Center Portage, MI Salvation Army.....(269) 344-6119 • 1700 South Burdick Kalamazoo, MI • 513 Eleanor St Kalamazoo, MI **County Resources** Kalamazoo Resource Search Engine......http://www.referweb.net/Gryphon/ **Crisis Intervention** • Crisis service for families at no cost. • Available 24/7 **Housing Resources** Alpha and Omega.....(269) 345-5100 • Housing services for men. • 829 Rose Ct. Kalamazoo, MI ARK.....(269) 343-8765 • Serves youth ages 12-17

• 990 West Kilgore Kalamazoo, MI

<sup>\*</sup> These resources are adoption sensitive

Bethany House(2	69) 366-4468
• 722 S. Rose	
• Kalamazoo, MI 49007	
Department of Human Services(2	269) 337-4900
• 322 East Stockbridge	
Kalamazoo, MI	2(0) 522 1210
Emergency Overnight Shelter	269) 532-1210
• 440 ½ North Church	
Kalamazoo, MI	
Food and Nutrition	(260) 227 4000
Department of Human Services	.(209) 337-4900
• 322 East Stockbridge Kalamazoo, MI	
Family Health Center	(269) 349-2647
• 117 West Paterson St.	.(207) 547-2047
Kalamazoo, MI 49007	
Goodwill	(269) 382-0490
• 420 Alcot	(=0) 00= 0.90
Kalamazoo, MI	
Gospel Mission	(269) 345-2974
Breakfast served at 7am	,
<ul> <li>Dinner served at 7pm</li> </ul>	
Kalamazoo County Human Services Department	(269)373-5002
Loaves and Fishes.	(269) 343-3663
• 420 Alcot	
Kalamazoo MI	
WIC(2	269) 373-5002
Mental Health Counseling/Treatment	
Wientan Health Counseling, Heatment	
*Bethany Christian Services(26	59) 372-8800
• Individual therapy, Kalamazoo Adoption Support group, ADO	PTS support group.
• Insurance not accepted. Medical subsidy accepted and can be	billed directly
• Contact person: Karen Benzema, LMSW	-
• Visit their website at <a href="https://www.bethany.org">www.bethany.org</a>	
<ul> <li>Location: 6687 Seeco Drive</li> </ul>	
Kalamazoo, MI 49009	
Bill LaValley(26	59) 744-5293
<ul> <li>Works well with teenage boys</li> </ul>	
• 914 S. Westnedge Ave.	
• Kalamazoo, MI 49008	
Bridgeways(2	.69) 552-3440
• 1606 S Burdick	
Kalamazoo, MI	(0) 201 0000
Catholic Family Services(26	
* These resources are adoption sensitive	35

- Sliding scale offered
- 1819 Gull Rd

Kalamazoo, MI

- \* Children's Trauma Assessment Center.....(269)387-7073
  - Unified Clinics

Western Michigan University 1000 Oakland Drive

Kalamazoo, MI 49008

- Email: chhs-ctac@wmich.edu
- The goal of the Center is to assess the impact to children following exposure to traumatic events and/or suspected fetal alcohol exposure. The target population is children, ages three months to 17 years, entering foster care due to experiences of child abuse and/or neglect. Children with other traumatic experiences are also considered for assessment
- They do not bill private insurance companies.
- http://www.wmich.edu/traumacenter
- \* Family Attachment Center and Therapeutic Respite (FACTR).....(269)343-0646
  - Geared specifically towards adoptive families
  - myfactr@gmail.com
  - 605 Howard St. Kalamazoo, MI 49008
- \*Interpretive Arts Counseling, LLC (Schau House).....(269) 382-5343
  - Parenting skills classes, individual therapy, family therapy, art and sand tray therapy
  - Professional-led attachment focused support groups
  - Private insurance, adoption subsidy and medical subsidy accepted.
  - 148 N. Riverview Dr.
  - Parchment, MI 49004

- Parenting skills classes, Individual therapy, Family therapy
  - **Support Groups:** Professionally run parent, children, teen, ADD, Autism groups
  - Insurance, Medicaid and Medical Subsidy accepted
  - 605 Howard St.
  - Kalamazoo, MI 49008

Jomie George.....(269) 343-3511

- Works with children and adolescents using primarily play therapy.
- Has experience evaluating and treating children with autism spectrum disorders.
- In network with Blue Cross Blue Shield, Meridian Health Plan, Magellan, Priority Health, and Humana
- 605 Howard St. Kalamazoo, MI 49008

Kalamazoo Community Mental Health.....(269) 373-6000

- Walk in hours Monday-Friday from 8:00am-5:00pm
- \* These resources are adoption sensitive

• 418 W. Kalamazoo Ave Kalamazoo, MI 49007

• 432 W Crosstown Pky Kalamazoo, MI

• Fees are based upon your ability to pay or your health insurance coverage. While no one is denied services based on their financial situation, there may be a waiting list in place to receive non-Medicaid covered services.

### \*Kristen M. Kimm. (269) 343-0646

- Individual therapy, and Family therapy
- Private Insurance, Medicaid, Medical Subsidy and self-pay scale
- 605 Howard St.
- Kalazmazoo, MI 49008
- \*Lutheran Social Services of Michigan....(855) 444-3911
  - Outpatient or Outreach counseling services in an individual, family or group capacity
  - Therapeutic Parent Coaching to enhance parenting skills
  - Gain Understanding of Life Experiences within the Child Welfare System
  - Assist with Emotion Regulation
  - Decrease Negative Behaviors
  - Meet Mental Health Needs of Children and Adults involved with CPS, Protect Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
  - Accepts Medicaid and Medical Subsidy
  - Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy
  - 1803 Whites Road, Suite 5 Kalamazoo, MI 49008
  - Email: CFtherapy@lssm.org

#### 

- Specializes in children/teens and their families who have experienced relational trauma, adoption, and/or multiple placements.
- Addresses traumatic stress in children that may cause aggression/violence, defiance, stealing, lying, running away, etc.
- Enhances parent responsiveness to children in distress
- Skilled in several intervention techniques.
- Offers individual, parent-child, couple, and group therapy in addition to parent coaching and assessment.
- markscheffers1@gmail.com
- 605 Howard St. Kalamazoo, MI 49008

<sup>\*</sup> These resources are adoption sensitive

Neuropsychology Associates.....(269) 375-2222 • 4328 West Michigan Kalamazoo, MI • Shelly Woertink is a certified loss and trauma specialist. • Specializes in services to children 2-17 • 950 N. 10<sup>th</sup> St Suite 200 Kalamazoo, MI 49009 \*Renee Sanderson......(269) 377-1045 • Trauma informed therapist • 5985 W. Main St., Suite 206 • Kalamazoo, MI 49009 \*Trauma Recovery Associates.....(269) 381-8917 • Trauma Recovery Associates (TRA) is comprised of mental health professionals with experience in treating adult survivors of childhood abuse and neglect. • 1333 W. Lovell St. • Kalamazoo, MI 49006 http://www.traumarecoveryassociates.com/index.html **Parent Resources** Amy Embury, MA (269) 673-6617 Supervisor, Children's Services/Certified AT NHA Consultant **Psychiatrists** • Neuropsychology Associates 4328 W Michigan Ave Kalamazoo, MI 49006 Accepts Medicaid • Pediatric and adolescent psychiatrist • 5380 Holiday Ter Kalamazoo, MI 49009 • Accepts CIGNA, Medicaid, and United Health Care insurance Mark A. Sloane..... • Specialized training in adolescent behavioral medicine. • Expert in diagnosis and treatment of learning, attention, and behavioral disorders in children and adolescents. Has tremendous experience working with traumatized, drug and alcohol-exposed

children and adolescents

<sup>\*</sup> These resources are adoption sensitive

 Center for Behavioral Pediatrics 700 Mall Dr Portage, MI 49024
 Accepts Humana insurance

Roger Apple.....(269-216-4322

- Recommended for psychological testing
- No sliding scale
- Accepts Blue Cross/Blue Shield, Cofinity, Medicare, Priority Health, Aetna, Cigna, Mesa, Meridian and ValueOptions.
- 5955 W. Main St.
- Kalamazoo, MI 49009
- http://www.appleandassociatesllc.com/

Velre L. Bell.....(269) 343-6700

• Pine Rest Christian Mental Health

1530 Nichols Rd

Kalamazoo, MI 49006

• Accepts Aetna, Blue Cross/Blue Shield, and MultiPlan insurance

#### **Respite**

Alliance for Community Support......aheldart@resopp.org

• 1100 S. Rose Kalamazoo, MI

ARC....(269)342-9801

- Respite for individuals with intellectual or developmental disabilities
- 814 S Westnedge Ave Kalamazoo, MI 49008

Ark.....(800) 873-8336

• 990 W Kilgore Rd

Kalamazoo, MI 49008

- Day and overnight respite care
- 1608 Lake Street

Kalamazoo, MI 49001

Family Attachment Center and Therapeutic Respite (FACTR)......(269)343-0646

- Geared specifically towards adoptive families
- myfactr@gmail.com
- 605 Howard St., Kalamazoo, MI 49008

#### **Runaway and Homeless Youth Services**

Catholic Family Services......(800) 873-TEEN

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.catholicfamilyservices.org
- \* These resources are adoption sensitive

- 990 West Kilgore Rd Kalamazoo, MI 49008
- Coverage Area: Allegan, Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, and Van Buren

### **Support Groups**

Bethany Christian Services.....(269) 372-8800

- Kalamazoo Adoption Support group, ADOPTS support group.
- Insurance not accepted. Medical subsidy accepted and can be billed directly
- Visit their website at www.bethany.org
- Location: 6687 Seeco Drive Kalamazoo, MI 49009

CHADD.....(269)626-5651

- Presentations and support group meetings for both Parents/Caregivers of Children with ADHD and Adults with ADHD living in the Washtenaw County area
- **Date:** 2nd Tuesday of every month

**Time:** 7:00 pm - 8:30 pm

Location: Kalamazoo Regional Educational Service Agency (KRESA)

Address: 1819 E. Milham Ave., Portage, MI 49002

Meetings are FREE

Child & Family Psychological Services.....(269) 372-4140

- Professionally led group for adults with anxiety and/or depression. Meets Mondays from 6-7:30pm.
- Professionally led trauma recovery group for adults. Meets Wednesdays 1:15-3:30pm.
- Professionally led group for middle school aged boys and girls with social anxiety. Meets Wednesday evenings.
- Professionally led self-esteem building group for girls ages 8-12. Meets Thursdays at 4pm.
- Groups are \$65 per session, billed to insurance.
- Accept a wide variety of insurance types and a sliding scale may be used depending on the family's income.

Family Attachment Center and Therapeutic Respite (FACTR)......(269)343-0646

- Geared specifically towards adoptive families
- Support groups, mentoring, and networking
- myfactr@gmail.com
- 605 Howard St.

Kalamazoo, MI 49008

- Professional-led attachment focused support groups
- Private insurance, adoption subsidy and medical subsidy accepted.

<sup>\*</sup> These resources are adoption sensitive

Jennifer Le	ennen(269) 501-	-8235
•	<b>Support Groups:</b> Professionally run parent, children, teen, ADD, A groups	
•	Insurance, Medicaid and Medical Subsidy accepted	
	Kimm. (269) 343-	
	Monthly support groups for adoptive families struggling with attach related concerns.	ment
NAMI of K	Kalamazoo, MI(269)349-	8444
• Serve • NAI Edu are • All chap • P.O Kala	aMI members provide support, education, and advocacy for consume ends, and their families during all phases of their mental illness journed and their families during all phases of their mental illness journed the following counties: Barry, Calhoun, Cass, Kalamazoo, Van ami Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI acation Program, Family to Family, NAMI Smarts, and NAMI Family the programs are offered at the various NAMI Chapters throughout In programs are not available with all NAMI chapters. Please contact yapter to see what is available.  2. Box 51693  lamazoo, MI, 49005-1693  be://www.namikalamazoo.org/	ey. Buren Basics ly Support Michigan.
Singles for	· Adoption(616) 381	-2581

# **Lenawee County**

### **Children with Special Needs**

Children's Special Health Care Services.....(517) 264-5228

- 1040 S. Winter St. Suite 2328 Adrian, MI 49221
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

<sup>\*</sup> These resources are adoption sensitive

Counseling
Catholic Charities of Jackson, Lenawee, Hillsdale(517) 263-2191
<ul> <li>Individual therapy and family therapy</li> </ul>
<ul> <li>Insurance accepted. Sliding scale</li> </ul>
• Location: 199 N. Broad St.
Adrian, MI 49221
* Cheryl Foster
<ul> <li>Cheryl and many therapists on her staff have experience working in foster care and adoption.</li> </ul>
<ul> <li>Adoption sensitive therapy</li> </ul>
<ul> <li>Accept Blue Cross/Blue Shield and Magellan insurance</li> </ul>
<ul> <li>Medical subsidy is the preferred method of payment</li> </ul>
Family Counseling & Children's Services
<ul> <li>Individual and family therapy, parenting skills classes</li> </ul>
<ul> <li>Professional-run support group focused on women and trauma</li> </ul>
<ul> <li>Accept private insurance, Medicaid and medical subsidy. Payment can also be billed directly to subsidy. A sliding based fee is offered.</li> </ul>
• 220 N. Main St.
• Adrian, MI 49221
*Julie A Artinian(517) 442-2777
• Trauma informed therapist
• 123 E Maumee St Adrian, MI 49221
<ul> <li>Accepts a variety of insurances including employee assistance programs.</li> </ul>
• http://www.artiniancounselingmichigan.com/index.asp
Lenawee Community Mental Health
Suite 1022
Adrian, MI 49221
* Still Waters Counseling
<ul> <li>Several therapists who are comfortable working with adoptive families. To look at staff profiles, visit <u>www.still-waters-counseling.com</u></li> </ul>
<ul> <li>Accept medical subsidy, but if there is other insurance then that will be billed first.</li> </ul>
<ul> <li>Accept most insurance. Check with office manager when scheduling appointment.</li> </ul>
• 403 N. Broad Street Adrian, MI, 49221
Nutrition
Community Action Agency(800) 438-1845
Or(517) 263-7861

# **Psychiatrists**

<sup>\*</sup> These resources are adoption sensitive

Adrian Counseling & Psychiatric Clinic	
Respite  Michigan Department of Human Services, Lenawee County(517) 264-6300  • 1040 S Winter St Suite 3013 Adrian, MI 49221	
Autism Support Group. 263-8905 Grandparents Raising Grandchildren (517) 264-5280  • Meeting Location: Piotter Center located at 327 Erie Street in Adrian  • Time: Thursday 5:30pm- 8pm  • Contact: (517) 264-5280, sguild@lenaweeseniors.org  • Therapist present and meals provided Families on the Move and North American Council on Adoptable Children. (810) 468-9827  Grief Recovery. (517) 263-2323 Parents Support Group. (517) 263-2323 Parents Support Group. (517) 264-5733 Teen Support Group. (517) 263-2191	
<b>Livingston County</b>	
Child Care  Child Connect for Family Success	
Children with Special Needs  Children's Special Health Care Services	13

Suite 102 Howell, MI 48843

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

**Clothing- Free or Minimally Priced** 

Business Clothing (Women's Resource Center)	(517) 548-2200
Church of Christ	
Brighton	(810) 229-7051
Howell	(517) 546-1931
Salvation Army, Brighton	(517) 534-5060

#### Counseling

- \* Ann Arbor Consultation Services......(734) 996-9111
  - Three locations in Ann Arbor and one in Brighton.
  - Over 30 therapists and 4 psychiatrists, ranging in specialties.
  - Adoption sensitive therapists on staff.
  - Insurance acceptance varies depending on therapist. Ask when scheduling appointment.

Brighton Counseling	(810) 227-5659
Center for Counseling Services	(810) 229-6547
Child and Adolescent Services (CMH)	(517) 548-0081
*Fran Peters	(517) 292-0950

- Adoption sensitive
- Advanced Behavioral Medicine 2901 E Grand River Howell, MI 48843
- Accepts Blue Care Network, Blue Cross/Blue Shield, Priority Health PPO/HMO

Healthy Families Livingston	(810) 227-9960
HELPline (Mental Health)	(800) 877-7675
Highfields(	(517)783-4250

• Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.

<sup>\*</sup> These resources are adoption sensitive

- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service.
   Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- <a href="http://highfields.org/">http://highfields.org/</a>

\*Jewel McGowan....(517) 618-0933

- Adoption sensitive
- Advanced Behavioral Medicine 2901 E Grand River Howell, MI 48843
- No sliding scale
- Accepts Blue Care Network, Blue Cross/Blue Shield, Medicare, and Priority Health.

LACASA/SARA....(517) 548-1350

- Counseling center, legal services, court advocates, support groups, prevention and education
- 24-hour help line: (866) 522-2725

Livingston County Catholic Social Services......(517) 545- 5944

- 2020 E. Grand River Ave. #104
- Howell, MI 48843

Livingston Community Mental Health......(517) 546-4126

- 2280 E. Grand River Ave.
- Howell, MI 48843

- 4736 East M-36
- Pinckney, MI 48169
- The Livingston Family Center has a sliding-fee scale based on family income. We are also able to accept most insurance plans. We are unable to accept Medicaid and Medicare at this time.

Oakbrook Counseling Inc	(810) 227-0891
Planned Parenthood	(800) 638-0540
Women's Resource Center	(810)-227-9960

• 2895 W. Grand River Ave.

<sup>\*</sup> These resources are adoption sensitive

#### Howell, MI 48843

• nowell, MI 40045		
Employment Convices		
<b>Employment Services</b>	(724) (77.1125	
Michigan Rehabilitation Services (MRS)		
Livingston County Michigan Works		
Work Skills Corporation	(810) 227-4868	
• <u>www.wskills.com</u>		
• 100 Summit		
• Brighton, MI 48116		
Food Assistance		
Commodity Distribution (OLHSA)	(517) 546-8500	
	(317) 340-8300	
• www.olhsa.org	(517) 549 0300	
Livingston County Department of Human Services		
Livingston County Personal and Preventative Health Services		
Department)	` '	
Livingston Community Food Bank		
Salvation Army	(517) 546-4750	
Foster Care Resources		
Foster Care Navigator Program		
<ul> <li>The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.</li> </ul>		
• www.fcnp.org		
• 3840 Packard Rd. Suite 170		
Ann Arbor, MI 48108		
Health Needs		
American Red Cross.	(517)546-0326	
Ask A Nurse.	(800) 231-2211	
Family Home Care	(248) 229-5683	
Livingston County Community Mental Health	(517) 546-4126	
Livingston County Personal and Preventative Health Services	(Health	
Department)		
McPherson Home Care	. ,	
1cPherson Hospital		
	ental Health Association of Michigan(800) 484-9534	
OLSHA-Healthy Start		
Trauma Burn Center- U of M		
D TIELDI.	(010) (00 5 5 5	

 Pregnancy HELPline.
 (810) 632-5656

 U of M TeleCare.
 (800) 742-2300

 United Health Organization.
 (248) 616-9105

 Whitmore Lake Health Clinic.
 (734) 449-2033

<sup>\*</sup> These resources are adoption sensitive

Willowbrook Rehabilitation Services.	(810) 227-0119	
Housing Assistance		
Landlord/Tenant Resource Center	(517) 337-9795	
Livingston County Department of Human Services	` /	
Rural Development (formerly FHA)		
Michigan State Housing Development Authority (MSHDA)	` /	
	(317) 373-6370	
Section 8 Housing Agent	(517) 540 0611	
Howell		
Lansing	(517) 373-9344	
Legal Services		
Legal Services of South Central Michigan	(800) 968-0044	
Legal betvices of boddi central wienigan	(000) 700 00++	
Physical and Mental Disabilities Se	ervices	
ADA Information Hotline		
Association for Retarded Citizens.	` /	
Michigan Rehabilitation Services (MRS).		
Michigan Relay Center (Replaces TDD)	. ,	
Michigan Special Olympics Area XXVII		
Special Ministries of Livingston County		
	(810) 229-0001	
www.special-ministries.org  The reprovide Reprovider Princhton Community Education	(010) 220 1410	
Therapeutic Recreation, Brighton Community Education		
United Way		
Work Skills Corporation		
Psychiatrists		
Dwarakanath Rao	(734) 994-0860	
• 555 East William	(731) 771 0000	
Suite 24-1		
Ann Arbor, MI 48104		
Accepts several types of insurance.		
• Specializes in relationship issues, self esteem, and depression		
Jean-Paul Pegeron	(734) 931-6257	
• 1785 W. Stadium Blvd.		
Suite 201-D		
Ann Arbor, Michigan 48103		
<ul> <li>Accepts several types of insurance</li> </ul>		
<ul> <li>Specializes in depression, loss or grief, and relation</li> </ul>	ship issues	
-		
Viken Matossian.	(517) 759-1766	
<ul> <li>Advanced Behavioral Medicine</li> </ul>		
2901 E Grand River Ave		
Howell, Michigan 48843		

<sup>\*</sup> These resources are adoption sensitive

- Specializes in child or adolescent depression and ADD/ADHD
- Accepts Aetna, Blue Cross/Blue Shield, Cofinity, and Medicare

#### **Runaway and Homeless Youth Services**

Livingston Family Services.....(819)231-9591

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- www.livingstonfamilycenter.org
- 4736 E. M-36 Pinckney, MI 48169

The Connection Youth Services of Livingston County......866-440-7233(SAFE)

- http://theconnectionyouthservices.org/
- 616 W. Grand River Howell, MI 48843
- 24 hour emergency assistance and referral service
- Safe housing for teens 12-17 years old needing shelter or a break from family problems
- Host home and apartment program for homeless young people 16-21 years old
- Help with education & employment
- Individual and family counseling
- Support groups for teens and parents

### Respite

Community Mental Health Services of Livingston County...... (517) 546-4126

• 2280 East Grand River Howell, MI 48843

## **Support Groups**

NAMI of Livingston. (517) 546-7449

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- Support Group meets every second and fourth Thursday of the month, 7 9 p.m. at the First Methodist Church, 400 East Grand River, Brighton. Family members and consumers are welcome. Call Barb at 810-231-6011 for more information.
- P.O. Box 161
   Hartland, MI, 48353

### **Transportation**

Livingston County Essential Transportation (LETS)......(517) 546-6600

<sup>\*</sup> These resources are adoption sensitive

#### **Monroe County**

#### **Children with Special Needs**

- 2353 S. Custer Road Monroe, MI 48161
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Sensory Learning Program.....(419) 536-4680

- Geared towards individuals with learning issues related to visual processing problems.
- The Sensory Learning Program is a non-cognitive, non-invasive, foundational approach that uses light, sound and motion to stimulate the visual, auditory and vestibular systems simultaneously in order to improve sensory function
- Happy to schedule a free consultation and experiential session to answer your questions

## Counseling

- \* Cheryl Foster.....(734)276-7906
  - Cheryl and many therapists on her staff have experience working in foster care and adoption.
  - Adoption sensitive therapy
  - Accept Blue Cross/Blue Shield and Magellan insurance
  - Medical subsidy is the preferred method of payment
- \* Paul Amadi.....(734) 494-2642
  - Neighborhood Counseling Servs Corp 1112 E. East Sixth Street Monroe, Michigan 48161
  - Accepts most insurance
  - Specializes in anger management, anxiety, ADD/ADHD, depression, parenting, and trauma/PTSD.

- CoVentures
  - 986 S. Telegraph Rd
  - Monroe, Michigan 48161
- Accepts a wide range of insurances

<sup>\*</sup> These resources are adoption sensitive

Specializes in addiction, relationship issues, and depression. Monroe Community Mental Health......(734) 243-7340 1001 South Raisinville Rd Monroe Charter Township, MI 48161 Accepts Medicaid. 22 West Second Street Monroe, Michigan 48161 Accepts insurance Specializes in personal growth and human potential, life coaching, and depression. Nutrition Monroe County Health Department.....(734) 240-7905 Or.....(888)354-5500 **Psychiatrists** 740 N Macomb St Monroe, MI 48162 Accepts Aetna insurance Respite Contact: Kim Emery (Kemery481@aol.com) Mastrofrancesco is a non-profit organization specializing in residential respite care and community living support for individuals with mental impairments and/or developmental disabilities. The organization offers services in the consumer's home or in group home settings in contract with the Monroe Community Mental Health Authority. 13795 Alton Road Monroe, MI 48161 **Support Groups** • For family members, friends, teachers and caregivers of autistic children When: 7-9 p.m. the first Wednesday of each month Where: Bedford Branch Library, 8575 Jackman Rd., Temperance St. Joseph County **Children with Special Needs** 1110 Hill Street Three Rivers, MI 49093

\* These resources are adoption sensitive

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### **Counseling**

- 3408 Niles Rd
  - Saint Joseph, Michigan 49085
- Accepts Blue Cross/ Blue Shield
- Specializes in depression, relationship issues, and eating disorders

Community Mental Health.....(269) 467-1000

• 677 E. Main

Suite A

Centreville, MI 49032

• NatureWorks, LLC

3408 Niles Road

Saint Joseph, Michigan 49085

- Accepts Blue Cross/ Blue Shield
- Specializes in child or adolescent developmental disorders and ADD/ADHD

Margo Runkle......(269) 245-0409

- Peace of Mind Counseling Center Saint Joseph, Michigan 49085
- Accepts a wide variety of insurances.
- Specializes in anger management, anxiety, and depression.

#### **Nutrition**

#### **Psychiatrists**

James Wiaduck (616) 844-4021

 700 Washington Ave Grand Haven, MI 49417-1499

Jeanne M Holup......(734)856-5400

• Specializes in depression, anxiety, mood disorders, and stress management

<sup>\*</sup> These resources are adoption sensitive

- Christian counseling
- 6530 Secor Rd Lambertville, MI 48144
- Email: christiancare@frontier.com

• 1700 Clinton St Muskegon, MI 49442-5502

#### Respite

Michigan Department of Human Services.....(269) 467-1200

• 692 E Main St Centreville, MI 49032

Parents Again....(269) 506-8195

- A resource for grandparents raising grandchildren and other kinship care providers
- email: parentsagain@hotmail.com
- web site: www.parentsagain.org
- mailing address: PO Box 116 Centreville, MI 49032
- By attending the monthly support meeting (third Thursday of each month), each grandparent raising grandchildren and other respite care givers will be entitled to free respite time. Contact organization for details

### **Support Groups**

Domestic and Sexual Abuse Services......(269) 273-6154

- Support Groups: Groups meet weekly for survivors or family members to help with the healing process and receive support from DASAS staff and other survivors—childcare is available.
- 125 W. Main Street P.O. Box 189 Centreville, MI 49032

## Van Buren County

## **Children with Special Needs**

Children's Special Health Care Services.....(269) 621-3143

- 57418 County Rd 681, Suite A Hartford, MI 49057
- Coverage and referral for specialty services based on the person's health problems.

<sup>\*</sup> These resources are adoption sensitive

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### Counselors

Community Mental Health Paw Paw Family Resource Center...... (269) 657-5574

• 801 Hazen Street, Suite C P.O. Box 249

Paw Paw, MI 49079-0249

Margo Runkle. (269) 245-0409

- Peace of Mind Counseling Center Saint Joseph, Michigan 49085
- Accepts a wide variety of insurances.
- Specializes in anger management, anxiety, and depression.
- - Kalamazoo Psychology, LLC 122 W. South Street Kalamazoo, Michigan 49007
  - Specializes in child and adolescent trauma/PTSD
  - Accepts Aetna, Blue Cross/Blue Shield. Cofinity, Medicaid, and TRICARE insurance

- Center for Change & Growth PLC 816 E Michigan Ave Ste 101 Paw Paw, Michigan 49079
- Specializes in child or adolescent behavioral issues and parenting.
- Accepts a wide range of insurance

#### **Crisis Intervention**

24 Hour Hotline....(800) 310-5454

- Youth crisis center.
- 2480 M139

Benton Harbor

#### Nutrition

InterCare Community Health Network......(269) 427-7914

<sup>\*</sup> These resources are adoption sensitive

Psychiatrists
Nadeem M Mirza(269) 657-1595
<ul> <li>Bronson Lakeview Hospital</li> </ul>
404 Hazen St
Paw Paw, MI 49079
Accepts Blue Cross/Blue Shield, Aetna, and Medicaid insurance.  Packel Ellen Kaufman     (260) 657 5574
Rachel Ellen Kaufman
801 Hazen St Ste C
Paw Paw, MI 49079
Accepts Medicaid
Verle L Bell
<ul> <li>Pine Rest Christian Mental Health Services</li> <li>1530 Nichols Rd</li> </ul>
Kalamazoo, MI 49006
<ul> <li>Accepts Blue Cross/Blue Shield, Aetna, and Humana insurance</li> </ul>
Trecepts Blue Gross Blue Smela, Tetha, and Tramana insurance
Respite
County-Wide Respite
<ul> <li>When funds are not available from other service providers, this Lewis Cass</li> </ul>
ISD program offers respite services to overburdened families. As a "payer of
last resort," it reduces stress on caregivers in order to prevent child abuse and
neglect.
Support Groups  (260) 242 (421 - 202
Autism Society of Kalamazoo
814 South Westnedge Ave Suite 1     Kalamazoo MI 49008
Website: http://www.asa-kal.org
• Support meetings for parents
CHADD(269) 626-5651
• Support groups for parents of children with ADD/ADHD
• Meetings are held the 2 <sup>nd</sup> Tuesday of every month from 7-8:30 pm and are free
<ul> <li>Kalamazoo Regional Educational Service Agency</li> </ul>
1819 E. Milham Ave
Portage, MI 49002
NAMI of Kalamazoo, MI(269)349-8444
NAMI members provide support, education, and advocacy for consumers, their
friends, and their families during all phases of their mental illness journey.
Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren
NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics
Education Program, Family to Family, NAMI Smarts, and NAMI Family Support
are the programs are offered at the various NAMI Chapters throughout Michigan.

- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 51693
   Kalamazoo, MI, 49005-1693
- http://www.namikalamazoo.org/

## **Washtenaw County**

#### **Child Care**

Ann Arbor YMCA Child Care.....(734) 663-0536

- www.annarborymca.org
- A safe environment for all children to learn and grow.

Child Care Network/Washtenaw Regional 4C.....(734) 975-1840

- www.childcarenetwork.org
- Referrals to all licensed child care settings and preschools serving children with and without special needs; training for child care providers; limited number of scholarships available.

#### **Children with Special Needs**

- Family support subsidy
- State of Michigan financial assistance for families with low income and child disability

Children's Special Health Care Services......(734)544-6700

- 555 Towner
  - P.O. Box 915
  - Ypsilanti, MI 48197-0915
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Offers many clinical servies for the following: <u>Autism Spectrum Disorders Service</u>, <u>ADHD & Disruptive Behavior Disorder Service</u>, and <u>Anxiety Disorders Service</u>. http://sunfieldcenter.com/

<sup>\*</sup> These resources are adoption sensitive

**Counselors** ACCESS......(734)544-3050 www.ewashtenaw.org • Health Services Access is the central entry point for all Medicaid eligible and indigent (uninsured) adults and children requesting Mental Health, Public Health and or Substance Abuse information and services in Washtenaw County. Ann Arbor Center for Developmental and Behavioral Pediatrics.....(734) 997-9088 • 1601 Briarwood Circle, Suite 500 Ann Arbor, MI 48108 • Specialize in diagnosing and treating behavioral and developmental concerns, including autism, ADHD, aggressive behavior, sleep disorders, and developmental delays. • Do not bill insurance companies. Families receive coded receipts to submit for reimbursement • Licensed child psychiatrist on staff Ann Arbor Center for the Family......(734) 995 5181 Psychological Testing, Individual therapy, Family therapy, Support groups for **ADD** • Accepts private insurance, Medicare, and Medical Subsidy • Contact Person: Douglas Ersor, Ph.D • Visit their website at www.annarborcenter.com Location: 2395 Oak Valley Drive Ann Arbor, MI 48103 \* Ann Arbor Consultation Services. (734) 996-9111 Three locations in Ann Arbor and one in Brighton. • Over 30 therapists and 4 psychiatrists, ranging in specialties. • Adoption sensitive therapists on staff. Insurance acceptance varies depending on therapist. Ask when scheduling appointment. \*Anne Solomon.....(734) 629-4234 Adoption sensitive 1785 West Stadium Suite 203 Ann Arbor, MI 48103 • Sliding Scale Accepts Aetna, Blue Cross/Blue Shield, Medicare, Alliance, CIGNA, University of Michigan Premier Care, BCN • Accepts Mastercard and Visa \*Dr. Barbara J. LaHood......(734) 506-6704 • Adoption sensitive

• 400 Maynard St.

Suite 806

Ann Arbor, MI 48104

No sliding scale

<sup>\*</sup> These resources are adoption sensitive

• Accepts Aetna, Blue Cross/Blue Shield, Integrated Health Plan *Catholic Social Services	
• www.csswashtenaw.org	
* Carla Hines, Inc	
<ul> <li>Parenting skills classes, Individual therapy, Family therapy, and Home-based services</li> </ul>	
<ul> <li>Insurance not accepted. Medical subsidy accepted. Reduced Fee based on finance aid</li> </ul>	ial
<ul> <li>Location: 2048 Washtenaw Upper Level</li> <li>Ypsilanti, MI 48197</li> </ul>	
* Cheryl Foster	
<ul> <li>Cheryl and many therapists on her staff have experience working in foster care a adoption.</li> </ul>	ınd
<ul> <li>Adoption sensitive therapy</li> </ul>	
<ul> <li>Accept Blue Cross/Blue Shield and Magellan insurance</li> </ul>	
<ul> <li>Medical subsidy is the preferred method of payment</li> </ul>	
*Coryanna Ku, LPC(734)-984-3518	3
• Coryanna offers "In the Field" counseling. / Saline	
• offer sliding scale fees	
<ul> <li>Specializes in counseling and marriage and family therapy.</li> </ul>	
• 521 Forestbrooke Ct	
• Saline, MI 48176	
Community Mental Health	
*Dr. Deborah Kraus(734) 335-1589	
Trauma informed therapist	
• 333 Maynard	
Suite 402	
Ann Arbor, MI 48104	
Accepts Blue Cross/Blue Shield PPO	
Elizabeth Mitchell, MS, LLP(734)741-1331	
Behavioral Psychologist / Certified AT NHA Consultant	
WE 1 I I	
*Emily Jornburg	
• 2300 Washington Ave, Suite 203	
Ann Arbor, MI 48104	
Fostering Futures	
<ul> <li>Specific individual and family therapy</li> </ul>	
<ul> <li>Professionally run parent, attachment focused, and jewelry making, self-esteem- enhancing group for girls ages 8-18 on weekends.</li> </ul>	
• No charge for services	
*Glen Kagan(734)494-2655	
Adoption sensitive	
• 117 N 1 <sup>st</sup> St	
Suite 106	
* These resources are adoption sensitive	57

Ann Arbor, Michigan 48104 • Sliding Scale Accepts APS Healthcare, Health Net, MHN, Blue Cross/Blue Shield, MESSA and United. Also accepts Mastercard and Visa • http://www.glennkagan.com/ \* Howard Lerner.....(734) 403-3848 Trauma informed therapist. • 555 E William St. Suite 20L Ann Arbor, MI 48104 • Sliding Scale Accepts Blue Cross/Blue Shield, Medicaid and Medicare. Trauma informed therapist Ypsilanti Center for the Family 32 N. Washington Suite #2 Ypsilanti, Michigan 48197 Accepts Aetna, Blue Cross/Blue Shield, Blue Care Network, and Magellan Behavioral Health. \* Jane York Bornstein.....(734)799-0452 Specializes in adoption related adjustment issues including transracial families. 360 Consultations 101 West Liberty St. Suite 360 Ann Arbor, MI 48104 Accepts Blue Cross/Blue Shield Also accepts Mastercard and Visa Sliding Scale Individual therapy, Family therapy. Specializes in trauma recovery for children, teens, and adults and children adopted through foster care and internationally • Private Insurance and medical subsidy accepted \*Julie Frick.....(734)273-9366 • Trauma informed therapist • Office located in Ann Arbor • http://www.juliefrick.com/ \*Kimberly McCrea.....(734)681-3374 x80 • Adoption sensitive

• Heron Ridge Associates

<sup>1785</sup> West Stadium Blvd.
Suite 203
\* These resources are adoption sensitive

- Ann Arbor, MI 48103
- Accepts Aetna, Blue Cross/Blue Shield, HAP, Medicare, Priority Health, Out of Network, BCN, Cofinity, Magellan Behavioral Health, Premiere Care and TRICARE.
- Also accepts Mastercard and Visa
- Sliding Scale

\*Kristine Freeark @umich.edu

- Kristine Freeark is a clinical psychologist with both intervention and research interests in adoptive family relationships and their impact on children's well-being
- Dr. Freeark developed the Inquisitive Minds Workshop for adoptive parents of young children to translate developmental knowledge and an understanding of normative adoptive family dynamics into information and activities for parents. The workshop prepares parents to assist their children in communicating constructively about adoption to enhance family belonging and a positive adoptive identity. The workshop is offered in both 8 week and intensive weekend formats
- 1029 NW Ann Arbor, MI 48109
- Accepts BCBL Illinois and Blue Cross/Blue Shield

Leah Marcus, MA, LPC (Ohio) ......(734) 926-8506

• Counselor / Certified AT NHA Consultant

\*Lisa Inoue (734) 996-9111

- lisa@attachmentcoalition.org
- Specializes in treating adults and children with trauma and attachment disorders. She utilizes a variety of approaches including *Dyadic* Developmental Psychotherapy, EMDR and Mindfulness. Lisa also trains parents in *Mindful Parenting* (www.a2mindfulparenting.com). Works in Ann Arbor.

\*Lutheran Social Services of Michigan.....(855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect
- Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
- Accepts Medicaid and Medical Subsidy
- Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy
- 1803 Whites Road, Suite 5 Kalamazoo, MI 49008
- Email: CFtherapy@lssm.org
- \* These resources are adoption sensitive

\*Matruka Sherman....(734) 681-3352 • Trauma informed therapist • 2345 S. Huron Pkwy Suite 2 Ann Arbor, MI 48104 \* Paula Meyer....(734) 769-7299 Clinical Social Worker in Ann Arbor Offer sliding scale fees Several therapists who are comfortable working with adoptive families. To look at staff profiles, visit www.still-waters-counseling.com • Accept medical subsidy, but if there is other insurance then that will be billed first. • Accept most insurance. Check with office manager when scheduling appointment. • 2376 Wildwood Trail Saline, MI 48176 The Corner Health Center (734)484-3600 • Counseling services geared towards adolescents and young adults ages 12-21 • Services are free • 47 N. Huron Street Ypsilanti, MI 48197 **Educational Services** Washtenaw Area Council for Children (734) 434-4215 Promoting child safety and well being and to prevent child maltreatment, abuse and neglect through educational services and programs to children, parents, community members and youth-serving professionals throughout Washtenaw County. **Family Services** • Washtenaw County Sheriff's Office 2201 Hogback Rd Ann Arbor, MI 48105 • Help mediate familial conflict in a safe space. • Service price is negotiable. **FASD Resources** • Accepts most insurances • Each appointment includes a review of the child's history and a physical exam with an emphasis on the phenotypic characteristics that can result from

<sup>\*</sup> These resources are adoption sensitive

prenatal alcohol exposure. In addition, children will receive a neuropsychological evaluation to evaluate the neurocognitive and behavioral profile of children with suspected FASD. Patients will also have a coordinated assessment with Pediatric Genetics on the same day to evaluate potential genetic factors that may contribute to the child's developmental and behavioral presentation. The appointment will take approximately five hours total with a break in between the different parts. Based on the FASD, neuropsychological and genetics evaluations diagnostic impressions will be provided at the appointment; however, diagnosis, referrals and recommendations for continued care will be provided during a feedback visit. This will allow for the doctor to review results from the neuropsychological evaluation.

- Best way to communicate is via email: fas-clinic@med.umich.edu
- University of Michigan Hospitals
   1500 E Medical Center Dr.
   1924 Taubman Center SPC 5318
   Ann Arbor, MI 48109

#### **Foster Care Resources**

Foster Care Navigator Program. 1-855-MICHKIDS

- The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.
- http://www.fcnp.org/
- 3840 Packard Rd. Suite 170 Ann Arbor, MI 48108

#### **Health Care Services**

- Geared towards adolescents and young adults ages 12-21
- Offers a full range of medical services.
- 47 N. Huron St Ypsilanti, MI 48197

Hope Medical Clinic.....(734) 481-0111

- Primary care for patients without insurance or the ability to pay for health care.
- For children and adults.
- \$5 donation for services requested but not required.

Packard Health.....(734)971-1073

- Primary medical care for adults and children.
- Nutritional counseling.
- Diabetes education.

<sup>\*</sup> These resources are adoption sensitive

• Assistance applying for health coverage for the uninsured Regional Alliance for Healthy Schools
Ypsilanti High School (734) 714-1007  • Services include treatment of childhood illness and physical exams/immunizations.  • For school age children and their siblings.
<ul> <li>Most insurance is accepted. Will also see the uninsured.</li> </ul>
Nutrition The Corner Health Center
Washtenaw County Health Department
Psychiatrists  Dwarakanath Rao
<ul> <li>555 East William Suite 24-1 Ann Arbor, MI 48104</li> <li>Accepts several types of insurance.</li> <li>Specializes in relationship issues, self esteem, and depression</li> </ul>
Jean-Paul Pegeron
<ul> <li>Marnie Burkman</li></ul>
*Pamela V. Sohoni

<sup>\*</sup> These resources are adoption sensitive

#### **Runaway and Homeless Youth Services**

Ozone House.....(734)662-2222

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- www.ozonehouse.org
- 1705 Washtenaw Ann Arbor, MI 48104

### **Respite**

CSTS......(734)973-4887

 Provides support to families with emotionally disturbed children and adolescents and serves families where a parent has a mental illness. Program works to match families with trained respite providers or may use family friends to assist. Vouchers for community activities are also sometimes available

### School Help

The Dispute Resolution Center.....(734) 794-2125

- Helps to resolve conflicts in schools when a student has harmed another student or staff member.
- Assists parents in working with the schools to resolve conflicts surrounding IEPs, special education, school attendance, and other issues the family may be encountering.

## **Support Groups**

Catholic Social Services of Washtenaw County.....(734) 971-9781

- Professionally run groups for birth parents, adult adoptees, and adoptive parents.
- Free of charge
- Contact people: Elly Falit, MSW, LMSW, ACSW; Julie Payne, MSW,LMSW; Holly Nicewander, MSW, LLMSW
- Visit their website at www.csswashtenaw.org
- Location: 4925 Packard, Ann Arbor, MI, 48108

#### CHADD......washtenaw-county@chadd.net

- Presentations and support group meetings for both Parents/Caregivers of Children with ADHD and Adults with ADHD living in the Washtenaw County area
- Location: WISD Building (Washtenaw Intermediate School District)
   Address: 1819 S. Wagner Rd., Ann Arbor, MI 48106
   Dates: 4th Tuesday of each month (beginning September 2012)
   Time: 7:00 pm 9:00 pm

- Professionally and parent run parent, children, LGBTQ support groups.
- No private insurance or medical subsidy accepted

<sup>\*</sup> These resources are adoption sensitive

• Contact: Kathi Nelson, LMSW (<u>Hatw.nelson@att.net</u>)
Fabulous Foster & Adoptive Parent Support Group......(734) 644-1530

- Contact person: Christine Moellering
- Open to all foster and adoptive parents living in or working with an agency in Washtenaw County
- First Monday of the month
- 6:00-8:00pm
- Summers Knoll School 2203 Platt Road Ann Arbor, MI 48104

Grandparents as Parents Support Group......(734) 712-3774

- Contact person: Christine Rockwood
- Four locations: St. Joseph Hospital in Ann Arbor, Chelsea First United Methodist Church, Ypsilanti at the Senior Center, and Whitmore Lake at the elementary school.
- Call for more information.
- 5361 McAuley Dr. Ypsilanti, Michigan

- Mindful Parenting groups are held on Saturdays from 1:00-2:30 pm throughout the year at Ann Arbor Consultation Services (www.a2consultation.com). Groups are six weeks in length and take place at our office at 3055 Plymouth Rd. in the basement conference room.
- http://a2mindfulparenting.com/

NAMI Washtenaw.....(734) 994-6611

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 1100 North Main St. Ann Arbor, MI, 48104
- http://www.namiwc.org/

#### **Teen Resources**

- Ozone House is a community-based non-profit agency that helps young people lead safe, healthy and productive lives through intensive prevention and intervention services.
- Services offered include: 24-Hour crisis hotline (662-2222), individual and family therapy, case management, LGBTQ youth support, community education and outreach, drop-in center, street outreach, project SpeakOUT,

<sup>\*</sup> These resources are adoption sensitive

QueerZone, nightly hot meals and activities, and various emergency housing options.

### **Region 6 Resources**

#### **Genesee County**

#### **Children with Special Needs**

Children's Special Health Care Services.....(810) 257-3146

- 630 S. Saginaw St Ste. 4 Flint, MI 48502
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### Counseling

Many counselors with various specialties.

- Programs include: emergency and diagnostic service, inpatient & outpatient services, residential services, day program services, habilitation & rehabilitation services and a crisis clinic.
- Substance use disorder assessment and treatment services for people who are uninsured, under-insured, Adult Benefit Waiver, Medicaid, or MIChild recipients.

\*Dr. Elizabeth Rose.....(810) 355-4654

• 12765 S. Saginaw Street Suite #301

Grand Blanc, Michigan 48439

• Specialties include: Anxiety, Mood Disorders, Relationship Issues

<sup>\*</sup> These resources are adoption sensitive

 Aetna, BlueCross and/or BlueShield, Cofinity, HealthPlus, Magellan Behavioral Health, Multiplan, Behavioral Health Systems, Cigna, ComPsych, Humana, McLaren Health Plan, ValueOptions

\*Dr. Harold S. Sommerschield.....(810) 643-1995

12809 S. Saginaw St.
 Suite 208
 Grand Blanc, Michigan 48439

- Specialty includes Relationship Issues, Depression, Anxiety
- Aetna, BlueCross and/or BlueShield, Cofinity, HealthPlus, Magellan Behavioral Health, Multiplan, Behavioral Health Systems, Cigna, ComPsych, Humana, McLaren Health Plan, ValueOptions

- http://www.fsamich.org/
  - 1422 W. Court St., Flint, MI 48503
  - Accepts the following insurance plans: Blue Cross Blue Shield Traditional, McLaren Health Plan, McLaren Health Plan-Medicaid and Medicare. Employee Assistance and Managed Care Programs provided by employers are also accepted.
  - For those without insurance we offer a Sliding Fee Scale, which is based on family income. No one is denied services because of an inability to pay.
  - Individual, Couples, and Family Couseling is offered along with Behavioral Health, Family Mediation, and Workshops.

\*Lutheran Social Services of Michigan....(855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
- Accepts Medicaid and Medical Subsidy
- Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy
- 1803 Whites Road, Suite 5 Kalamazoo, MI 49008
- Email: CFtherapy@lssm.org

• Health Plus Partners/PPOM/Champus and other insurers reimburse for our services. Clients will not be turned away for inability to pay

<sup>\*</sup> These resources are adoption sensitive

- Mental health treatment including psychiatric evaluations, medication management, psychological testing for children, groups for children with ADHD, grief & loss support groups for children, and mental health prevention and education
- 806 Tuuri Place Flint, MI 48503

\*Rachelle McGarry....(810) 395-5044

- She has extensive training and expertise in play therapy, sand-tray therapy, rapid trauma resolution, and family therapy
- Accepts most insurance but doesn't accept Medicaid
- Hillside Behavioral Center 8435 Holly Road

Grand Blanc, Michigan 48439

\*Sherry Daniels.....(810) 207-1672

- Family Counselor
- Accepts a wide range of insurance including Aetna, Cigna, Coventry, Humana, McLaren, United, Behavioral Health Systems, Cofinity, Great-West, Magellan Behavioral Health, Multiplan, ValueOptions
- Ascend Counseling Services

2325 W. Shiawassee Ave.

Suite 105

Fenton, Michigan 48430

- \*Yvonne Makidon....(810) 659-7242
  - Couples, family, and individual therapy
  - Certified Advanced Alcohol and Drug Counselor
  - Accepts the following insurance: Blue Cross/Blue Shield, Value Options-Commercial, Medicare, McLaren, and Magellan insurances
  - http://www.grandblanctherapy.com/index.html
  - Grand Blanc Therapy

8323 Office Park Dr.

Suite B2

Grand Blanc, Michigan 48439

## **Employment Services**

(810)232-9102		
(810)233-5974		
, ,		
(810)760-2200		
(810)760-7300		
(810)787-7101		
(810)234-4693		
(810)768-4675		
(810)232-2196		

<sup>\*</sup> These resources are adoption sensitive

## **Food Assistance**

D 1 CI'C	(010)705 (011	
Bread of Life	(810)785-6911	
Bristol Road Church of Christ	(810)238-3627	
Carriage Town Ministries.	(810)233-8787	
Catholic Outreach	(810)234-4693	
Crossover Downtown.	(810)234-2479	
East Side Mission.	(810)767-5312	
First Presbyterian Church.	(810)234-8673	
GCCARD (Neighborhood Services).	(810)768-4675	
Genesee County Health Department.	(810)237-4537	
Greater Flint Outreach Center.	(810)767-4064	
Holy Angels	(810)785-6911	
Love, Inc.	(810)235-4990	
My Brother's Keeper	(810)234-1163	
North End Soup Kitchen	(810)785-6911	
Outreach East.	(810)653-7711	
Salvation Army Beecher Corps Kids Café	(810)789-4003	
Health Needs		
	(010)020 1401	
American Red Cross.	(810)232-1401	
Flint V.A. Outpatient Clinic	(810)720-2913	
Genesee County Free Medical Clinic	(810)235-4211	
Genesee County Health Department	(010)740 0055	
Burton Health Center	(810)742-2255	
McCree Health Center	(810)257-3612	
Genesee County Health Plan	(810)232-7710	
Hamilton Health Network	(810)406-4246	
MI Child Health Insurance.	(888)988-6300	
Mott Children's Health Center.	(810)767-5750	
Beecher Teen Health Center	(810)591-9333	
Northwestern Wellness Center	(810)760-5076	
Housing Assistance		
Affordable Living Services	(810)238-2970	
Catholic Outreach.	(810)234-4693	
Disability Network.	(810)742-1800	
Flint Housing Commission.	, ,	
GCCARD	(810)762-4913	
GCCARD(Neighborhood Service)	(810)768-4675	
	` '	
Homes for Hope	(810)288-7787	
Homes for Hope	(810)288-7787 (810)288-7787	
Homes for Hope Human Relations Commission. Metro Community Development	(810)288-7787 (810)288-7787 (810)767-4622	
Homes for Hope	(810)288-7787 (810)288-7787	

<sup>\*</sup> These resources are adoption sensitive

Salvation Army	(810)232-2196	
UAW Labor Rep. At United Way		
Legal Services		
Lawyer Referral Service	(810)232-6000	
Legal Services of Eastern Michigan.		
Material Goods	(===). == ====	
Bristol RD Church of Christ	(810)238-3627	
Carriage Town Ministries.	(810)233-8787	
Eastside Mission	(810)767-5312	
Greater Flint Outreach Center.	(810)767-4064	
Heartbeat	(810)232-3101	
Love, Inc.	(810)232-3101	
St. Vincent DePaul.	(810)780-4071	
	(810)/80-40/1	
Post Adoption Services	(910) 222 4021	
Ennis Center for Children-Flint.	(810) 233-4031	
Psychiatrists	(010) 222 0050	
Ellen Johnson	(810) 232-9950	
• Catholic Charities		
901 Chippewa St Suite 1		
Flint, MI 48503		
<ul> <li>Child and adolescent psychiatrist</li> </ul>		
<ul> <li>Accepts Aetna &amp; CIGNA insurance</li> </ul>		
Janet G. Warner.	(810) 391-0662	
<ul> <li>Consumer Services Psychiatric Clinic</li> </ul>		
4400 S Saginaw St Suite 1400		
Flint, MI 48507		
<ul> <li>Child and adolescent psychiatrist</li> </ul>		
<ul> <li>Accepts a wide variety of health insurance</li> </ul>		
Nikhil K. Vora	(810) 230-3370	
<ul> <li>1125 S Linden Rd Suite 210</li> </ul>		
Flint, MI 48532		
Child and adolescent psychiatrist		
<ul> <li>Accepts a wide variety of insurances.</li> </ul>		
Treepts a wide variety of insurances.		
Dunaway and Hamalaga Vanth Carriaga		
Runaway and Homeless Youth Services		
Genesee County Youth Corporation.		
• Crisis based services available to youth between the ages of 12	and 1/, their	
siblings and families.		
• 914 Church St		
Flint, MI 48502		
Respite	(0.1.0) = ==	
Genesee County CMH Child & Adolescent Services(810) 257-3676		
• 1102 Mackin Rd		
Flint, MI 48503		

<sup>\*</sup> These resources are adoption sensitive

### **Support Groups**

Catholic Charities.....(810) 232-9950 ext. 378

- Kinship support group
- Meeting Location: Bunche Elementary
- Time: 3rd Wednesday of each month
- Contact: Gregory Wilson

- Support groups for parents, children, and teens.
- Parenting skills classes and home-based services available.
- Free service
- Contact Person: Cindy Nelson-Pouget, LMSW

NAMI, Genesee Chapter.....(810) 232-6498

NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.

All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.

Support Groups meets on the 4th Tuesday of the month at McLaren Community Medical Center, 1314 South Linden Road, Flint, MI 48532. Enter through the door for Radiology. Contact phone number is (810) 232-6498

P.O. Box 1320

Flint, MI, 48501

http://www.namigenesee.org/

## **Huron County**

## **Children with Special Needs**

Children's Special Health Care Services.....(989) 269-9721

- 1142 S. Van Dyke Bad Axe, MI 48413
- Coverage and referral for specialty services based on the person's health problems.

<sup>\*</sup> These resources are adoption sensitive

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### Counselors

Huron County Community Mental Health Services.....(989) 269-8452

• 1108 S Van Dyke Rd

Bad Axe. MI 48413

Linda Sarigiannis.....(989)856-7855

- 7041 Main St Caseville, Michigan 48725
- Specializes in depression and family conflict
- Accepts a wide variety of insurances.

\*Tammy L. McPherson....(989) 269-5180

• 117 S. Port Crescent Bad Axe, MI 48413

\*Trevor Grice....(989) 975-0651

List Psychological Services
 7484 West Michigan Avenue, Suite C
 Pigeon, MI 48755

#### **Psychiatrists**

Barbara Mary Davenport.....(989) 269-9293

 Huron Behavioral Health 1108 S Van Dyke Rd Bad Axe, MI 48413

Javed Haque.....(989) 269-9293

 Huron Behavioral Health 1108 S Van Dyke Rd Bad Axe, MI 48413

Yolanda C Edler...(989) 269-9293

 Huron Behavioral Health 1108 S Van Dyke Rd Bad Axe, MI 48413

• Accepts Aetna insurance

### Respite

Michigan Department of Human Services, Huron County...... (989) 269-9201

 1911 Sand Beach Rd Bad Axe, MI 48413

### **Support Groups**

<sup>\*</sup> These resources are adoption sensitive

Adoption, Foster Care, and Kinship Support Group	(989) 269-2369
<ul> <li>Meeting Location: China King (restaurant), in Bad Axe</li> </ul>	
• Time: 2 Tuesday of the month, 12-2 or 3	
Contact: Amy Van Tifflin	
Caseville United Methodist Church	(517) 856-4009
<ul> <li>Depression support group</li> </ul>	

- First and third Tuesday of every month at 7pm
- 6490 Main St. Caseville, MI 48725

# **Lapeer County**

## **Children with Special Needs**

Association for Retarded Citizens (ARC) Downriver......(734) 283-0710

- Various social events including weekly game night, movie night, club night, and sporting events.
- Yearly membership fee of \$30. Small fees (less than \$5) for certain social events.
- Serves adolescents and teenagers.

<sup>\*</sup> These resources are adoption sensitive

- 1800 Imlay City Road Lapeer, MI 48446
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Counseling		
*Abundant Life Counseling810-252-1315		
• 456 N. Main St.		
Lapeer, MI 48446		
*Amy Bolton(734)726-0406		
<ul> <li>Adoption sensitive therapist</li> </ul>		
• 2242a W. Jefferson		
Trenton, MI 48183		
* Catholic Social Services (Auburn Hills)		
• Licensed/certified therapists can treat conditions including, but not limited to, anxiety, stress, depression, eating disorders, child and teen behavior issues, marital and relationship issues, family conflict, post-trauma, anger management, grief & loss, and alcohol & drug addiction.		
*Christine Fisk(248) 561-7308		
<ul><li>cfisk@wideopenwest.com</li></ul>		
• 85 Crestfield Ave		
Troy, MI 48085		
*Clifford Stevens. (810) 844-1939		
<ul> <li>Personal Professional Counseling</li> </ul>		
325 N. Main St, Suite A		
Davison, Michigan 48423		
*Dr. Jill Castro(248) 721-9601		
Adoption sensitive		
Betz King & Associates		
26105 Orchard Lake Rd		
Suite 204		
Farmington Hills, MI 48336		
*Kimberly Owen(810) 538-0229		

<sup>\*</sup> These resources are adoption sensitive

• Concepts in Counseling 608 Fox Street

Lapeer, MI 48446
*KKT Counseling, LLC(248) 563-7288
• karolteetor@gmail.com
• 3563 Summit Ridge
Rochester Hills, MI 48306
Lapeer County Community Mental Health
• 1570 Suncrest Dr.
Lapeer, MI 48446
*Liz Grazioli Talbot(888)245-3115
Adoption sensitive
Kairos Counseling Center
71 N. Livernois Ave
Suite F
Rochester Hills, MI 48307
*Lynn Hartung(248) 681-0018
<ul> <li>Adoption sensitive</li> </ul>
Office located in Waterford
*Dr. Marshall Maldaver(248)567-2265
<ul> <li>Adoption sensitive</li> </ul>
The Center for Psychological Services
4950 Highland Rd
Waterford, MI 48328
* Nalo Therapy Center
Individual therapy, family therapy
Adopt, Foster, Kinship Parent support group and Adult Survivors of
Childhood Sexual Abuse support group
• Accept Medicaid and private insurance (Blue Cross Blue Shield, McLaren,
Blue Care Network, Aetna, Cofinity, and HAP) and will accept medical
subsidy and willing to bill subsidy directly.
*Dr. Natasha Kendal(248) 716-5392
Adoption sensitive  Office leasted in West Please Sold
Office located in West Bloomfield  *Pandall Crims (248)762-6400
*Randall Cripe
Trauma informed therapist  Clear Life Samines
Clear Life Services     33634 W 8 Mile Rd
Suite 31
Farmington Hills, MI 48335
*Tina Marie Balla-Cyman(810) 545-8967
• Simon Says Services
4683 Water Street, Suite 1
P.O. Box 247
Columbiaville, Michigan 48421
*Dr. Wendy Essenburg
Adoption sensitive
•
* These resources are adoption sensitive

 Agape Family Counseling 1460 Walton Boulevard Suite 218 Rochester Hills, MI 48309

Faith Based Resources
Northridge
<ul> <li>Offers support groups and other resources for adoptive families</li> </ul>
• 49555 N.Territorial Rd
Plymouth, MI 48170
Post Adoption Services
LDS Family Services
Psychiatrists
Dr. Allan Keith Thorburn(810) 667-0500
Lapeer County Community Mental Health Center
1570 Suncrest Dr
Lapeer, MI 48446
*Dr. Bruce L Roth(810) 309-8989
Adoption sensitive
<ul> <li>Commerce Psychiatric Services</li> </ul>
55 N Pond Dr.
Suite 6
Walled Lake, MI 48390
Dr. Gail E Stankee
<ul> <li>Lapeer County Community Mental Health Center</li> </ul>
1570 Suncrest Dr
Lapeer, MI 48446
Robert Lawrence Lawton. (810) 678-8807
North Oakland Ent
809 W Dryden Rd
Metamora, MI 48455
Accepts Blue Cross/Blue Shield, Humana, and Medicaid.
Accepts Dide Cross/Dide Sincia, Hamana, and Medicaid.
Respite
Michigan Department of Human Services, Lapeer County (810) 667-0800
• 1505 Suncrest Dr
Lapeer, MI 48446
Support Groups
Adoptive, Foster, and Kinship Parent Support Group (810) 667-4111

<sup>\*</sup> These resources are adoption sensitive

- 6:30 pm, second Monday of the month
- Nalow Therapy Center 1134 S. Lapeer Rd Lapeer, MI

Families Anonymous (West Bloomfield)	(248) 363-8235
(Birmingham)	(248) 542-2178
	Or (248) 225-7989
	Or (248) 763-3080
(Troy)	(248) 892-
4132	
Methodist Children's Home Society	(313) 531-9900
Wolverine Human Services	(734) 284-9688

#### **Youth Resources**

• The Starfish Family Services Crisis Shelter (formerly known as Counterpoint) helps families work through sensitive problems in a safe environment while offering temporary shelter and other counseling services to teens to help resolve family issues.

The center offers:

- A shelter to provide youth with a safe place to stay for two weeks when they or their families experience crisis, abuse or homelessness
- Individual and group counseling to help youth understand and cope with their problems, and to find healthy ways to deal with issues
- Family involvement and counseling to help develop problem solving and coping skills to strengthen families
- Prevention education to help resolve issues before they become serious problems
- Weekly counseling for youth and families who still need help working through difficulties at home

# **Macomb County**

#### **Child Care Referral**

Great Start Connect.......www.greatstartforkids.org

United Way for Southeastern Michigan	(800)-552-1183
Macomb Family YMCA	(586)468-1411

#### **Child Neglect and Abuse**

Care House......(586)463-0123

- Care House offers services to help and support families dealing with the trauma of child abuse. If you are a parent or caregiver concerned about possible abuse to your child, Care House is available to assist your family in a variety of ways. We offer:
  - prompt, relevant responses to questions related to child abuse issues,
  - crisis and emotional support, and

connections to appropriate investigative agencies.

CPS(Reporting suspected abuse and neglect)................... (855)444-3911

### **Children with Special Needs**

• Some of the services provided include:

Monthly Support Meetings

Informational / Educational Meetings

Private Movie Showings

**Holiday Parties** 

Annual Family Enrichment Camp Weekend

Picnics, walks/runs, walking in parades, etc.

- 25401 Harper Rd
  - St. Clair Shores, MI 48081
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Detroit Institute for Children 888-790-5437

- 5447 Woodward Detroit, MI 48202
- http://www.detroitchildren.org/
- To care for children with physical or developmental disabilities, neurological or behavioral special needs in a way that is positive, passionate, integrated and

<sup>\*</sup> These resources are adoption sensitive

- family-centered so that the children can maximize their potential within their families and the community.
- Rehabilitation Services physical therapy, occupational therapy, speech/language pathology,
- Assistive technology services Activities of Daily Living (ADL) Clinic, Seating and Mobility Clinics, and orthotics.
- School Services: Through our contracted services, we are able to provide direct treatment, consultation and evaluation, as well as staff/teacher inservices on-site to schools and agencies for children with special needs. Our staff serves children enrolled in all special education programs from Early Intervention to the high school level throughout Wayne, Oakland and Macomb counties.

### **Community Mental Health**

ACCESS Center	(586)948-0222
Counseling Services	
BirthRight of Macomb County (crisis pregnancy assistance)	(586)254-5930
CARE, www.careofmacomb.com,	
(teen counseling, parent/family education)	
Catholic Services of Macomb.	(586) 416-2300
Clinton Counseling Center	. (586)468-2266
Down River Community Services.	(810)794-4982
Harbor Oaks Pioneer Counseling Center:	
Clinton Township	
Sterling Heights	
*Dr. James F. Zender.	(586) 804-5724
<ul> <li>Trauma informed therapist</li> </ul>	
• 117 Cass Avenue	
Suite 204	
Mount Clemens, MI 48043	
Judson Center	
*Lutheran Social Service.	
Macomb County Crisis Center (24 hour counseling)	
*Maria Pappas	(586) 745-1749
<ul> <li>Adoption sensitive therapist for parents</li> </ul>	
<ul> <li>Metamorphosis Counseling</li> </ul>	
20816 Eleven Mile Road	
Suite 107	
Saint Clair Shores, MI 48081	(506) 500 3000
*Marla K Ruhana	(586) 799-2890
Adoption sensitive	
• 25490 Little Mack	
Saint Clair Shores, MI 48081	

<sup>\*</sup> These resources are adoption sensitive

New Haven Community Services. (586)749-5173
Parent Helpline (24 hour crisis line). (888)727-5889
Runaway (Runaway Squad, troubled children/teen issues). ..(800)RUNAWAY
\*Sherry L. Carson. (586) 330-9909

- Adoption sensitive
- Family & Personal Growth 37040 Garfield Rd T-5 Clinton Township, MI 48036

#### **Financial Assistance**

Michigan Department of Human services- Adoption Subsidy Program (517) 241-0455

#### **Legal Services**

Legal Aid and Defender (LAD) ......(313)967-5555

- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
- 613 Abbott Street Detroit, MI 48226
- <a href="http://ladadetroit.org/">http://ladadetroit.org/</a>

### **Psychiatrists**

Richard Ruzumna.....(248) 793-9128

- 29260 Franklin Road Suite 104 Southfield, Michigan 48034
- Able to work with adolescents and teenagers.

#### **Respite**

Macomb Oakland Regional Center (MORC).....(586) 263-8909

• Children's Waiver Program: This is a federal entitlement program for children with developmental disabilities and complex medical and or behavioral needs. For eligible participants, services include family and staff training and specialty services that could include nursing, speech, recreational, and dietary. The program also helps with community living supports, transportation, respite care, durable medical equipment and accessibility adaptations. This program is not available to children with Medicaid or MIChild insurance.

#### **Runaway and Homeless Youth Services**

Comprehensive Youth Services, Inc.- Family Youth Interventions......(586)465-1212

<sup>\*</sup> These resources are adoption sensitive

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.familyyouth.com
- 2 Crocker Blvd Suite 103 Mount Clemens, MI 48043

Runaway Assistance Program......(800)292-4517 **Support Groups** 

- A support group for single adoptive parents and meet regularly for dinner.
- No charge for services
- Contact: Janet Way, President, Adoptive Parent
- Location: 7412 Coolidge Center Line, MI 48015

Michigan Association of Foster, Adoptive and Kinship Parents..... (269) 637-5093

- Retention and empowerment of families to successfully parent all children placed in their care by providing training, advocacy, legislation, and support groups.
- Visit their website at www.mafak.msu.edu

NAMI, Metro.....(248) 348-7197

- Support Groups meet on the 4th Tuesday of every month (except July) at 7 p.m., St. John Hospital in Warren, MI. Contact: Fred (586) 573-7980 for more information.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 852
   Northville, MI, 48167
- http://www.namimetro.org

#### **Sanilac County**

### **Counseling**

Colonial Woods Christian Counseling Center.....(810) 375-7471 Most insurance accepted 1101 Military Street Port Huron, Michigan 48060 Jeff Thompson. (810) 404-8524 Accepts insurance Specialize in children and anger management \*Mary Lambe.....(810) 622-7805 Specializes in family issues, emotional upsets, and ADD Sanilac County Community Mental Health......(810) 648-0330 \*Tammy L McPherson....(989) 269-5180 • 1240 W Sanilac Rd Sandusky, MI 48471 \*Thumb Area Counseling Center.....(810) 648-4303 • 119 E Sanilac Rd #3 Sandusky, MI 48471 **Psychiatrists** Sanilac County Community Mental Health......(810) 648-0330 Respite Michigan Department of Human Services, St Clair/Sanilac County...(810) 966-2000 220 Fort Street Port Huron, MI 48060 **Support Groups** Community Counseling and Mentoring Services.....(810) 648-9484 • 6 Lexington St

### St. Clair County

### **Children with Special Needs**

Parent Education Group: This 8-week course offers two-hours weekly of direct parenting education in a group setting. Referral to the group also

includes an outreach worker who provides in-home instruction and follow-up

• 3415 28<sup>th</sup> Street

to the concepts presented in class.

Sandusky, MI 48471

<sup>\*</sup> These resources are adoption sensitive

- Port Huron, MI 48060
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### Counseling

Community Counseling and Mentoring Service.....(810) 987-2681

- Parenting skills classes, Individual therapy, Family therapy, Home-based services, Youth Mentor services, Child of Divorce group, Parenting Time assessment, Life skills program, Independent Living Skills, Anger Management Group and Supervised Visitation
- \* NorServ Group, Ltd. (810) 329-4798
  - Parenting Skills classes, Individual Therapy, Family Therapy, Home-based services, Pre-and Post-adoption services-individual and family counseling
  - Accepts Medicare, Medicaid, Private insurance. All insurances accepted are listed on their website (www.norserv.com). They accept medical subsidy and bill directly
- - Parenting skills classes, Psychological testing, Individual therapy, Family therapy, Home-based services, Psychiatric evaluation and medication evaluation. Provide in home services for children and their families with severe emotional disturbances and developmentally disabled
  - 3111 Electric Avenue Port Huron, Michigan 48060

### **Psychiatrists**

- Eastwood's services are covered by most managed care health plans (HM0's, PPO's etc.), Blue Cross/Blue Shield and all other commercial insurances. A number of services are supported by funding received from state and local agencies.
- 45660 Schoenherr Rd. Shelby Twp., MI 48315

### Respite

- St. Clair County Community Mental Health..................... (810) 985-8900
  - See clients with Medicaid, but also clients with no insurance or who have exhausted other options.
  - \* These resources are adoption sensitive

- Contract respite services out to other agencies, but client must first go through CMH to be referred.
- 3111 Electric Avenue Port Huron, Michigan 48060

#### **Runaway and Homeless Youth Services**

Comprehensive Youth Services, Inc. – The Harbor.....(810)982-8584

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.familyyouth.com
- 2 Crocker Blvd Suite 103 Mount Clements, MI 48043

#### **Summer Camp**

Camp Grace Bentley

(313)962-8242

- Hosts campers with a range of physical and mental challenges, ages 7-16
- Each session is 9 days long, \$400 per session
- Camp Grace Bentley

c/o Nancy Perri

1877 Maryland

Birmingham, MI 48009, www.campgracebentley.org/

#### **Support Groups**

Al-Anon....(989) 823-3243 Or (989)670-1605

• Various locations and meetings throughout Port Huron are opened to those who know or think that their life is or may have been affected by someone else's excessive drinking

Or (586) 447-8835

- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 591 Marine City, MI, 48039

• Sexual assault group for adolescents

<sup>\*</sup> These resources are adoption sensitive

### **Tuscola County**

### **Children with Special Needs**

Children's Special Health Care Services.....(989) 673-8114 ext. 145

- 1309 Cleaver Caro, MI 48723
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Counseling		
New Light Child & Family Institute(9	89) 871-6695	
<ul> <li>Family and individual counseling</li> </ul>		
*Rebecca Ducham(98	9) 673-5700	
• 467 N. State St		
Caro, Michigan 48723		
*Tammy Birkenmeier(98	39) 871-6695	
• 8361 Ellis Rd		
Millington, Michigan 48746		
Tuscola Community Mental Health Authority(98)	89) 673-6191	
• 323 N State St		
Caro, MI 48723		
Psychiatrists		
Laurence Tan Co(989	) 673-3191	
Caro Center		
2000 Chambers Rd		
Caro, MI 48723		

# Norbert O Anderson...(989) 673-3191

 Caro Center 2000 Chambers Rd Caro, MI 48723

William Francis Clark....(989) 673-3191

 Caro Center 2000 Chambers Rd Caro, MI 48723

<sup>\*</sup> These resources are adoption sensitive

# Respite

Michigan Department of Human Services, Tuscola County...... (989) 673-9100

• 1365 Cleaver Rd Caro, MI 48723

## **Support Groups**

Thumb Area Assault Crisis Center.....(517)673-4121

- 429 Montague Avenue Caro, MI 48723
- Abuse/violence related support groups

### **Surrounding Counties**

### **Allegan County**

### **Children with Special Needs**

Children's Special Health Care Services. (269)673-4172

- 3255 122<sup>nd</sup> Ave Suite 200 Allegan, MI 49010
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Counseling**

Counseling	
Allegan County Community Mental Health	(269) 673-6617
* Bethany Christian Services	(616) 396-0623
• Specialized trauma treatment for children 3-18 who	have been adopted
<ul> <li>Most insurance accepted</li> </ul>	
<ul> <li>Ability to pay scale</li> </ul>	
*Bettye Jo Bell, LLP	(616) 355-7720
• <u>bjbell@tds.net</u>	
<ul> <li>375 Fairbanks Suite 102</li> </ul>	
Holland, MI 49423	
Catholic Charities of West Michigan	(616) 796-9595
Catholic Family Services.	(269) 381-9800
Ottagan Addictions Recovery	(616) 686-
9810	
Pat Crum Lubben	(616) 391-8829
<ul> <li>Parent Educator/Certified AT NHA</li> </ul>	Consultant
Pathways of Michigan	(616) 396-2301
Seeds of Grace	(269) 288-0253
WMU Clinic for Counseling and Psychological Services	(616) 771-4171
Psychiatrists	
Allegan County Community Mental Health	(269) 673-0202
• 3285 122nd Avenue	

#### Respite

P.O. Drawer 130 Allegan, MI 49010

<sup>\*</sup> These resources are adoption sensitive

Allegan County Community Mental Health.....(269) 673-0202

3285 122nd Avenue
 P.O. Drawer 130
 Allegan, MI 49010

### **Support Groups**

• Free support groups

NAMI Bay....(989) 686-6709

- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 3520 Bangor Road Bay City, MI, 48706

Pathways of Michigan......(616) 396-2301

- Sliding fee scale
- Most insurance accepted, but not Blue Cross/Blue Shield

### **Bay County**

#### **Children with Special Needs**

- 1200 Washington Ave. Bay City, MI 48708
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### Counseling

Bay-Arenac Behavioral Health Authority (CMH)......(989) 895-2300 Bay City Counseling and Wellness Center.....(989)372-0950

- 2010 15th Street Bay City, Michigan 48708
- Sliding scale
- Specializes in relationship issues

<sup>\*</sup> These resources are adoption sensitive

**Parenting Classes** A 15-week parenting education series offered to parents who have young children age birth to three years. A trained parenting staff person from the MSU Extension visits families 1:1 in their home to discuss parenting, child development, child safety, nutrition, reading to your child, connecting with community resources, handling difficult behavior, etc. Contact Ann Arnold or Karen Gentle Eight-week parenting series offered by the YWCA of Bay County throughout the year. • Classes meet in the evening and include dinner. • Assistance with childcare and transportation in provided • No charge for the group • An eight week series for parents to learn how to cope with and effectively parent angry and defiant kids • Contact Bay Arenac Behavioral Health • A 7 week parenting series offered by MPA Group Ltd. throughout the year. • Educational course that offers fun and easy to use parenting techniques to use with children of all ages. • Free for those with Medicaid. Scholarships available. Contact Michelle Richards **Post Adoption Services** Catholic Family Services of the Diocese of Saginaw.....(989) 892-1923 **Psychiatrists** Chalichama Rao....(989) 895-8666 Saginaw Psychological Services 1000 N Johnson St Bay City, MI 48708 • Accepts Aetna, CIGNA, Coventry Health Care, Medicare, MultiPlan, Principal Financial, and United Health Care insurance Hema N. Talasila...(989)799-5440 • 200 S Wenona St Suite G29 Bay City, MI 48706

 Accepts Aetna, AmeriGroup, Blue Cross/Blue Shield, CIGNA, Commercial Insurance Company, HealthNet, Medicare, MultiPlan, and Principal Financial insurances.

Philip L. Creps.....(989)684-7977

<sup>\*</sup> These resources are adoption sensitive

<ul> <li>List Psychological Services</li> <li>126 Washington Ave</li> </ul>	
Bay City, MI 48708	
• Specializes in pediatric and adolescent psychiatry  Sochia P. Nagarkar (080) 700 0230	`
Sachin B. Nagarkar(989) 799-9230  • 3070 Kabobel Dr	,
Saginaw, MI 48604	
Accepts Aetna, Blue Cross/ Blue Shield, CIGNA, MultiPlan, and Principa	1
Financial insurance	
Venkat Talasila(989)667-966	51
MPA Group     1217 S Euclid Ave	
Bay City, MI 48706	
<ul> <li>Specializes in pediatric and adolescent psychiatry</li> </ul>	
<ul> <li>Accepts Aetna, Blue Cross and Blue Shield, CIGNA, and MultiPlan</li> </ul>	
Respite	
Family Support(800)448-549	8
<ul> <li>Family Support provides case coordination, counseling and respite to child (and their families) who have a developmental disability such as Mental Retardation, Autism, Epilepsy or Cerebral Palsy). Services may be request by calling</li> <li><a href="http://www.babha.org">http://www.babha.org</a></li> </ul>	dren
Runaway and Youth Services	
Cory Place(989)895-55	566
• Crisis based services available to youth between the ages of 12 and 17, their siblings and families.	
• 581 N. Scheurmann Rd	
Bay City, MI 48708	
Support Groups	
ARC of Bay County	
<ul> <li>Monthly support group for family, parents, friends, and advocates of the mentally disable at 7:00pm</li> </ul>	
<ul> <li>ARC office</li> <li>708 Columbus Ave</li> </ul>	
Bay City	
Children and Adults with Attention Deficit Disorders (CHADD)(989)737-0735	
<ul> <li>Monthly meetings held at the Grace A. Dow Library Lounge in Midland from the M</li></ul>	rom
7-9pm.	
This group is designed to provide education and support     Contact passes is Salving Francisco	
• Contact person is Sabrina Frawley Franklin Sollars and Associates(248) 841-8169	)
2	0.4

- Caregiver's Support Group: This group is ongoing, and is designed to provide support for caregivers of all kinds
- Insurances are accepted, and a sliding scale is available if needed for cash members.

- This group is a great way to meet others who are raising grandchildren, nieces, nephews, siblings, and other children of relatives.
- The group focuses on topics of interest to kinship care families including resource information, educational presentations, and connection to other families raising related children and socialization.
- The group meets every Wednesday from 9:30-11:00am at St. Bonifice Parish Center (corner of McKinley & Lincoln).
- No charge
- Contact Nancy

NAMI Bay.....(989) 686-6709

- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 3520 Bangor Road Bay City, MI, 48706

Parenting Support Group-Boys and Girls Club......892-6723

- Meets during the school year one evening per week at the Boys and Girls Club in Bay City.
- Groups include guest presenter, information on effective parenting strategies, problem solving, networking with other parents, and resource information.
- No charge to attend and no registration is required

## **Clinton County**

#### **Child Abuse/Neglect and Prevention**

Clinton County Family Resource Center.		(989) 224-1173
Clinton County Protective Services		(989) 224-5500
	24 Hour Line	(989) 224-7684

## **Children with Special Needs**

- 1307 E. Townsend Road St. Johns, MI 49738
- Coverage and referral for specialty services based on the person's health problems.

<sup>\*</sup> These resources are adoption sensitive

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### Clothing, Furniture and/or Emergency Needs

#### **Counseling Services**

Clinton-Eaton-Ingham Community Mental Health.....(517) 346-8200

• 812 E. Jolly Rd Lansing

- Executive Office Park and Conference Center 4790 Northwind Drive Suite 210
  - East Lansing, Michigan 48823
- Specializes in trauma/PTSD, school concerns, and anxiety
- Accepts Blue Cross/Blue Shield, Magellan Behavioral Health, McLaren, and Medicare insurance.

Highfields....(517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service.
   Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- http://highfields.org/
- \* Jacqueline Himelright.....(517) 292-4530
  - \* These resources are adoption sensitive

Psychiatrists Zulfiqar Ahmed(517)618-093
Mentoring Big Brothers/Big Sisters of St Johns(989) 227-536
Emergency Shelters RAVE (Relief After Violent Encounter)
<ul> <li>rabeckley@comcast.net</li> <li>43475 Dalcoma Drive, Suite 210 Clinton Township, MI 48038</li> </ul>
<ul> <li>3640 E Arbutus Drive         Okemos, Michigan 48864</li> <li>Specializes in depression, relationship issues, and anxiety</li> <li>Accepts many types of insurance and uses a sliding scale</li> <li>*Ross Beckley</li></ul>
Okemos, Michigan 48864  • Accepts insurance  • Specializes in child and adolescent behavioral issues and trauma/PTSD  Kay Janet Pratt
* Jennifer K Ogle
<ul> <li>Dewitt, MI 48820</li> <li>Specializes in relationship issues, parenting, and adoption</li> <li>Accepts insurance and uses a sliding scale.</li> <li>NAMI Lansing</li></ul>
• 13980 Schavey Rd

\* These resources are adoption sensitive

- Healthy Minds
   240 S Bridge St
   Suite 220
   Dewitt, Michigan 48820
- Accepts several types of insurance

#### **Respite**

LAP Respite Center.....(517) 372-6671

- <u>In-Home Program</u>: Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the families wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- Respite House Program: Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- After School Program: Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student to care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.
- 840 E Mt. Hope Suite 101 Lansing, MI 48910

### **Support Groups**

Clinton County Foster/Adoptive Support Group.....(517) 668-0185

### **Ionia County**

### **Children with Special Needs**

• 175 E. Adams

<sup>\*</sup> These resources are adoption sensitive

- Ionia, MI 48846
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### Counseling

- - Inner Access Therapy Center, LLC 112 S Depot Ionia, Michigan 48846
  - Accepts a wide variety of insurance
  - Specializes in depression and trauma/PTSD

• 375 Apple Tree Dr. Ionia, MI 48846

Psychotherapy Services of Rockford, LLP......(616)439-0891

- 16 N Monroe Street Rockford, Michigan 49341
- Accepts a wide variety of insurance

### **Psychiatrists**

Inner Access Therapy Center.....(616) 527-2619

• 227 W Main St Ste 235 Ionia, MI 48846

### **Respite Services**

• 920 E Lincoln Ionia, MI 48846

### Support Groups

Anderson Psychology Center (248) 688-0695

- Friendship Group: works with children on development of their friendship and social skills
- Cost: \$40-50
- Every other Saturday from 10am-11am

<sup>\*</sup> These resources are adoption sensitive

 Location: 29260 Franklin Road Suite 110
 Southfield, Michigan 48034

NAMI Lansing....(517) 484-3404

- NAMI Lansing offers: support groups, educational opportunities, and a healthy living program.
- NAMI provides these programs for the following counties: Clinton Eaton, Ingham, and Ionia.
- Family Support Group meets every Tuesday from 7 -8:30pm at Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing. Call for more information.
- Support Group for Spouses of Persons with Mental Illness meets the First Monday of the month from 7:00 to 8:30 p.m. at Sparrow Behavioral Health First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room.
- P.O. Box 26101 Lansing, MI, 48909
- http://www.namilansing.org/

#### **Kent County**

### **Children with Special Needs**

- 700 Fuller Ave. NE Grand Rapids, MI 49503
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Counseling**

- \*Barbara Clayton Price.....(616)920-0244
  - Adoption sensitive
  - BD Price Professional Services
  - \* These resources are adoption sensitive

1500 East Beltline	
Suite 105	
Grand Rapids, MI 49506	00.0042
*Brandon Lyon(616) 92	20-0043
<ul> <li>Adoption sensitive therapist for adolescents and teenagers.</li> </ul>	
BRAINS, LLP  2251 Feedle Pouls Dr. NE	
3351 Eagle Park Dr. NE Suite C	
Grand Rapids, MI 49525	
Community Mental Health-Grand Rapids(616)33	6-3765
• 790 Fuller Avenue NE	0 3703
Grand Rapids, MI 49503	
DA Bloggett-St. Johns	-2021
• Individual therapy, family therapy, and home-based services	
<ul> <li>Parent and professional run support groups, and special needs.</li> </ul>	
<ul> <li>Insurance accepted. Does not accept medical subsidy</li> </ul>	
Greater Hopes Family Services, Inc(616) 451	-0245
• Family and individual counseling.	
Parent Support Groups	
* Joseph Kohley, MSW, ACSW, CACII(616) 2	61-0888
• 2976 Ivanrest Avenue, Suite 205	
Grandville, MI 49418	
*Dr. Katie Bozek(616)54	1-5812
• 4403 Cascade Rd	
Suite 6	
Grand Rapids, MI 49546	
• Specialties include adoption-related issues, couple concerns, parenting c	oncerns,
and issues related to trauma.	
*Laura Hockenberry(616)818-	1345
<ul> <li>Specializes in PTSD, sexual abuse, and traumatic loss</li> </ul>	
• 983 Spaulding Ave SE	
Ada, MI 49301	
*Leah Brouwers, MA(616) 949-	-3335
• thetherapyclinic@aol.com	
• 2882 Thornhills Ave	
Grand Rapids, MI 49546	0001
*Miriam Engler(616) 920	
• Specializes in adoption issues and Fetal Alcohol Spectrum Disorder issu	es in the
family system.	
• 4519 Cascade SE	
Grand Rapids, MI 49546 *Dr. Robert I. Roird (616) 45	50 0602
*Dr. Robert J. Baird	10-0092
<ul><li>Offers counseling to victims of sexual abuse.</li><li>Human Resource Associates</li></ul>	
Human Resource Associates     161 Ottawa Avenue NW	
* These resources are adoption sensitive	96

Waters Building Suite 300C Grand Rapids, MI 49503 *Ruth Kohley, MSW(616) 261-0888
<ul> <li>2976 Ivanrest Avenue, Suite 205         Grandville, MI 49418</li> <li>Wedgwood Christian Services</li></ul>
referral to mentors such as Big Brothers Big Sisters, and resource library.  • Professional-run support groups for parents, children and attachment needs on an as-needed basis for enrollee's only
Post Adoption Services
Families Through Adoption, Inc
Psychiatrists
Clinical Psychiatric Medical Practice
<ul> <li>Accepts Blue Cross/Blue Shield, Aetna, CIGNA, and Humana insurance.</li> <li>Pine Rest Christian Health</li></ul>
Grand Rapids, MI 49548  • Accepts Wellpoint, Blue Cross/Blue Shield, Aetna, and Magellan insurance Pine Rest Southwest Clinic
• 4211 Parkway Pl Sw Ste 100 Grandville, MI 49418 Psychiatric Associates
• 1403 60th St Se Grand Rapids, MI 49508
<ul> <li>Accepts Blue Cross/ Blue Shield, Aetna, and Humana insurance</li> <li>Spectrum Community Services</li></ul>
Respite
Smith Regional Respite
<ul> <li>Generally receive most client referrals from Community Mental Health (CMH) agencies and contract with them for direct payment. However, they also accept private pay and have even set up payment contracts with individual insurance companies in the past.</li> </ul>

<sup>\*</sup> These resources are adoption sensitive

• Cost is set by the Medicaid screen at:

10.68/hr. for 1:M care 14.24/hr. for 1:1 care

16.04/hr. for 1:M care Holiday 21.36/hr. for 1:1 care Holiday

#### **Runaway and Homeless Youth Services**

Arbor Circle: The Bridge.....(616) 451-3001

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.arborcircle.org
- 1115 Ball Avenue NE Grand Rapids, MI 49505
- Coverage Area: Ottawa, Kent, Ionia, and Montcalm

#### **Support Groups**

Adoptive Family Support Network.....(616) 458-7945

- Parenting skills classes, home-based services, parent-run support groups for parents, special needs, transracial families. Attachment focused.
- No insurances accepted. Services are offered for free or a minimal fee for families.
- Visit their website at <a href="https://www.afsn.org">www.afsn.org</a>
- Location: 233 Fulton St. East Suite 124 Grand Rapids, MI 49503

ADOPTS Program.....(248) 414-4080

- Specialized therapy program for pre and post-adoptive children ages 8-17, that have experienced some type of trauma in their lives.
- Contact: Pamela O'Berry

- Parent, Children, Transracial, Attachment focused, self help support group
- No charge for services
- Contact Person: Jessica Lyons, President (<a href="mailto:pres@fficgr.org">president (pres@fficgr.org)</a>)

Grandparents Raising Grandchildren Educational Support Group......(616) 234-3483

- Meeting Location: Wealthy (1154 Wealthy St. SE, Grand Rapids MI 49506
- Time: the second Tuesday of each month from 9:00 to 11:00 AM
- Contact: Michael Faber 616-234-3483 or mfaber@grcc.edu

- Kinship support group
- Meeting Location: St. Andrews Episcopal 1025 Three Mile Rd. N.E. Grand Rapids, MI. 49505
- Time: 1st teen Monday (for example, if a there was a Monday Oct. 12 or Mon. Oct.19, the meeting would be on the 19th. 12 is not a teen) of the month 6-8pm
- Contact: Sharon Briggs at 616-464-2946x194 sharonbriggs@cherryhealth.com

<sup>\*</sup> These resources are adoption sensitive

• Warm Line: Mandy McGregor 954-1991x203 <u>mandym46@yahoo.com</u> NAMI Kent.....(616) 633-1060

- We provide information and support for people with mental illness and their families.
- Monthly support group meets on the third Tuesday of each month at 7:00pm at the Network 180 building at 90 Fuller Avenue NE, Grand Rapids, MI 49503 on the Access Center on the first floor. Enter thru the Access entrance on the West side and someone there will guide you to our meeting room.

- Child and Adolescent Group
- Cost: \$30-\$40
- Groups throughout the week at various times.
- Location: 600 Broadway Ave NW C-5

Grand Rapids, Michigan 49504

#### **Oakland County**

#### **Children with Special Needs**

• 2075 E. West Maple Road Suite B-204 Walled Lake, MI 48390

- Offers enrichment classes, specialty programs, summer support services, occupational therapy, physical therapy, speech language pathology, psychological services, nutritional therapy, and educational tutoring.
- www.abilitiescenter.com

Amazing Wings Therapeutic Riding Center.....(810) 636-5111

- 9500 S. State Road Goodrich, MI 48438
- Equine assisted activities and therapy programs for children with disabilities and special needs
- Occupational therapist on staff
- Year-round programs
- www.amazingwingsinc.com

Autism ASK......(248) 618-1275

• 4345 Meigs Avenue

Suite A

Waterford, MI 48329

• Serving the autism spectrum community through advocacy, support and knowledge

<sup>\*</sup> These resources are adoption sensitive

- Year-round services including individual counseling for parents, consultation for families and service providers, workshops, resource provision and community collaboration
- Transition Exploration program for high school students with
- Asperger's to experience their community and explore their future goals
- www.autism-ask.com

Banbury Cross Therapeutic Equestrian Center.....(248) 628-7433

- 1223 Brauer Road Oxford, MI 48371
- Therapeutic riding classes for children with both physical and mental disabilities
- Programs are offered year round
- Ages 4 and older

Beaumont Children's Hospital Center for Children's Rehabilitation.....

Royal Oak.....(248) 655-5823 West Bloomfield.....(248) 855-4867

- Adaptive groups for children with special needs
- Groups facilitated by speech therapists, occupational therapists, physical therapists or social workers
- Multi-disciplinary groups
- Swim, dance, handwriting, social or speech groups
- Ages 3 to 11 years
- www.beaumonthospitals.com

Beaumont Children's Hospital Center for Human Development HOPE Center...... .....(248) 691-4774

• 1695 W. 12 Mile Road Suite 120 Berkley, MI 48072

- Year-round Applied Behavior Analysis (ABA) services, intensive center-based behavioral preschool programs, behavioral consultation for concerns such as toileting, feeding, sleeping, anxiety and behavior management, intensive toilet training
- www.beaumontchildrenshospital.com/hope

Beaumont Hospital Center for Childhood Speech and Language Disorders..... .....(248) 551-2100

- 4949 Coolidge Highway Royal Oak, MI 48073
- Programs for children with speech and language difficulties
- Children must be screened call for an appointment
- Ages 3 to 14 years
- www.beaumonthospitals.com

Building Bridges Therapy Center.....(734)454-0866

- 9357 General Drive Suite 101
- \* These resources are adoption sensitive

Plymouth, MI 48170

- Speech and language therapy, occupational therapy, sensory integration, physical therapy, craniosacral therapy, music therapy, social emotional therapy and more
- Individual and group programs available
- Ages 3 and older
- www.bridgestherapy.com

Children's Special Health Care Services......(248) 858-0056

- 1200 N. Telegraph Pontiac, MI 48341
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Detroit Institute for Children....(313) 832-1100

- 5447 Woodward Avenue Detroit, MI 48202
- A comprehensive array of more than 25 services and programs provide a continuum of care for children and young adults with physical, neurological or developmental disabilities
- Providing occupational therapy, physical therapy, and speech and language therapy
- Pediatric Potentials campus
- For children birth to 18 years
- www.detroitchildren.org

OUCARES.....(248) 370-2424

• Oakland University

School of Education and Human Services

2200 N. Squirrel Road

420B Pawley Hall

Rochester, MI 48309

- Programs for children with an Autism Spectrum Disorder
- Programs for children age 2 years through adulthood
- Pee Wee Summer Day camp for ages 3 to 5 years
- Summer Day camps for ages 6 to 13 years
- Film camp for ages 10 to 20 years
- www.oakland.edu/oucares

Rexford Center for Therapeutic Riding.....(586) 727-6661

- 29434 32 Mile Road Lenox, MI 48050
- Provides therapeutic and recreational horseback riding therapy for the disabled, including both physically and mentally challenged individuals, ages 8 and older

<sup>\*</sup> These resources are adoption sensitive

• www.rexfordcenter.com

Speech and Language Pathologist.....(248) 851-6045 • 5551 Lakeview Drive Bloomfield Hills, MI 48302 • Speech and language evaluations • Speech and language treatment sessions for all ages • Specializes in pre-school age children • Summer and year-round programs • Facility and home visits available per request **Counseling Services** \* Adoption Options Worldwide Inc.....(248) 855-2813 Offers psychological testing, individual therapy, family therapy and professionally and parent run support groups. Doesn't accept insurance. Free counseling (depends on the service) to birth parents. Free training to clients. Counseling services to clients are negotiable Visit their website at www.adoptionoptionsworldwide.com • Contacts: Alyssa Bambard, LMSW; Anne Davis, LMSW; Stacia Miller, **LMSW** Location: 5745 W. Maple Road, #214 West Bloomfield, MI 48322 \*Barry Dauphin.....(248) 686-0372 Adoption sensitive 600 N. Old Woodward Suite 301 Birmingham, MI 48009 \*Dr. Carter Schumacher....(248) 277-5695 Adoption sensitive 237 N Old Woodward Ave Birmingham, MI 48009 (Lake Orion).....(248) 693-7526 Licensed/certified therapists can treat conditions including, but not limited to, anxiety, stress, depression, eating disorders, child and teen behavior issues, marital and relationship issues, family conflict, post-trauma, anger management, grief & loss, and alcohol & drug addiction. Parenting skills classes, Psychological testing, Individual therapy, Family therapy, professional and parent run support groups • Private insurance not accepted. Free for families who work with agency.

Visit their website at <u>www.childhelp.org</u>

 The state of the

• Contact person: Angela Barney, MA (aberney@childhelp.org)

\* These resources are adoption sensitive

• Location: 30680 Montpelier	
Suite 250	
Madison Heights, MI 48071	
* Child & Parent Services	
• Individual therapy and Family therapy. Full service adoption agency-	1
Domestic Adoption Program. Homestudy completion for international and	1
interstate adoptions.	
<ul> <li>No insurance or medical subsidy accepted</li> </ul>	
<ul> <li>Contacts: Cathy Eisenberg, BSW, Director; Peggy Pisone, BSW; Nancy Bortman, BSW</li> </ul>	
<ul> <li>Visit their website at <u>www.childandparentservices.com</u></li> </ul>	
• Location: 30600 Telegraph Rd. Suite 2215	
Bingham Farms, MI 48025	
*Christian Family Services	)
• Individual and family therapy, professionally and parent run support group	
	JS.
v 1	
• Christian Family Services is able to be a resource to children and families	
who are not placed through their program.	
• Contacts: Julie Grant, MA, LPC ( <u>Julie.grunt.cfs@live</u> .com); Audrey Brow	√n,
LBSW ( <u>Audrey.brown@cfs</u> -michigan.org)	
Commerce Psychiatric Services, PLC	
<ul> <li>Psychological testing, Individual therapy, Family therapy</li> </ul>	
<ul> <li>Accepts Private Insurance, and Medicare</li> </ul>	
• Contact: Dr. Bruce L. Roth, D.O., Psychiatrist ( <u>brucerothII@sbcglobal.ne</u>	<u>:t</u> )
*Elizabeth Herring(248) 236-1365	5
Specializes in working with survivors of childhood sexual abuse	,
• 415 S, West St.	
Suite 150	
Royal Oak, MI 48067	
· · · · · · · · · · · · · · · · · · ·	:
*Elizabeth Shaw-Draves	)
Trauma informed therapist	
• 725 South Adams Road	
Suite L-125	
Birmingham, MI 48009	_
*Heron Ridge Associates (248) 243-6640	5
<ul> <li>Adoption sensitive therapists on staff</li> </ul>	
• 3694 Clarkston Road	
Suite D	
Clarkston, MI 48348	
*Joyce Castro Pearlman(248)438-5221	
Adoption sensitive	
<ul> <li>Office located in Huntington Woods</li> </ul>	
* Karol Teetor	8
* These resources are adoption sensitive	103

- karol@attachmentcoalition.org
- Provides family treatment for those experiencing problems related to adoption, trauma and/or loss. Karol's strength is in assisting parents in building a strong, positive therapeutic team that will enable treatment to reach within the home, a child's school and the family's community.
- Works in Lake Orion

\*Dr. Kimberly Waldron.....(248) 567-2818

- Trauma informed therapist
- Gateway Counseling Center 2011 Crooks Rd Royal Oak, MI 48073

\*Lutheran Adoption Service-Southfield......(248) 423-2770

• Family Counseling

\*Dr. Michael Katz.....(248)552-8080

- 17500 Northland Park Court Southfield, MI 48075
- He has developed a special therapy program for children with post-traumatic stress disorder caused by physical and emotional abuse and/or loss of or separation from birth parents.

\*Oakland Psychological Clinic.....(586) 838-1930

- Adoption sensitive therapists on staff
- 16664 15 Mile Road Fraser, MI 48026

\*Orchards Children's Services.....(248) 530-5390

\*Psychotherapy Center for Adoptive Families.....(248) 531-9659

\* Sharon Byles.....(248) 943-6176

Adoption Sensitive

- Trauma informed therapist
- 23647 Woodward Ave.

Suite 2

Pleasant Ridge, MI 48069

#### **Legal Services**

Legal Aid and Defender (LAD) ......(313)967-5555

- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
- 613 Abbott Street Detroit, MI 48226
- http://ladadetroit.org/

#### **Parent Resources**

<sup>\*</sup> These resources are adoption sensitive

Beaumont Parenting Program. Grosse Pointe.....(313) 473-1705 Royal Oak.....(248) 898-3230 Troy.....(248) 964-3995 • Provides information and emotional support to parents • Provides parenting classes and support groups • Postpartum adjustment support groups • The Happiest Baby on the Block class • Baby Sign Language class • Discipline – the Toddler Years class • Financial planning for Your Child's Future class • The Goodness of Homemade Baby Food class • www.beaumontchildrenshospital.com/parenting-program Bethany Christian Services (248) 414-4080 • Trauma Informed Parenting: a 6 week parent training course. Free. Open to all adoptive families, both domestic and international. • Contacts: Pamela Oberry, LMSW; Kevin Arndt, MA, Older Child Adoption Supervisor Visit their website at www.bethany.org/madisonheights Location: 30685 Barrington Ste.140 Madison Heights, MI 48071 • Provides foster care, adoption and mentoring services to abused, neglected and atrisk children. • 30680 Montpelier Suite 250 Madison Heights, MI 48071 • http://childsafemichigan.org/ FAST (Families and Schools Together). (248) 334-3595 Family Education and Support Services provides services to at-risk and/or disadvantaged families and youth. The common thread of this department's services include: Parents as primary teachers of their children • Literacy as a critical element of success • Understanding that behaviors are directly linked to how a person thinks and feels • Linkages to community resources MDNS – Oakland County DHS......(248) 975-5400 • Information and referral, assistance to families seeking medical subsidy • No charge for services Contact: Kim DuBiesz, direct phone line 248.975.5299 Oakland County Health Division......(800) 848-5533 Parenting skills classes, home-based services, nurturing parenting program.

<sup>\*</sup> These resources are adoption sensitive

- No charge for services
- Contact: Andrea Agboka, RN MPH
- Visit their website at oakgov.com/health

- Individual therapy, Family therapy, Home-based services.
- Contact: Watisha Sims, MS, LLPC (<u>wsims@orchards.org</u>)
- Location: 30215 Southfield Road, Southfield, MI 48076

#### **Psychiatrists**

\*Dr. Michael Colman....(248) 688-0813

- Has a great deal of experience working with adoption with both children and adults
- 2725 Endsleigh Dr Bloomfield Hills, MI 48301

#### **Runaway and Homeless Youth Services**

Common Ground.....(248)456-8150

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- www.commongroundhelps.org
- 1410 South Telegraph Bloomfield Hills, MI 48302
- Coverage Area: Oakland County

#### **Support Groups**

Adolescent Survivors of Childhood Sexual Abuse, Adult Sexual Assault & Adult Survivors of Childhood Sexual Assault Support Groups......(248) 334-1274 Adoption Identity Movement of Michigan, Inc...............(248) 548-6291

- Offers education on post adoption issues, peer support for adult adoptees, birth
  parents, adoptive parents, siblings, and extended family; search assistance; and
  advocacy
- Contact: Tina Caudill, Founder (<u>caudt@wideopenwest.com</u>)

Advanced Counseling Services......(734) 285-8282 ext. 2210

- Anger management group for adolescents (ages 14-19).
- Cost: \$40-60
- Contact: Sam Gross
- Location: 29201 Telegraph Rd. Ste. 500

Southfield, MI 48034

Childhelp	(248) 323-0921
Christian Family Services	(248) 557-8390
Chosen Kingdom Builders	(248)894-1607
Michigan Association of Single Adoptive Parents, Huntington	n Woods

<sup>\*</sup> These resources are adoption sensitive

.....(248)547-8893

National Alliance on Mental Illness (NAMI).....(248) 348-7197

- Offers a number of support groups, advocacy, and free education and training opportunities for family members, which covers many areas, such as education, providing support, and fighting stigma.
- Family Support Group on the 2nd Thursday of every month 7 p.m. at Brandon Township Library Conference Room, 304 South Street, Ortonville, MI 48462. Contact: (248) 620-0273 for more information
- NAMI Metro CONNECTION peer led Support Group on the 1st & 3rd Sunday of every month 2 p.m.at Crittenton Hospital, 1101 W. University Drive, Rochester Hills
- Contact: Dave (248) 464-7436 for more information.
- P.O. Box 852

Northville, MI, 48167

National Resource Center for Special Needs Adoption	(248)443-7080
Orchards Adoptive Parent Support Group	
Support for Parents and Older Adopted Kids	(248)649-3469
Spectrum Child & Family Services	(248) 552-8020

### **Saginaw County**

#### **Children with Special Needs**

- 1600 North Michigan Ave Saginaw, MI 48602
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

#### Counseling

- \* Child and Family Services...... (989) 790-7500
  - 2806 Davenport Saginaw, MI 48602
  - Offers therapy on a broad range of issues.
  - Therapists who specialize in childhood trauma, abuse, and neglect, work with families, and are adoption sensitive.

<sup>\*</sup> These resources are adoption sensitive

<ul> <li>Services are billable to most insurances</li> </ul>	
<ul> <li>United Way of Saginaw subsidies are available to eligible custo</li> </ul>	omers.
* Hope Christian Counseling(989	) 399-9233
<ul> <li>Psychological testing, Individual therapy, Family therapy, Trau</li> </ul>	*
Accepts Medicaid, Private Insurance, Medical Subsidy	
<ul> <li>Contact: Randall R. Mey, President, MPA, MSW, CAADC, LN</li> </ul>	ЛFT.
LMSW/BCD	,
*Dr. Lorraine LaFerriere(	989)642-0494
<ul> <li>Specializes in family conflict</li> </ul>	,
Jafferany Psychiatric Services	
3085 Hallmark Ct	
Suite 1	
Saginaw, MI 48603	
2.18.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1	
Dungway and Hamalass Vauth Sarvicas	
Runaway and Homeless Youth Services Saginaw County Youth Protection Council(989)	0)702 1005
·	*
• Crisis based services available to youth between the ages of 12 and 1	7, men
siblings and families	
• <u>www.scypc.org</u>	
• 1226 N Michigan Ave	
Saginaw, MI 48602	
Support Groups  (517)	701 2000
A.D.O.P.T(517)	
Birth Through 5(989	9) 399-6850
Parent support groups	
• Hours: Monday- Friday, 8:00 AM- 4:30PM	
• Location: 1903 N. Niagra	
Saginaw, MI 48602	
NAMI Saginaw(98	*
<ul> <li>NAMI offers an array of support and education programs that help b</li> </ul>	uild better
lives for the millions of Americans affected by mental illness	
<ul> <li>Please call for more information about the support groups and progra</li> </ul>	ams offered in
the county.	
• 592 Foxboro	
Saginaw, MI, 48603	
<ul><li>http://www.namimi.org/</li></ul>	
Foundational Truth Family Services(810	0)280-0952
• Sexual assault survivors support groups for children 6-10 years old.	
<ul> <li>Meets every Thursday from 6pm-7:30pm</li> </ul>	
• Cost: \$30	
• Location: 3144 Davenport Ave.	
Saginaw, Michigan 48602	
Saginaw County Commission on Aging	797-7564
* These resources are adoption sensitive	108

- Kinship support group
- Meeting Location: 2355 Schust Rd., Saginaw, MI 48603
- Time: 1st and 3rd Thursday of each month from 12:30pm-2:00pm
- Contact: Carolyn

# **Shiawassee County**

DHS (FIA) Child Day Care Services
Clinics/ Hospitals
Clinics/ Hospitals
Child Health Clinic
Community Education Programs & Community Centers
Corunna Community Education. (989) 743-4151
Laingsburg Community Education
Counseling Services
Catholic Charities(989) 723-8239
Colleen Jewell, MA, LLP(517) 204-2433
Family Counseling Services/ Teen Ranch(989) 723-9315
David Bird, MSW, ACSW(989) 723-5678
Family Psychiatric Consultants(517) 337-9971
Therapists: Michael Barnes, DO; James Bowen, DO; Valerie Guemsey
DO; Michael Vandewalle, DO
Kathleen Koepele(989)725-8581
Sharon Hobbs, PhD
Shiawassee County Community Mental Health(989)723-6791
Or 1-800-448-5498
Terrence Johnson, PhD, PC(989)723-1120
Trinity Counseling Services(989) 723-0330
<ul> <li>Offers traditional or faith based therapy for children, adolescents, and</li> </ul>
families.
<ul> <li>Location: 123 S. Washington</li> </ul>
Owosso, MI 48867
Family Support
Big Brothers/Big Sisters(989)729-6655
Capital Area Community Services, Inc. (CACS)(989)723-3115
Christ Episcopal Church Outreach Center(989)723-2495
Community Kitchen(989)723-7485
Cornerstone Church of God(989)723-7603
Women, Infants and Children (WIC)(989)743-2383

<sup>\*</sup> These resources are adoption sensitive

## **Support Groups**

Adult and Child Bereavement Support Group	(989)725-6454
	Ext. 1431/1723
NAMI Shiawassee	(517) 881-1796
<ul> <li>NAMI offers an array of support and education</li> </ul>	on programs that help build better
lives for the millions of Americans affected	by mental illness
<ul> <li>Please call for more information about the sur</li> </ul>	pport groups and programs offered in
the county.	
• P.O. Box 434	
Owosso, MI, 48867, http://www.namimi.org	g/
Caregiver Support Group	(989)725-1127

## **Wayne County**

## **Children with Special Needs**

• Available to facilitate plans for people receiving services through the Detroit Wayne County Community Mental Health Agency.

Association for Retarded Citizens......(313)831-0202

- Social events for individuals of all ages with developmental disabilities.
- Donations are accepted for events.
- Location: 51 W Hancock Street Detroit, MI 48201-1303

- 33030 Van Born Rd Wayne, MI 48184
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Children's Special Health Care Services (Detroit)......(313)-876-0180

- 1151 Taylor Street Room 307 C Detroit, MI 48202
- Coverage and referral for specialty services based on the person's health problems.

<sup>\*</sup> These resources are adoption sensitive

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Detroit Institute for Children 888-790-5437

- 5447 Woodward Detroit, MI 48202
- http://www.detroitchildren.org/
- To care for children with physical or developmental disabilities, neurological or behavioral special needs in a way that is positive, passionate, integrated and family-centered so that the children can maximize their potential within their families and the community.
- Rehabilitation Services physical therapy, occupational therapy, speech/language pathology,
- Assistive technology services Activities of Daily Living (ADL) Clinic, Seating and Mobility Clinics, and orthotics.
- School Services: Through our contracted services, we are able to provide direct treatment, consultation and evaluation, as well as staff/teacher inservices on-site to schools and agencies for children with special needs. Our staff serves children enrolled in all special education programs from Early Intervention to the high school level throughout Wayne, Oakland and Macomb counties.

## Counseling

\*Branches Counseling.....(734)799-5367

- Adoption sensitive therapists on staff
- 16801 Newburgh Road Suite 109 Livonia, MI 48154

\* Cheryl Foster......(734)276-7906

- Cheryl and many therapists on her staff have experience working in foster care and adoption.
- Adoption sensitive therapy
- Accept Blue Cross/Blue Shield and Magellan insurance
- Medical subsidy is the preferred method of payment
- \*CSS of Wayne County- Detroit.....(313) 883-7681
  - Family Counseling
- \*Dr. Elissa Fronczak.....(734) 237-6228
  - Experience helping adolescents and teenagers recover from childhood trauma/abuse
  - 550 Forest Avenue Suite 15-3

<sup>\*</sup> These resources are adoption sensitive

Plymouth, MI 48170

Inner Wisdom Counseling. (248)348-1270

- David Connell, PhD
- Specializes in family and adolescent counseling.
- 224 South Main St. Northville, MI 48167
- \* Julie Kimball-Kubiak.....(248)345-2410
  - kjkubiak44@yahoo.com
  - Specializes in family therapy with a focus on trauma, attachment and adoption using *Dyadic Developmental Psychotherapy* (DDP) as her primary treatment approach & *Beyond Consequences* as her therapeutic parenting paradigm. Julie offers an adopted teen support group based on the seven core issues of adoption and leads an adoptive parent support group. She also provides clinical support to adult adoptees on their journey of healing. Julie's passion for her work comes from her own experience of being an adoptee.
  - Works in Livonia

- Parenting skills classes, Individual therapy, Family therapy
- Professionally run Parent, and Teen support groups
- Insurance accepted and MI adoption medical subsidy

\*Dr. Kim Logan-Nowlin....(313)486-4592

- 8313 Grand River Detroit, MI 48204
- Specialties include adoption, family conflict, and relationship issues
- Accepts a wide range of insurance and a sliding scale for payment is available \*Linda Lhost-Catal, PhD......(734) 646-6162
  - linda@attachmentcoalition.org
  - The *Coalition's* diagnostician and neurofeedback treatment specialist. She has been conducting assessments for over 30 years. Cognitive, academic and/or psycho-social evaluations include objective and projective testing and an attachment assessment, a specialty that is paramount when determining the overall functioning of an attachment challenged child. Linda also provides neurofeedback training sessions.
  - Works in Livonia
- - jones@attachmentcoalition.org
  - Specializes in the attachment of infants and children using *Dyadic*Developmental Psychotherapy (DDP) as her primary treatment approach. She has extensive experience working with trauma often using EMDR and/or

    Mindfulness as adjustive treatments to DDP. Linda offers therapy, parental

<sup>\*</sup> These resources are adoption sensitive

support, consultation for IEP's (Individualized Educational Plan) and consultations for siblings & extended family members.

• Works in Livonia

\* Lutheran Adoption Service......(248) 423-2770

- Individual therapy, family therapy, home-based services
- Medical subsidy or private pay
- Contact person: Carol J. Schiller, LBSW, MA, LPC (cschi@lssm.org)
- - Parenting skills classes, Psychological testing, Individual therapy, Family therapy, Home-based services. Provide in-home services to families who adopted children out of the foster care system. Link families up with needed services in order to stabilize "crisis" situations.

Pam's Place Counseling Center (PPCC)......(313) 894-8088

- Parenting skills classes, Individual therapy, Family Therapy
- Parent run support groups
- Private Pay
- Contact: James T. Edgar, Jr., Master Degree Direct #:313.894.2088

Spaulding for Children......(248) 443-0300

- Individual therapy, Family Therapy, Home-based services
- Parent, Children, Teen support groups, professionally and parent run.
- No charge for services

\*Terri G Hunter-Powell....(313) 731-2934

- Adoption sensitive
- Choices and Changes Counseling Services 5555 Conner Ave Suite 2079 Detroit, MI 48213

### **Family Services**

- A child welfare, family preservation and mental health human services organization. Services include foster care, adoption, family preservation, mental health treatment services, substance abuse treatment, employment/career training, and programs for adjudicated youth, and group homes for developmentally disabled adults.
- 28303 Joy Road Westland, MI 48185
- <a href="http://www.spectrumhuman.org/SHS/Default.aspx">http://www.spectrumhuman.org/SHS/Default.aspx</a>

#### **Health Services**

Institute for Population Health (IPH).....(313)324-9482

- Offers various health services including WIC, dental, vision and hearing, immunizations, substance abuse services and family planning services.]'
- 1151 Taylor St.
   Detroit, MI 48202

<sup>\*</sup> These resources are adoption sensitive

• http://www.ipophealth.org/# Coventry Cares of Michigan.....(313)465-1510 / 1-866-316-3784 • A Medicaid Health Plan, services include family planning, doctor visits, lab and xray, prescription coverage, dental and many other services. • 1333 Gratiot Avenue, Suite 400 Detroit, MI 48207 • http://chcmedicaid-michigan.coventryhealthcare.com/ • Family Center for CYSHCN Cadillac Place, Suite 3-350 Detroit, MI 48202 • Email: CSHCSFC@michigan.gov for additional information. Wayne Children's Healthcare Access Program.....(313)863-CHAP (2427) A Medical Home implementation model, improving quality, access and child health outcomes. Services provided include care coordination, transportation, Medicaid outreach, community linkages, and behavioral health coordination. Westminster Church of Detroit 17567 hubbell Detroit, MI 48235 • http://wchap.org/ **Legal Services** Legal Aid and Defender (LAD) ......(313)967-5555 • A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services. • 613 Abbott Street Detroit, MI 48226 http://ladadetroit.org/ **Runaway and Homeless Youth Services** Alternatives for Girls.....(313)361-4000 • Crisis based services available to youth between the ages of 12 and 17, their siblings and families. • www.alternativesforgirls.org • 903 W Grand Blvd Detroit, MI 48208-2365 • Covers Detroit, Highland Park, Hamtramck, and neighboring Wayne County communities Matrix Human Services.....(313)831-1000 • Crisis based services available to youth between the ages of 12 and 17, their siblings and families • www.matrixhumanservices.org

• 120 Parsons St

Detroit, MI 48202

\* These resources are adoption sensitive

Starfish Family Services.....(313)563-5005

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- www.sfish.org
- 30000 Hiveley Inkster, MI 48141

## **Support Groups**

National Alliance on Mental Illness (NAMI)......(313) 584-3072

- Offers a number of support groups, advocacy, and free education and training opportunities for family members, which covers many areas, such as education, providing support, and fighting stigma.
- NAMI Dearborn Family Support Group meets on the 2nd & 4th Monday of every month 7 p.m. at the First Presbyterian Church, 600 N. Brady St., Dearborn Contact: (313) 563-1245 or (313) 359-0253.
- NAMI Metro Downtown Detroit Family Support Group meets on the 2nd Saturday of every month 1 p.m. at the VA Hospital Room B1314, (Use Canfield entrance), 4646 John R., Detroit. Contact: (313) 873-9019 or (313) 867-623.
- NAMI Metro Eastside Family Support Group meets on the 1st & 3rd Monday of every month 7 p.m. at the Cottage Hospital Conference Room 1 (1st Floor)159 Kercheval, Grosse Pointe. Contact: Barb (313) 886-8004.
- NAMI Suburban West Family Support Group meets on the 1st & 3rd Tuesday of every month 5:30 p.m. at the Redford Community Center, 12121 Hemmingway, Redford, MI 48239. Contact: Jill (313) 670-6333.
- Please check out their website for more support groups throughout the county, <a href="http://namimetro.org/resources/family-support-groups/">http://namimetro.org/resources/family-support-groups/</a>
- 33919 Fountain Blvd. Westland, MI, 48185
- http://namimetro.org/

#### **Other State and National Resources**

## **Summer Camps**

Academy of the Sacred Heart.....(248) 646-8900

- 1250 Kensington Road Bloomfield Hills, MI 48304
- Offers day camps, extended care, and enrichment classes.
- A mom and tot program for ages 18 months to 2 ½ years
- Camps for children ages 2 ½ through 18 years
- www.ashmi.org

B.A.S.E. Camp. (231)832-7298

\* These resources are adoption sensitive

- Ages 10-13
- June 18-25 and June 28-July 5
- An 8-day camp experience for pre-teens for early intervention. This program is for youth beginning to have difficulty managing their anger and emotions, struggling to transition into a place of personal responsibility, and lacking respect for others.
- Able to bill/invoice adoption subsidy as long as parents are able to provide approval from the subsidy office
- Scholarship fund
- Camp site is at Eagle Village 4507 170th Avenue Hersey, MI.
- Click for flyer:

http://www.eaglevillage.org/uploads\_eagle/files/Changing%20Lanes%20Base%20and%20Survive.pdf

Birmingham Community House Program Department.....(248) 644-5832

- 380 S. Bates Street Birmingham, MI 48009
- Provides a variety of enrichment camps, developmentally appropriate classes, and an Early Childhood Center emphasizing learning through play, discovery, creativity and exploration
- www.communityhouse.com

Echo Park Learning Center and Camp.....(248) 851-1866

- 29230 W. 12 Mile Road Farmington Hills, MI 48334
- Summer programs for children pre-school age through kindergarten
- Programs are run in two, three and five half-day and full-day sessions

- 29350 Northwestern Highway Southfield, MI 48034
- Parent and tot camps, kids sports summer camps, extended care available, playgroups, ages 3 and up welcome
- www.franklinclub.com

• Highfields is a Michigan "adventure" camp for at-risk teen boys and their families. Founded in 1962, the camp stresses the importance of relationship building and behavior responsibility, offering various types of counseling. The summer camp is open to groups, but other Highfields services are open to individuals. As with the other options Highfield offers, eligibility for the main adventure camp extends to boys ages 12 to 17. (Other camps through Highfields Breakthrough program are open to boys 10 to 16.) Highfields takes a goal-oriented approach with its adventure campers. Those who visit the main Onondaga, Michigan campus explore activities such as archery, crafts and fishing. The adventure camp lasts between 3 to 5 days. Groups are charged a fee, which varies based on the size of the group.

http://highfields.org/

<sup>\*</sup> These resources are adoption sensitive

Indian Trails Summer Camp.....(616)- 677.5251

- O-1859 Lake Michigan Drive Grand Rapids, MI 49534
- Indian Trails is a remarkable facility that brings adaptive recreation to the lives of each camper. It is simple in theory, but daunting in task. Indian Trails offers a barrier-free camp setting in which those with disabilities can participate in all manner of activities the outside world is ill-equipped to provide. It is a place filled with fun, recreation, friendship and acceptance.
- http://indiantrailscamp.org/summer\_camps

Midcourse Direction 810-227-0243

• Midcourse Correction (Covenant Hills Camp) is a military-style boot camp located in Otisville, Michigan, just northeast of Flint. The program operates as an outdoor challenge camp and is designed to help what Midcourse Correction describes as "incorrigible" teens. All the activities at the camp are designed to give teens a "wake-up call" that their choices or lifestyles are harmful to themselves or others. Time at the camp, open to any youth ages 11 to 17 years or who is still in school, is very short (only 46 hours). Campers learn about the impact of jail, how choices influence life outcomes and what a teen's actions say about them. The camp includes 2 hours of parenting seminars at no extra charge. Cost is approximately \$425 per camper per weekend, as of 2010.

New Directions.....(248) 476-9550

• The Farmington Hills Campus is a residential facility that provides a safe, therapeutic environment for adolescents ages 12 to 18, who are experiencing cognitive impairments and emotional disorders.

Oakland Livingston Human Service Agency.

Ferndale.....(248) 542-5860 Pontiac....(248) 209-2600

- Camps and enrichment programs
- Elementary age children
- www.olhsa.org

- Ages 13-17
- July 9-20 and July 26-August 6
- A 12-day, intensive wilderness experience for adolescent youth. Teens who are first-time offenders, struggle behaviorally at school and in the community or who may be in need of additional support services would be ideal participants.
- Able to bill/invoice adoption subsidy as long as parents are able to provide approval from the subsidy office
- Scholarship fund
- Click for flyer:

http://www.eaglevillage.org/uploads\_eagle/files/Changing%20Lanes%20Base%20and%20Survive.pdf

Summer Impressions......(248) 661-3630

 4150 Middlebelt Road West Bloomfield, MI 48323

<sup>\*</sup> These resources are adoption sensitive

- Summer day camp is designed for children ages 3-13
- Cool Kids camp for ages 3 to 4 years
- Awesome Adventures camp for ages 5 to 6 years
- Energetic Explorers camp for ages 7 to 10 years
- Extended care available
- www.summerimpressions.com

The Airborne Challenge 810-623-5308

- The Airborne Challenge is a rigorous 48 hour experience designed to draw a clear distinction between productive and non-productive thinking patterns, between effective and ineffective problem-solving strategies, between constructive and destructive attitudes, between relationships that enhance growth and relationships that impede growth, and between persevering effort and the "try once and quit" approach.
- For youth 11-18
- <a href="http://www.families-forward.net/Getting--Airborne-.html">http://www.families-forward.net/Getting--Airborne-.html</a>

Washtenaw Camp Placement Association.....(734) 971-4537

- E-mail: <u>CampPlacement@sbcglobal.net</u>
- Awards scholarships for one or two weeks of expense-paid summer resident camp, plus supportive services. Services may include clothing and gear, medical examinations, an orientation session with representatives of participating camps, and transportation to and from camp. In addition, a Reunion Picnic is held each autumn for campers and their families
- - Youth Haven is a Christian-centered camp for any disadvantaged teen ages 7 to 13. Youth Haven defines "disadvantaged" as a teen having economic, family, social or emotional difficulties. This camp is a ranch-style camp on 390 acres in Rives Junction, Michigan. Youth Haven is not a correctional camp, but rather is preventative--its goals are to use Christian principles and activities to provide support and spiritual guidance to young people so that they make good choices. A typical day at the camp involves music, outdoor activities, exploring the oncampus petting farm and chapel. Campers have to be referred, but the camp is unique in that it is absolutely free to campers, as sponsors cover costs. The camp is NOT denominational.

# **Summer Camps for Children with Special Needs**

Camp Skyline....(810)798-8240

- www.campskyline.org
- 5650 Sandhill Road Almont MI 48003
- Camp FAR Away (June 16-21): Camp FAR Away is a camping experience especially for youth, ages 13-19, with special needs, and is offered in partnership with the FAR Conservatory of Therapeutic and Performing Arts. Music, art, dance and recreational therapy as well as canoeing, fishing, hiking,

<sup>\*</sup> These resources are adoption sensitive

- exploring, drama, campfires, therapeutic horseback riding with LifeHorse, cooking, archery, swimming, water aerobics, yoga, talent shows, animal therapy and much more! Visits with our miniature goats are a highlight for many, but nothing tops the Thursday night Dance!
- Camp for Us (June 28-July 1): Camp for Us welcomes families who have children with special needs seeking a peaceful and supportive environment to relax and play together. Mornings we provide games, music & crafts for children ages 6-18, and optional free time for adults. Afternoon & evening family programs include swimming, canoeing, fishing, drumming, archery, farm visits, hiking, hayrides, campfires, crafts, and therapeutic horseback riding with LifeHorse. Don't miss our Family Dance with DJ Dazzle Do Time. Design your own program on the spot, it's all up to you. Lodging in Focus, cabins or tents Friday evening until Monday morning. Meals include Saturday breakfast through Monday breakfast & evening snacks
- Step Up Camp (July 22-25): Step Up Camp is making its debut this year, in partnership with the Down Syndrome Guild of Southeast Michigan: a three day overnight camping experience for middle and high school adolescents with Down Syndrome. Each camper will be paired with a peer for support and consistent positive social interaction. Look forward to new friends, games, hayrides, swimming, campfires, crafts, music, therapeutic horseback riding, canoeing, fishing, group building on our low ropes challenge course, delicious camp food, community living and much more! Lodging in Focus Hall.

Camp Casey......www.camp-casey.org

• 333 W. 7th Street

Suiet 230

Royal Oak, MI 48067

- Horseback riding program for children with cancer, cowboy camp outs, horsey house calls, outlaw outings
- www.camp-casey.org

Camp Michi-MAC.....(734) 259-8180

- 39694 Suzan Court Plymouth, MI 48170
- Summer camps and programs for children who have significant asthma and are taking medication daily
- For children who will be in grades 3 to 10
- http://www.campmichimac.org

Kids in Motion Pediatric Therapy Services.....(248) 684-9610

- 2636 S. Milford Road Highland, MI 48357
- Summer special needs day camp
- \* These resources are adoption sensitive

- Physical, occupational, speech, sensory, aquatic, music, massage, craniosacral therapies and more
- Ages birth to 18 years
- www.kimpediatrics.com

SCAMP.....

Bloomfield Hills	(248) 433-0885
Clarkston	(248) 623-8089
Rochester	(248) 656-8308

- Summer camp programs for children and young adults with special needs
- Programs include games, music, art, motor skill activities, field trips and special on-site visits by groups for educational and entertainment purposes

#### Statewide search sites and resources

## **Adoption Subsidy Office**

### **Advocacy**

- http://www.mpas.org/WhoWeAre.asp?WhoWeAre.x=82&WhoWeAre.y=18
- People with disabilities have to deal with a wide variety of issues. We try to answer any questions you may have relating to disability. We have experience in the following areas: discrimination in education, employment, housing, and public

places; abuse and neglect; Social Security benefits; Medicaid, Medicare and other insurance; housing; Vocational Rehabilitation; HIV/AIDS issues; and many other disability-related topics. If you need more information about what we do, or want to learn more about any of the topics referred to on this website

- http://www.easterseals.com/connect-locally/affiliate-locations/michigan.html
- Locations throughout Michigan include: Waterford, Auburn Hills, Flint, Grand Rapids, Southfield, Royal Oak and Center Line
- Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities. Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for nearly 90 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

<sup>\*</sup> These resources are adoption sensitive

### **Children with Special Needs**

Michigan Alliance......(800) 552-4821

- Provides assistance to all families that have a child with any type of disability.
- The call will automatically be routed to the parent advocate in your area.

Disability Network of Southwest Michigan. (269) 985-0111

- 517 E. Crosstown Parkway Kalamazoo, MI 49001
- http://www.dnswm.org/home
- We provide services to people living in Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph & Van Buren Counties who have a variety of disabilities, including physical, neurological, psychiatric, learning, cognitive, and sensory disabilities. Whether you were born with a disability or acquired a disability later in life through accident, illness or through the aging process, you are welcome here. We are a resource for friends and family members of people with disabilities as well as community professionals and other human service providers.
  - What is unique about us is that we, too, are people with disabilities! At least 51% of our Board of Directors and staff members identify as having some kind of disability. Our philosophy has always been that people who live the disability experience are experts on disability issues, and that services we provide should be created with the direct input of those they will impact. That makes us different from the traditional social services model.

# **Counseling/ Mental Health**

#### **SED Waiver**

- The SEDW enables Medicaid to fund necessary home and community-based services for children with serious emotional disturbance who meet the criteria for admission to the state inpatient psychiatric hospital and are at risk of hospitalization without waiver services.
- <a href="http://www.michigan.gov/mdch/0,4612,7-132-2941\_4868\_7145-168285--">http://www.michigan.gov/mdch/0,4612,7-132-2941\_4868\_7145-168285--</a>, 00.html

# **Day Care Assistance**

Child Development and Care Application..... www.michigan.gov/childcare

- Eligible for services if you are a family with low income, a member of a DHS protective services case participating in a treatment plan, a FIP/EFIP of Supplemental Security Income (SSI) recipient, or a FIP applicant doing a required work participation program activity
- You must have a child care need because of work, high school completion classes, approved education or training, or approved treatment activities for a health or social condition.

<sup>\*</sup> These resources are adoption sensitive

- The child care must be provided in Michigan by a licensed child care center, licensed group child care home, registered family child care home, or DHS enrolled unlicensed child care provider who has completed the Great Start to Quality Orientation and provides child care in the child's home or provides care in his/her own home and is related by blood, marriage or adoption as a grandparent, great-grandparent, aunt/great-aunt, uncle/great-uncle, or sibling and must **not** live in the same home as the child.
- FIP/EFIP, SSI recipients, and children's protective services families are eligible without an income determination.
- DHS child care rates are based on the type of provider you chose, the child's age, and the provider's training if the provider is an unlicensed child care provider. If you are eligible because you are a low-income family, DHS pays 70-100% of child care costs. The percentage depends on your gross monthly income and eligibility. You are responsible for any child care costs not paid by DHS.

#### **Foster Care Resources**

Foster Care Navigator Program......1-855-MICHKIDS

- The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.
- <a href="http://www.fcnp.org/">http://www.fcnp.org/</a>
- 3840 Packard Rd. Suite 170 Ann Arbor, MI 48108

### **Health Care**

MIChild......1-800-432-4121 http://www.nwhealth.org/doiqualify.html

MIChild is health insurance coverage for uninsured children ages 0-19. Doctor visits, immunizations, prescriptions, dental, vision, and hospital care are all covered.

# **Mental Health and Counseling**

# **Mentoring**

- Contact Person: Sarah Shortt Williams
- \* These resources are adoption sensitive

• Mentoring Program: The mentoring program is available to current or former foster care youth who have a desire to pursue post-secondary education at Michigan State University. The formal relationship between the mentor and mentee should last for no less than a year allowing time for an ongoing relationship to develop the mentee's personal and professional skills. Mentors and mentees form a relationship for a minimum of one year- averaging four hours of time commitment each month. The mentoring relationship consists of face-to-face meetings, in addition to telephone, e-mail, and other social media mediums.

• Other Information and Referral Services:

http://www.finaid.msu.edu/fyas/AppMain.asp

Mentor Michigan......http://www.michigan.gov/mentormichigan

• Supports more that 250 mentoring organizations that match caring adults with young people in need of role models

### **Military-Based Programs**

Michigan Youth Challenge Academy.....1-800-372-0523

- A voluntary, no-cost, quasi-military 22-week residential program geared toward Michigan's at-risk youth, ages 16-18, who have dropped out of school or are at risk of dropping out. Provides purpose and direction for the future of Michigan's youth through education and structure.
- <a href="http://www.ngycp.org/site/state/mi/node/2262">http://www.ngycp.org/site/state/mi/node/2262</a>
- 5500 Armstrong Rd, Bldg 13 Battle Creek, MI 49037

### **School**

Early On.....(800) 327-5966

• A system of early intervention services for infants and toddlers, birth to three years of age, with developmental delays and/or disabilities and their families.

Head Start. http://michheadstart.org/locator

- A uniquely organized and comprehensive early childhood program. Provides a preschool experience to children, including children with special needs, to creatively challenge and develop their competency skills. Goal is to help children build self-confidence needed to become lifelong learners.
- Children must be 3 or 4 years of age on or before December 1<sup>st</sup> of the beginning of the program year

# **Support Groups**

- MAFAK is committed to the retention and empowerment of families across the state of Michigan to successfully parent all children placed in their care by providing training, advocacy, legislation, and support groups.
- Online support groups and resources available through: <a href="http://mafak.co/">http://mafak.co/</a>

<sup>\*</sup> These resources are adoption sensitive

#### **Books**

The Connected Child Karyn Purvis **Connection Parenting** Pam Leo Lawrence J. Cohen Playful Parenting \*Beyond Consequences, Logic, and Control (Vol. 1 and 2) H. Forbes, B. Post beyondconsequences.com \*Helping Children Cope With Separation and Loss Claudia Jewett Jarratt Claudia L. Jewett Adopting the Older Child The Boy Who Was Raised As A Dog (warning: pro evolution) **Bruce Perry** Gary Chapman The Five Love Languages (children, teens) The Explosive Child Ross W. Greene Twenty Things Adopted Kids Wish Their Adoptive Parents Knew S. Eldridge Lifebooks: Creating a Treasure for the Adopted Child Beth O'Malley B. Keefer, J. Schooler Telling the Truth to Your Adopted or Foster Child All About Adoption (children's book) Marc Nemiroff Bully Me?...NO MORE" Patricia Lee

#### **General Online Resources for Parents**

adoptivefamily.com Adoptive Families magazine adoptionlearningpartners.org **Adoption Learning Partners** Beyond Consequences Institute (Heather Forbes) beyondconsequences.com Child Trauma Academy (Bruce Perry) childtrauma.org EMK Press, books and resources emkpress.com Grandparents Raising Grandchildren raisingyourgrandchildren.com **Great Start** http://greatstartforkids.org/ Nutrition adoptionnutrition.org tlcinstitute.org/PTRCtrauma.html Parent Trauma Resource Center postinstitute.com Post Institute (Bryan Post) Tapestry book catalog tapestrybooks.com The Connected Child (Karyn Purvis) empoweredtoconnect.org

#### **Nationwide Organizations**

Attachment and Trauma Network,
Inchttp://www.attachmenttraumanetwork.com/index.html
Children and Adults with Attention Deficit/ Hyperactivity Disorderchadd.org
National Foundation for Depressive Illness (800)248-
4344
North American Council on Adoptable Childrenhttp://www.nacac.org/
P.A.T.C.H.E.Shttp://www.patches-ff.org/#/connect-with-families/4572418588
• P.A.T.C.H.E.S Family Foundation holds a database of families and individuals in
various locations internationally who have experience of Reactive Attachment
Disorder.
The Post Institute. http://postinstitute.com/

http://www.ucantbullyme.com/

 Reactive Attachment Disorder, Oppositional-Defiant Disorder, Post-Traumatic Stress Disorder, Bi-Polar, Depression, Attention Deficit Hyperactivity Disorder are all behaviors that bring parents to The Post Institute. Both parents and professionals alike who are parenting and working with adopted as well as foster, and biological children come to the Post Institute seeking hope.